

Tri-County Central Office News INVENTORY TIME

A Monthly Newsletter of the Tri-County Central Office, Inc. 8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763 Phone: 813- 933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

April, 2023

4TH STEP TIPS

A member who does any amount of traveling finds the A.A. spirit much the same everywhere. But apart from this inward kinship, there are vast differences among groups. Here, the traveler finds three members discussing the Steps in somebody's living room; there, 300 listening to speakers in a church auditorium. In one part of the U.S., respectful silence greets the speaker who begins, "My name is Ann, and I am an alcoholic." In another, everybody happily shouts, "Hi Ann!" And in many other places, she may introduce herself with her full name—at a one-hour meeting or a 90 minute meeting. In each neighborhood in every part of the world reached by A.A., the local group is free to work out its own customs. As always, freedom brings responsibility. Because each group is autonomous, it's up to each group to avoid any action that might harm A.A. And there have been such actions-or this Tradition would be unnecessary. "Implicit throughout A.A."s Traditions," Bill W. wrote, "is the confession that our Fellowship has its sins. We admit that we have character defects as a society and these defects threaten us continually." Blown up to multiple size, the Big Ego may inspire one group to take over all the public information work for its area, without consulting any of the other local groups. Once the group has decided, "We have all the answers," the lid's off. The group may then decide that, let's say, the Eleventh Tradition is outdated technicality: "This is a competitive age! We're going to come right out and give A.A. some good, vigorous promoting!" To the general public, this one conspicuous group is A.A. It's antics reflect, not only on the ignored neighboring groups, but on the entire Fellowship. In a way, the Forth Tradition is like the Forth Step: It suggests that the A.A. group should take honest inventory of itself, asking each of independently planned actions, "Would this break any Tradition?" Like the individual member who chooses to make the Steps his or her guide toward happy sobriety, the wise group recognizes that the Traditions are not hindering technicalities-they are proved guides toward the chief objective of all A.A. groups...

THE TWELVE TRADITIONS TRADITION FOUR

The Twelve Traditions Illustrated Reprint permission given by World Services. Inc

You don't get in shape by exercising only when you "feel like it" and you won't be successful by working these Steps only when you "feel like it." You have to use them consistently - ideally every single day.

"We are what we repeatedly do; excellence, then, is not an act but a habit." - Aristotle, BC 384-322, Greek Philosopher

NOTICE TO A.A. GROUPS OF UPCOMING PRICE INCREASE BY WORLD SERVICES IN APRIL, 2023 **KEEP IT SIMPLE!** During early sobriety I heard so more negativity about this step that it scared me. No wonder people are scared to do this vital Step. Shouldn't we try to encourage new people to do this Step, which will put them on the path to freedom, rather than discourage them by making negative comments and instilling fear in them?

EMPHASIZE the important of *writing* the 4th Step inventory. There are a total of 17 references in the Big Book that suggest our 4th Step should be written. The word "written" is used 2 times (pages 70 & 75). The word "paper" is mentioned 3 times (pages 64, 68 & 69). Some form of the word "list" is given 10 times (pages 13,64,65,66,67 twice, 70 twice, & 76 twice). Page 67 says we placed our faults before us in *"black and white"*. And finally, page 65 gives an example of a written inventory, huh?

STÉP 4 IS THE BEGINNING of the treatment for our *"spiritual malady"*, which is the root of our problem in Step 1. Page 64 says, "When the spiritual malady is overcome, we straighten out mentally and physically."

THE BIG BOOK INSTRUCTS us to inventory 3 "common manifestations" of self will: resentments, fears, and harms done to others (with emphasis on our sexual misconduct) Remember, page 68 says we need an "overhauling" in the area of sex—not a minor tune-up!

RESENTMENT INVENTORY is most easily done in columns, as illustrated on page 65 of the Big Book. Experience proves that a 4-column inventory format is best Even though page 65 gives an example of three columns, the instructions for writing the 4th column is found on page 67. The column format allows you to see patterns more easily. Most people benefit from writing their columns vertically. We write the inventory vertically, but read the inventory horizontally (during Step 5). Don't get caught up in technique and formats. When it comes to writing the inventory, as Nike says, "*JUST DO IT*!"

THERE ARE ACTUALLY 4 INVENTORIES we should be writing as part of the 4th Step. *Resentments, Fears, Sex and Harm To Others.* ACCORDING TO THE BIG BOOK, we *do not* write our *"life story"* in Step 4. It suggests we tell someone all our life story in Step 5. As we're reading our 4th Step inventories to someone in Step 5, what we're actually doing is telling them our *"life story"*.

AVOID inventorying your "assets" in Step 4. Our assets never got us into trouble. Our defects block us from God's power, not our assets.

DON'T FORGET: Praying is a part (*a big part!*) of Step 4. The prayers in the 4th Step inventory are just as important as the actual writing of the inventory. The writing of Step 4 helps us to "*uncover*". The prayers help us to "*discover*". Steps 5 through 9 enable us to "*discard*".

WE WRITE inventory to discover the *TRUTH*....about the *LIE*. (You make need to meditate on this statement for a while before you really understand it).

STEP 4 helps us discover that our troubles are not of someone

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District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties CONTACT—--(877) AATAMPA or (877) 228-2672

Chair Report - The meeting started at 9:30 AM with the Declaration of Unity. First time attendees included: Justin B. (White Sands Plant City meetings chair); Penny M. (resident of Cove Housing Solutions seeking to restart meetings); and Laura F. (Zephyrhills Turning Point Group seeking information about TBAIC meetings). Jonathan C. gave summary of the number of facilities and meetings conducted by committee volunteers and Bridging the Gap and Man on the Bed calls. Secretary Report - Tom F. was absent. John T. agreed to sit in for Tom and asked if anyone had questions or concerns with the Secretary Report from the February meeting. Nothing was mentioned. A motion was made and approved to accept the report. Treasurer's Report - John T. gave the Treasurer's report: He started by saying the current "Pink Can" balance was \$7,366.66. He went on to say that we received contributions from 8 groups totaling \$883.25. Our expenses for the month included: \$50.00 to central office for use of their space to store our literature; \$66.86 reimbursement to Tom F. for Zephyrhills CI coffee expenses; and \$33.65 for literature. John said the TBAIC supply cabinet is down to the last case of Living Sober books. He said he asked Tim from central office to order more books but Tim said they are currently out of print. He said he would order more when they become available. John added that funds are available for literature so if literature is needed, please let him know. Treatment - John T. then shifted to his role as treatment coordinator. He said new volunteers have become involved with meetings. Currently, all meetings were being covered at ACTS Amethyst except Saturday 1:00 PM and Sunday at 7:00 PM and ACTS Detox except Sunday at noon. ACTS Veterans Transitional Housing recently moved from Drew Park to 6806 North Nebraska Ave. The 164 Group has been covering the Thursday meeting and will continue to do so at the new location. Meetings at the ACTS Sandra Prince Intermediate Care Program facilities are being covered by the YANA Men's Group with meetings every other week on Tuesday at 131st Ave facility and Wednesday at the 17th St facility. Previous confusion over the locations has been resolved. John added that previous issues with meetings at the Cove Behavioral (former DACCO) women's facility have been resolved and meetings are going well. Justin B. mentioned that he has re-started meetings at White Sands Treatment Center in Plant City on Sunday at 7:30 PM. He said the facility liaison is working to increase attendance at the meeting. Jason C. said all was going well at River Oaks Treatment center with adequate volunteers to cover the Monday, Wednesday and Friday meetings. Monthly sponsor jams are being conducted to allow clients to obtain temporary sponsors. John T. said Tom F. said meetings at HCA West Tampa (formerly Town & Country) detox were being covered by the Wellspring Group and were going well. The report was approved by the body. Detention Centers - John T. said Sara R. told him meetings at Falkenburg Women's Jail were going well with sufficient volunteers including three new women undergoing the approval process. Tom F. reported the following: Things at Zephyrhills CI hit a bit of a rough patch. There were a few incidents where two members of the Lifers Program were harassed at the check in process. It seemed race related and I reported the events I witnessed to both the Chaplains and the Warden. Since that time both Chaplains have been icy with me on any issues we have to deal with at this meeting. On a positive note the attendance at the meeting is staying between 50 to 60 men as well as three to four outside volunteers. I did attend a zoom meeting discussing a possible literature change to corrections material related to sponsoring inmates. John T. added that Tom mentioned that meeting attendance had increased as a result there being coffee at the meetings. Jason C. said meetings at True Core Behavioral were back on track after an issue with administrative personnel was resolved. He said there are currently 7 cleared volunteers but more volunteers could be added in order to cover the Saturday 11:00 AM and Sunday 2:00 PM meetings. Man on the Bed - John T. said Tom F reported 4 calls evenly split between males and females. He added that he will be doing a presentation at Tampa General on March 28th for the social worker staff, basically to familiarize them with Alcoholics Anonymous. Bridging the Gap - John T. reported Tracy S had 5 calls and he had calls since last meeting. Tracy provided meeting information to one male caller; left messages with a call back number for three other callers; and was unable to assist another caller who could not pinpoint her location. John had one female caller from Bradenton who was provided meeting information including how to set up the Meeting Guide app; one male caller from St Petersburg who he provided call back information to District 1 BTG which arranged to get the caller to a meeting; one female caller looking for a place to stay - John provided her a listing of woman's shelters which he obtained from an AA member; one female caller from ACTS Detox who did not answer two call backs; and two male callers looking for rides to places other than meetings. New Business - Penny M. brought up meetings at Cove Housing Solutions, formerly DACCO, located at 3630 North 50th Street in Tampa. She said she has been sober for 13 years and is a resident of the facility. She said she approached facility management about re-starting meetings at the facility. She said that while she is willing and able to lead meetings, facility management want someone from AA other than residents to lead meetings. Penny mentioned that she approached the AA central office about re-starting meetings and was referred to TBAIC. She said she met with John T and Tom F. who said the issue should be brought to this meeting. Penny said John T provided some literature and was able to find an individual who said his group would like to get involved with the meeting. John said the individual is Casey K. from the YANA Tuesday 7:15 meeting.

Mike B. (past TBAIC chair and current area Treatment committee chair) asked if facility residents could leave on their own to attend outside meetings. Penny said she can and does attend AA meetings in Tampa and other residents could do the same. Mike said that since residents are not locked down and can leave on their own, any meeting at the facility should be considered a regular AA meeting and not a TBAIC meeting. No one totally disagreed with that but John T. felt like TBAIC could help the meeting to get started. Sophia C. (current area 15 Treatment committee secretary/treasurer) indicated that Penny could approach the district for support with starting the meeting. She mentioned that there should be a district committee member (DCM) responsible for the area where the facility is located and that the DCM could provide guidance on how to become a group. John T. said it is possible that the meeting was under a registered group at one time since he just checked and saw that the Meeting Guide shows a meeting at 7:00 PM on Friday at the DACCO Homeless Shelter, which is the same as the facility being discussed. The meeting listing shows Friday Freedom Group. John said he would do further research and pass on results. {NOTE: After the TBAIC meeting, John called Tri County Central Office and spoke with Tim S. Tim verified the information shown in the Meeting Guide app matched the central office web site information. He said that information was last updated in 2017. Tim said he had no record of who was associated with that meeting. He also said that he would list meeting information if someone from AA said they would be responsible for the meeting. He said it would not matter if the group was registered and had a group number. John T checked the group number list at the area 15 web site and there was no Friday Freedom Group listed for District 2 or any other district in the area} Jonathan C. brought up the upcoming General Service Conference agenda items which were partially discussed at last week's district meeting and will continue to be discussed at the April district meeting. One item he mentioned was a consideration to change parts of AA literature related to sponsorship of persons in custody by outside AA members. He said he would review more closely and present information at the April district meeting. John T. mentioned an email he received from Larry Whitman who is associated the Federal prison Tampa Residential Re-entry program located on East Broadway Ave in Tampa. The email was about an upcoming community relations board meeting. John said he believed Tom F. got the email but did not know if Tom planned to attend. He said he would forward the email to Jonathan C. and he could discuss the history of the facility with Tom, who attended previous meetings with Mr. Whitman. The meeting closed at 10:40 AM with a recitation the Responsibility Pledge followed by the Lord's Prayer.

Pink Can Drive Our committee is 100% self supporting

Thank you to those groups who have sent in a donation last Month:

Contributions: February 12th through March 11 : Keep it Simple/Pass it On \$304.30, Meeting Place \$310.51, New Beginnings-Our Club \$36.57, Nooners Group-Our Club \$36.87, Old School Group \$97.00, Ruskin Fellowship \$53.00, XYZ-32 Group \$45.00

YTD Contributions to TBAIC	\$ 4,276.94
Pink Can Balance 12/31/22	\$ 8,063.62
YTD Money Spent on Literature	\$ 3,671.52
YTD Operational Expenses	\$ 1,302.38
Pink Can Current Balance 01/07/23	\$ 7,366.66

4TH STEP TIPScontinued from Page One	From: "God As We Understand Him: The Dilemma of No Faith," The Language of the Heart
 else's making (columns 1,2,&3); but instead, as mentioned on page 62, our troubles are of our own making (column 4). Quite often we discover that the first 3 columns of our inventory were based on "lies", which we begin to see in the 4th column. A THOROUGH 4-COLUMN INVENTORY will give you all the information you need for completing the rest of the "house-cleaning" steps. BY COMPLETING a searching, fearless, honest and thorough inventory we are examining the 4 dimensions of our life: physical, mental, emotional and spiritual. BUT only the fourth dimension, "spiritual", is rooted in the Truth. Column 1 	The phrase "God As We Understand Him" is perhaps the most important expression to be found in our whole AA vocabulary. Within the compass of these five significant words there can be included every kind and degree of faith, together with the positive assurance that each of us may choose his own. Scarcely less valuable to us are those supplemental expressions – "A Higher Power" and "A Power Greater Than Ourselves." For all who deny, or seriously doubt a deity, these frame an open door over whose threshold the unbeliever can take his first easy step into a reality hitherto unknown to him – the realm of faith. *
of the resentment inventory deals with the physical—Who or what we are mad at. Column 2 deals with the mental—What we think they did to us. Column 3 deals with emotional— What we felt when they supposedly did to us. And finally, Column 4 rockets us into the spiritual dimension, revealing the <i>"exact nature of our wrongs"</i> —the Truth about what really happened. It usually reveals how our faulty thinking caused us to take actions which got the <i>"ball rolling"</i> in the first place. Is it possible that the 4th column of inventory, which reveals to us the <i>"Truth"</i> , is the <i>"fuel"</i> that enables us to be rocketed into the <i>"Fourth Dimension of Existence"</i> that the Big Book describes on pages 8 & 25? REMEMBER: "IF IT AIN'T IN THE BIG BOOK, IT AIN'T!"	In AA such breakthroughs are everyday events. They are all the more remarkable when we reflect that a working faith had once seemed an impossibility of the first magnitude to perhaps half of our present membership of three hundred thousand. To all these doubters has come the great discovery that as soon as they could cast their main dependence upon a "higher power" – even upon their own AA groups – they had turned that blind corner which had always kept the open highway from their view. From this time on – assuming they tried hard to practice the rest of the AA program with a relaxed and open mind – an ever deepening and broadening faith, a veritable gift, had invariably put in its sometimes unexpected and often mysterious appearance. * We much regret that these facts of AA life are not understood by
Mike L.	the legion of alcoholics in the world around us. Any number of them are bedeviled by the dire conviction that if every they go
TRADITIONS CHECKLIST These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971. While they were originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion.	near AA they will be pressured to conform to some particular brand of faith or theology. They just don't realize that faith is never a necessity for AA membership; that sobriety can be achieved with an easily acceptable minimum of it; and that our concepts of a higher power and God as we understand Him afford everyone a nearly unlimited choice of spiritual belief and action.
 Tradition Four: Each Group should be autonomous except in matters affecting other groups or AA as a whole. 1. Do I insist that there are only a few <i>right</i> ways of doing things in A.A.? 2. Does my group always consider the welfare of the rest of AA? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador? 	twenty-five years, maybe half a million more have walked into our midst, and then out again. No doubt some were too sick to make even a start. Others couldn't or wouldn't admit their alcoholism. Still others couldn't face up to their underlying personality defects. Numbers departed for still other reasons. Yet we can't well content ourselves with the view that all these recovery failures were entirely the fault of the newcomers
 3. Do I put down other members' behavior when it is different from mine, or do I learn from it? 4. Do I always bear in mind that, to those outsiders who know who I am in AA, I may to some extent represent our entire beloved Fellowship? 5. Am I willing to help a newcomer go to any lengths—his lengths, not mine—to stay sober? 6. Do I share my knowledge of AA tools with other members who may not have heard of them? 	The Corrections Committee needs all types of volunteers. They need people to attend meetings in the facilities, people to
Reprint Permission/ AA Grapevine	help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated. Let's face it: many of us who should have or never have been arrested just never got caught!

NOTES FROM INSIDE THE CENTRAL OFFICE

March 14th, 2023 the Board of Directors for Central Office

BOARD MEMBERS		REPRESENTING GROUP			
AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK			
Excused	BOARD MEMBER	BARRACKS BRIGADE GROUP			
LINDA B.	BOARD MEMBER	JUST WHAT I WANTED GROUP			
CHRIS S.	BOARD MEMBER	RUSKIN FELLOWSHIP GROUP			
Excused	BOARD MEMBER	SOBRIETY AT SUNRISE/MORING MIRACLES			
DODY H.	BOARD MEMBER	CAME TO BELIEVE GROUP			
DEBBIE S.	BOARD MEMBER	TO IMPROVE OUR CONSCIOUS CONTACT			
CARL L.	BOARD MEMBER	KEEP IT SIMPLE MEN'S GROUP			
BRAD W.	BOARD MEMBER	TAMPA NIGHTLY NEWCOMERS GROUP			
TOM F.	BOARD MEMBER	KEYSTONE DISCUSSION GROUP			

Al opened the meeting with a moment of silence followed by the Serenity Prayer. (Because of time restraints the Board & Council meeting has been combined.) Board Members present: Al B., Tom F., Linda B., Chris S., Dody H., Brad W., Carl L., & Debbie S.

Al asked if we had any new Board members. How many Board members are here tonight? Al noted that we would be looking for volunteers for the Treasurer and Secretary positions and then went on to explain Treasurers duties. Secretary Report: Tim read the February Secretary report. Motion to approve & seconded & accepted. Treasurers Report: Tim presented the February Treasurer's Report. Contributions in February totaled \$4,871.58. This accounts for what 31 Groups or Individuals in our area have contributed in February, also included is \$800.65 from 10 Groups or Individuals who made contributions through PayPal. Included, also, \$34.00 from 1 member for the Birthday Club. Our literature sales for February was \$13,505.08. This includes sales from A.A. material and non-A,A, material (medallions-etc.) Our total income for February was \$18,376.66. Our Total Cost of Goods Sold was \$10,403.75. Subtracting the Total Cost of Goods Sold from our February income left us with a Gross Profit of \$7,972.91. Our Total Expenses for February were \$7,397.91. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$575.00 for the month of February. Old Business: None New Business: Kimberly announced that The 164 Group had found a new place for their meeting. Dave also announced that the Sober (a) 7 Group had also found a new place for their meeting. Some discussion followed over confusion about the form to fill out for new Board members. They had received the letter asking their group if they wanted to send a representative of their group to be on the Board, but did not receive a form to fill out. Tim said he wasn't sure what had happened but would resend it. (NOTE FROM TIM: First, I am not the sharpest blade in the rack so to clarify the confusion, that I created-there is no form to fill out—I just needed conformation that the group had received our request for the group to nominate a member to be on the Board and who that member would be. Once received, then whomever was elected would be on the Board as long as they fulfilled the Board qualifications to be a Board member. MY BAD!) John announced about a new meeting the Friday Freedom meeting. Announcements about Soberstock and Tampa Bay Fall Roundup-all info on our web site. Tom for TBAIC noted Town & County Hospital have requested to have two meetings weekly at their facility, no other info available at this time. Tom announced this was his last meeting as a Board member, it's time for him to rotate out. A motion to close was made, seconded and approved. Meeting ended with the Lord's Prayer.

The next Board & Council Meeting will be April 11th, 2023 at 7:00 pm on ZOOM

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March 14th, 2023the Central Office Representatives met:COUNCIL MEMBERSREPRESENTING GROUP

COUNCIL MEMBERS REPRESENTING GROUP				
If you attended the Meeting but not listed below, we didn't catch your info in the chat—follow up with an email to aainfo@aatamapa-area.org				
KARA H.	LANGUAGE OF THE HEART GROUP			
NANCY H.	KINGSWAY GROUP			
САТНУ Н.	SIMPLY SOBRIETY WOMEN'S GROUP			
SUSAN S.	STEP SISTERS IN SOBRIETY GROUP			
CAROLINE G.	SPEAK EASY GROUP			
ЕММА	NEXT DOOR GROUP			
MIKE C.	SERENITY GROUP—ZOOM			
BILL S.	OLD SCHOOL GROUP			
ANNIE L.	KEEP IT SIMPLE GROUP-RUSKIN			
SONIA T.	BIG BOOK BUNCH			
DAVID S.	SOBER @ 7 GROUP			
PHIL M.	NIGHTLY NEWCOMERS GROUP			
KELLY E.	THE MEETING PLACE GROUP			
KIMBERLY S.	THE 164 GROUP			
JOHN T.	LIVING SOBER/AS BILL SEES IT GROUP			
Tradition Four				

Tradition Four:

Each group should be autonomous except in matters affecting other groups or A.A. as a whole. I've seen a lot of groups use this tradition to their advantage by leaving off the latter part of "except in matters affecting other groups or A.A. as a whole." To me, this is the most important part of this tradition...it reminds me that I have to place the greater whole of A.A. before my or my group's own wants and desires. Ideally. Alcoholics Anonymous should be guided by the spirit and love of our Twelve Traditions. Tradition Four allows each group to have its own variations and its own personality, but not when doing so conflicts with our other Twelve Traditions. Tradition Four does not give permission to a group to do whatever it pleases, so it can be a free-for-all. Again, the common welfare of A.A. must come first. I've attended some closed meetings where individuals who don't have a desire to stop drinking are allowed to be present and participate. And, I've also heard these very groups use the explanation that they are autonomous and can do what they want. But allowing individuals to attend a closed meeting, who do not meet our requirement for membership, definitely affects other groups and A.A. as a whole. How can it not??? The wrong message is sent of what A.A. is and stands for, what closed meetings actually are and what other groups may allow into their meetings. When we allow this kind of thing, we confuse the individual about our singleness of purpose...or maybe they don't even understand that we have one.

anonymous

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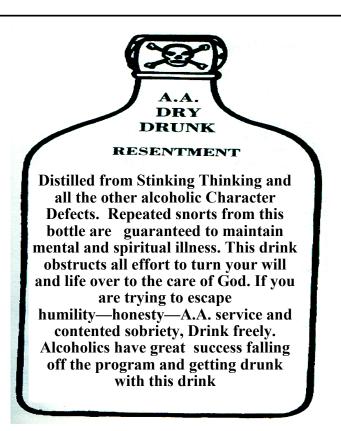
ANNIVERSARY TIME It Works-It Really Does—Ask them how they did it!!!					
GROUP	Honors To	Date	Years		
SIMPLY SOBRIETY GROUP	WENDY B.	04/01/18	5 YRS		
SIMPLY SOBRIETY GROUP	CINDY L	04/21/07	16 YRS		
DADE CITY KEEP IT SIMPLE	STEVE S.	04/29/11	12 YRS		
DADE CITY KEEP IT SIMPLE	CHERYL B.	04/22/84	39 YRS		
SOBRENITY GROUP	ANNIE	04/2007	16 YRS		
SOBRENITY GROUP	MARY V.	04/1996	27 YRS		
SOBRENITY GROUP	GARY Y.	04/1987	36 YRS		
SOBRENITY GROUP	GUS A.	04/17/82	41 YRS		
LIVING SOBER AS BILL SEES IT	YVONNE S.	04/01/07	16 YRS		
SOBER @ 7 GROUP	DEBBIE K.	04/22/19	4 YRS		
SOBER @ 7 GROUP	JERRY K.	04/03/05	18 YRS		
RUSH HOUR SERENITY	GEORGE S.	04/26/86	37 YRS		
RUSH HOUR SERENITY	HECTOR R.	04/24/86	37 YRS		
FRIDAY FRIENDSHIP	KATHY M.	04/01/13	10 YRS		
FRIDAY FRIENDSHIP	LUANNE M.	04/01/09	14 YRS		
FRIDAY FRIENDSHIP	DIANE C.	04/10/02	21 YRS		
FRIDAY FRIENDSHIP	KAREN	04/19/91	32 YRS		
MIDDAY MATINEE	ROBIN D.	04/20/10	13 YRS		
MUSTARD SEED GROUP	TRACY K.	04/16/15	8 YRS		
JUST WHAT I WANTED	ТАММҮ	04/07/07	16 YRS		
KEYSTONE DISCUSSION	LINN D.	04/01/15	8 YRS		
KEYSTONE DISCUSSION	SANDY G.	04/14/97	26 YRS		
KEYSTONE DISCUSSION	PAUL F.	04/03/96	27 YRS		
KEYSTONE DISCUSSION	SHAWN K.	04/01/94	29 YRS		
KEYSTONE DISCUSSION	MIKE B.	04/13/87	36 YRS		
RIVERSIDE GROUP	BRAD	04/16/12	11 YRS		
FRIDAY NIGHT BIG BOOK	BUD F.	04/16/83	40 YRS		
A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE ONE DOLLAR OR MORE FOR EACH YEAR OF SOBRIETY					
Home Group	Honors To	Date	Years		
		2			

Home Group	Honors To	Date	Years
JUST WHAT I WANTED	TRICIA S.	03/18/08	15 YRS
SAN FRANCISCO	JEFF G.	09/19/93	29 YRS

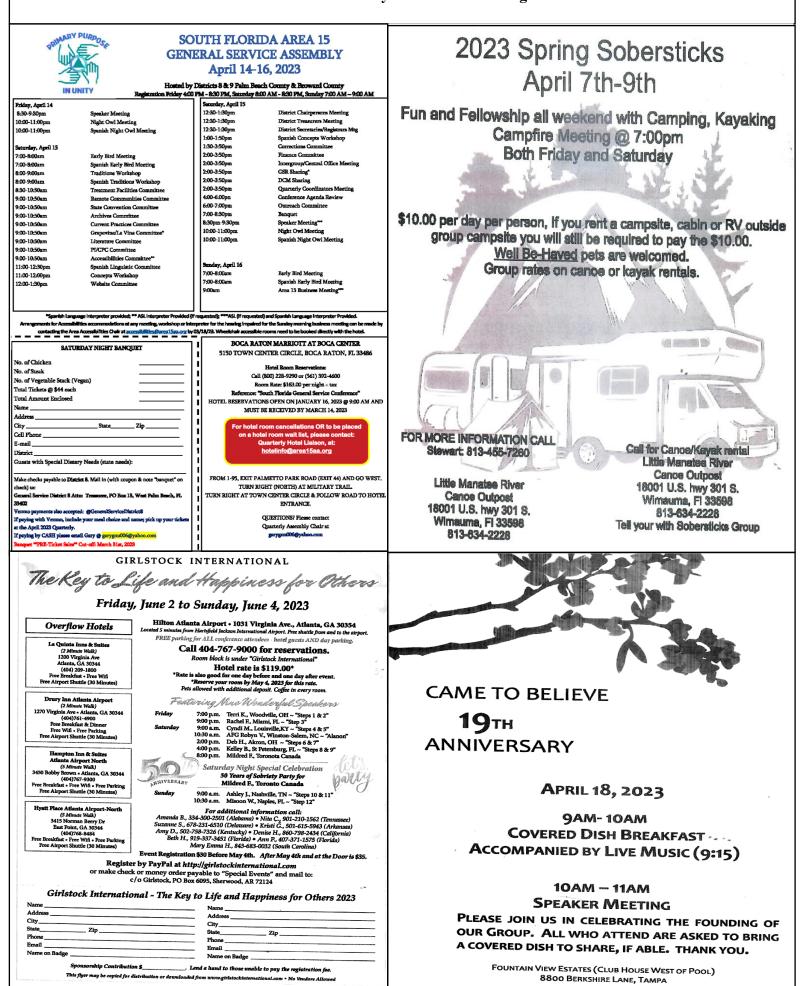
That's 639 Years of Sobriety! Someone is definitely doing something right !Search out these people and find out their secret. ©

SELF-SUPPORT-MARCH, 2022

○ Today in March of 2023 still COVID has changed the way many groups contribute to the Central Office. Some groups have remained steady in their contributions, some groups have gone to ZOOM, A few ZOOM groups have made some contributions and some groups are Hybrid (in-person & ZOOM), other groups have folded for a lack of a space to have their meeting and some new groups are starting up, and now many groups are getting back to normal pre-pandemic live meetings. Things are looking up and getting better. It's certainly a time to renew our efforts and practice the meaning of the Serenity Prayer a little bit more. We currently have 198 Groups in the Hillsborough-East Pasco area with around 520 meetings weekly. Also we have 38 Zoom Groups with 113 meetings weekly (If I counted correctly). Contributions in March totaled \$4,860.97. This accounts for what 31 Groups or Individuals in our area have contributed in March, also included is \$1336.51 from 6 Groups or Individuals who made contributions through PayPal. Included, also, \$160.00 from 2 members for the Birthday Club. Our literature sales for March was \$5,342.57. This includes sales from A.A. material and non-A,A, material (medallions-etc.) Our total income for March was \$10203.54. Our Total Cost of Goods Sold was \$3,774.14. Subtracting the Total Cost of Goods Sold from our March income left us with a Gross Profit of \$6,429.40. Our Total Expenses for March were \$8,086.46. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$1,657.06 for the month of March. We still have a good Prudent Reserve, all our bills keep getting paid, the lights are on, we have a decent amount of literature available, the phones are working and it is still looking like 2023 just might be a better year to look forward to. Thank you for your support of the Central Office. Thank You!!!O.M. tws:)



MORE NEWS AROUND THE TOWN & THE AREA Download Flyers from Events Page



Group	MAR	Y T D	Group	MAR	Y T D	Group	MAR	Y T D
11th Step Group- Christ King			Live and Let Live Group			Sober @ 7 Group		
11th Step Meditation			Living in the Solution		200.00	Sober @ 7 Anniversary		
11th Step Retreat			LivingSober/As Bill Sees It			Sober on Saturday Group		100.00
AA 101 Group	9.00	25.75	Lunch Bunch Group	20.00	45.00	SoberSticks Event		
A Common Solution Group Alpha Group	8.00 60.00	25.75 60.00	Mid Day Madness Mid Day Matinee Group zoom	20.00	45.00	Sobrenity Group Sobrietea Women's Group		20.00
Annual Housecleaning	00.00	00.00	Mid Day Matinee Group 200m		650.00	Soberilla	1,066.66	1,066.66
Anonymous Donations	198.88	1436.24	Morning Express Group		050.00	Sobriety at Sunrise Group	1,000.00	105.95
As Bill Sees ItRiverview			Morning Meditation Meeting			Social Distancing Group (
As Bill Sees It Mens Odessa		325.00	My Turn Group			Sobriety at Sunset Group		471.90
Attitude of Gratitude Group	150.00	150.00	Never Too Early Group			Solutions Group		
Barracks Brigade Group	40.00	60.00	Never Too Early Group(Zoom)			Southshore Men's Group		
Beginners Group	10100		New Beginnings-(5:45)Joe's		160.98	Southside Men's Group # 1		
		150.00						
Big Book Bunch Group			New Beginnings Brandon		192.00	Southside Men's Group # 2		
Bill D's Group			New Beginnings-(Our Club)			Southside Men's Group #3	500.00	500.00
BIRTHDAY CLUB	160.00	194.00	Newcomers Group			Southside Men's Group #4		
Brandon Big Book Group			New Tampa Monday Men's	198.00	331.00	Spiritual Development		150.00
BYO 12 & 12 Group		82.00	New Way Women's Group			Spiritual Growth Group		
Came To Believe Group			Next Door Group			Stay the Course Group	250.00	250.00
Candlelight Group			Nightly Newcomers Group		80.00	Staying Alive @ 5:45		
Cardinal Group - Odessa			Nooners GroupRiverview	191 /2		Step Sisters in Sobriety		
		125.00	•	181.43		· ·		124.00
Carrollwood Group		135.00	Nooners GroupTampa		63.61	Stepping Stones Group (w)		134.00
Carrollwood Blue Roof Group			Noontime Celebration Gp.	112.00	112.00	Sun City Center Group		30.80
Clean Air Group Close to Home Group	100.00	100.00	Odessa Group Old School Group	113.00	113.00	Sun City Center Zoom Sunday Afternoon Step		
Come as You Are Group	100.00	100.00	Old School Gp Anniversary			Sunday Speakers - 3333		
District Two General Service		763.75	On the Way Home Tpa 5:30		240.63	Sunday Speakers - 5555 Sunset Group		500.00
Early Risers Group - Joe's		705.75	One Day at a Time Group		240.03	Sunset Group Sunshine Group		500.00
Expect a Miracle Group			Palma Ceia Big Book Group			Sweet Surrender Group		
Experience, Strength & Hope			Pathfinders Group			Tampa Bay Fall Roundup		
FCYPAA Committee			Pavillion Peeps		110.00	Tampa Bay Institutions	50.00	200.00
Fear Not Group			Pilgrim Group -St Leo's			Tampa Bay Speakers Gp.		216.05
Fireside Group			Plank Owners Group			Tampa Bay Young People		
Freedom in Sobriety Group		70.08	Plant City Sunday Night			Tampa Bid for FCYPAA		
Fresh Start Group			Primary Purpose Group		1.01	Tampa Group		
Friday @ 4 Group		156.00	Promises Meeting Group		213.41	Tampa Nightly Newcomers(Z)		
Friday Night Lights Group			Promises Group Anniverary			Tampa Palms Big Book		
Friday Morning Women's Friendship			Red Chip Day			Tampa Sat Night Speakers		100.92
Friday Night Women's Group			Reflections Group-Lake Mag			T & C Sisters in Sobriety		
Friends of Bill Meditation (Z)			Riverside Group		61.10	TGIS Group		2.52.00
Good Start Group			Rule 62/Keep it Simple		150.00	Thank God it's Friday Group		352.00
Grapevine Gals Group			Ruskin Fellowship Group		156.00	The 164 Group		
Great Way To Start The Day Grupo Poco a Poco			Ruskin Womens Big Book			The 164 Group Wesley Chapel		0.72
Grupo Poco a Poco Grupo Solo por Hoy			Ruskin 11th Step Meditation Safe Haven Group			The Meeting Place Group There is a Solution		0.73
Grupo Un Milagro En Tampa			Safe, Sane &Sober Group		239.10	Thursday Pavillion Peeps		
Happy Destinty Group			Saturday Night Fever Group	1,300.00		To Improve Our Consious Contact		
Happy Hour Group		1,300.00	Saturday Night Live Group	-,	-,	Town & Country Wed. Night		
Grupo Un Milagro En Tampa			Saturday Serenity Group		144.30	Tues. Night Big Book Study		·
Hi Nooners Group Plant City			Seekers of Serenity II Group			Turning Point Group -Z-H.		260.00
Hide-A-Way Group		358.27	Serenity GroupZOOM			UT 717 Group		
High Nooners Group			Simply Sobriety Women's Group			Valrico Friday Morning		
Hope Floats Group			Sisters 12 n 12 Group (Zoom)		221.07	We Are Not Saints Group		1457
Host of Friends Group It's in the Book Group		351.73	Sisters Celebrating Sobriety Sisters in Sobriety Group		96.60	Wed Night Step Workshop Wed Keep it Simple Group		14.57 195.00
It's in the Book Group In Loving Memory		331./3	Sisters in Souriery Group		20.00	Wed Keep it Simple Group Wellspring Group		7.21
Into The Triad AA Group						Wesley Chapel Group		310.87
Just What I Wanted Big Book		185.00				With Room to Grow Group		500.00
Keep it Simple Men's Group	75.00	150.00			İ	Women's Big Book Tampa		
Keep It Simple/Pass It On						Women's Big Book Ruskin		
Keep it Simple Group Dade City	390.00	585.00	Donations thru PayPal			Women's Friendship Group		464.1
Keeping It Real Group		150	_	1 0 1 0 1 -		XYZ-32 Group		
Keystone Group		150.15		1,812.43	5.0(2.05			
Kingsway Group		133.25	YTD Total		5,062.07			
Life Enrichment Group Little Harbor Grapevine Group						T-4-1	1,866.66	
Ender Harbor Grapeville Group						Total YTD Total	- í	5,950.76
						Monthly Total		0,200.10
Total	1,181.88				1		,	
YTD Total		8,921.23						
	l					Grand Total	35,007.15	