

## **Tri-County Central Office News**

Our first duty, as a fellowship, is to insure our own survival. Therefore, we have to avoid distractions and multipurpose activity.

A Monthly Newsletter of the Tri-County Central Office, Inc. 8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763 Phone: 813-933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

September, 2019

### A CHANGE OF HEART

I am a twenty-four-year old AA member. I have always considered myself on the liberal side of many things, and AA is no exception. When I first began hearing about what I considered rigid Big Book thumpers asking people not to stray too far from alcoholism in their sharing during meetings, it was one more thing to rebel against. It represented more of the old-time fundamentalism I abhorred in so many other areas of This stage of "Whatever I've got to talk aboutwhatever is hurting me—I'll talk about in a meeting!" was about a year ago, during my first ninety days of sobriety. This was a time when I was fortunate enough to have a sponsor who reminded me that while I was perfectly entitled to my opinion, this was a subject that was better discussed by people with more experience in the program. He had given me a stack of past Grapevines, which I read frequently to help with the restless times in my early sobriety. I never read a whole issue, and rarely did I even read two consecutive stories; I just picked, higgledly-piggledy, whatever sounded vaguely interesting. Out of all the Grapevine stories I read during the period, the only one I remember clearly was by a young person discussing singleness of purpose. The author described going to a meeting predominately attended by other young members who shared freely about being dually-addicted and on any other "life issues." Then an older man entered anxiously and identified himself as a newcomer. The old guy listened intently, but exited quickly afterward. The author shook the man's hand on the way out and asked how he liked the meeting. The man replied that he enjoyed it, but he had never done any drugs. He didn't identify with many of the experiences he had heard discussed. The author went on to describe his efforts to reassure the man that one needs only a desire to stop drinking, but found it difficult to reverse the initial impression left by the group. After reading this, my puffed-up, anti-fundamentalist attitude shriveled; I was deeply saddened by the thought that because of my selfish need to talk about everything in my life, I might turn someone off who needed the AA message. The longer I sincerely strive to grow in the AA program, one way I've found to meet my personal commitment to our singleness of purpose is to have a network of close friends with whom I can share those non-alcohol-related "life issues"—without putting newcomers in jeopardy of not being able to identify and possibly missing the help they need. I've decided to avoid fanaticism at either end of the spectrum. Using the example of my home group, I hold personally dear to my heart our Third Tradition and adhere to it the best I can. Thank you, Alcoholics Anonymous, for freedom to change my beliefs.

Scott B. 10/94

Reprint Permission/AA Grapevine (Thank You For Sharing)

AA's who carry the message, often carry the Grapevine!

#### UPHOLDING THE TRADITIONS

At one of the first AA meetings I attended, a young man was asked to leave a closed Step meeting because he identified himself as an addict and not an alcoholic. I left that meeting very confused because I identified myself as an addict as well as an alcoholic. I felt that the group member who had asked the fellow to leave must certainly have done so due to his own personal prejudices towards drug addicts. I had no concept at the time of AA's singleness of purpose, that common bond of alcoholism, resulting in AA unity. As time has gone on, and I've learned more about our Traditions, I understand just how important our singleness of purpose is. AA is filled with such diverse people that the only thing we could all have in common is that we are recovering alcoholics. It's the one thing that holds us together. Somewhere along the road of my recovery, it became less important for me to identify myself as an addict. I know in my mind and in my heart that I am also addicted to drugs, but I now identify myself at meetings as simply "an alcoholic," reinforcing our common bond. One night, I found myself in the same position as the man I'd resented when I was a newcomer. A young woman came to the closed meeting I was leading and identified herself only as an "addict." I looked around and saw the other group members had noticed this, just as I did, but I was the only one who went up to her at the end of the meeting. I asked the newcomer if she had a problem with alcohol and she replied that she didn't, but that she did have a problem with pills. I was hoping she would say, "Well, maybe I have a little problem with alcohol," so our conversation could end. But since she was certain that her problem didn't include alcohol, I explained to her about our singleness of purpose. I told her I too was a drug addict but also an alcoholic, that there were open meetings she was welcome to attend, and that there was another twelve-step program for her addiction. She replied with something I hear often at meetings: "Yes, but an addiction is an addiction." I explained that we were "Alcoholics Anonymous," not "Addictions Anonymous," and that if she ever found she had a problem with alcohol she was welcome to come back to our meeting. The young woman left and has not been back. It's not easy to tell a person they don't qualify to be in an AA meeting, but I know I did the right thing by upholding our Traditions. I am responsible for ensuring that my group follows the Traditions of our Fellowship. They are there for our protection. I was really surprised at how many of my fellow group members were either apathetic to the situation or thought the woman should have been allowed to stay at the meeting. If we had allowed her to stay, we would have ended up with a group of diversified people with no common bond. If she could stay, then anyone could stay. I knew at that moment why the young man was asked to leave that meeting early in my sobriety.

Sue F. 10/94

Reprint Permission AA Grapevine (Thank You For Sharing)

## <u>District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties</u>

#### CONTACT——-(877) AATAMPA or (877) 228-2672

Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.) Please use the sign-out sheet when obtaining materials.

Chairperson - Allen D. opened the meeting with the Serenity Prayer Secretary - James S. read the minutes from the July Meeting, motion to accept, group approved.

Treasurer – Scott S. Presented the treasurers report, motion to accept, group approved.

Hillsborough Jails Men's - Buddy H. reported all is going well

Hillsborough Jails Women's – Sara R. reported all is going well, inmates have started a meeting in pod. Gratitude list as part of the meeting is going very well.

Pasco Women's Jail. Ruth N. reported all is going well.

Bridging the Gap – Tom F. reported 1 ride given to a female.

Man on The Bed – The Tampa General Hospital program requested twice the service of volunteers to meet with a patient.

Zephyrhills State Prison – Tom F reported all is going well. The median age of the prison's population is getting younger which is changing the dynamics of the meetings.

New Business

Allen D. has accepted the Chairperson position

Dan L. has accepted the Alt. Chairperson (congrats on the new baby)

Bridging the Gap Women's is looking for a new coordinator.

Jay T. reported that the Quest House/DACCO would like to start an Al-Anon meeting. Tom F gave Jay information on who to contact for Al-Anon.

Allen D. will update the committee's tri-fold display for the Roundup

Ruth N requested 2 Grapevine subtractions for Pasco Women's Prison, group approved.

DACCO is in need of women volunteers for its Sunday Meeting Update is needed for the committee's website, TBAIC.org,

opanie is necessary for the committee of weekley, 121 Hevelg,					
YTD Contributions to TBAIC	\$ 16,915.90				
Pink Can Balance 12/31/17	\$ 7,546.15				
YTD Money Spent on Literature	\$ 12,844.47				
YTD Expenses	\$ 1,311.66				
Pink Can Balance 8/11/18	\$ 10,305.92				

The Tampa Bay Area Institutions Committee meets the second Saturday of each month at the Central Office at 9:30 am. If you are on the TBAI Committee and you need supplies for your meeting, this would be an excellent time for you to come down and pick up your material. If you are an AA member interested in learning more about TBAIC, then this would also be an excellent time to come down and see what's going on and ask questions of some of the very friendly TBAIC Officers.

#### **Our Next Committee Meeting**

**September 10th 2019** 9:30 AM on at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!** 

#### Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation last Month:

TBAIC Contributions (July 14th - August 10th): AA 101 - \$70.00, Friday Morning Friendship Group - \$137.00, High Nooners Group - \$110.75, Keep It Simple, Pass It On Group - \$77.80, Live and Let Live Group - \$10.00, Living in the Solution Group - \$20.00, Monday Night Men's St. James New Tampa Group - \$320.00, New Beginnings-Our Club Group - \$121.32, Nooner's Group - \$32.50, Odessa Group - \$164.75, Old School Group - \$1,035.17, Ruskin Fellowship (Sunday) Group - \$52.00, Simply Sobriety Group - \$115.00, Wellspring Recovery Group - \$84.44.

#### TBAIC 2019-2020 Committee Members Contact: (877) AATAMPA or (877) 228-2672 www.tbaic.org

www.ebule.org						
Position	Name					
Chair	Allan D.					
Chair (Alt.)	Ruth N.					
Treasurer	Scott S.					
Treasurer (Alt.)	Open					
Secretary	Jim S.					
Secretary (Alt.)	Nancy B.					
Hills Jails	Open					
Hillsborough County Jail	Buddy H.					
Hills Women's Jails	Sara R.					
Detox & Treatment	Ed D.					
E. Pasco Jail-Women's	Ruth N.					
E. Pasco Prison	Chris D.					
Women's Bridge the Gap	Amanda L.					
Men's Bridge the Gap	Tom F.					
Pre-release	Open					
Juvenile	Open					

#### LET'S KEEP IT QUIET

I have noticed many groups in our area are beginning to make an announcement to "keep the noise at a minimum during the meeting," or "please respect the speaker," etc. Lately, there is something going on at meetings that bother me. In many of them, it doesn't seem like a lot of people listen or care to listen. I was always taught that you do not speak while someone else is speaking—if you do, you go outside the meeting. And a lot of people seem to get right up and help themselves to coffee while someone else is sharing. An old-timer once told me the story of a man who, for his first year of sobriety attended meetings regularly and often would get up and get coffee while someone else was speaking. He often tried to carry on conversations in the back of the room, etc. He constantly rebuffed attempts by other members to correct this by saying, "The Traditions say I can do anything I want to do." Then of course, one day it was his day to share on his one year anniversary. He was beginning to tell his story when the entire group got up to get coffee and talk. As told to me, the man never had a problem listening again. We try to focus on unconditional love in AA. It seems the least I can do is listen. Isn't that the biggest sign of unconditional love? Whether or not you agree with me or like my opinion, you listen to me. Meetings are a special place where the message of AA is carried and where a Higher Power speaks through other people and the group conscience. Let's not lose track of what we are and forget to listen. I am not at a sober cocktail party, merely to socialize and drink coffee, maybe eat a donut and, oh yeah, share. I need to remember what my sponsor tells me: I have two ears and one mouth because I should listen twice as much as I should talk.

Permission to reprint AA Grapevine/October 1991 Issue

## **ALPHA CLUB**

4418 North Hubert Avenue, Tampa Florida

# SATURDAY SEPTEMBER 14 39TH Year Anniversary

\*\*POT LUCK DINNER\*\*

**ALPHA CLUB is providing:** 

Fried Chicken, Potato Salad, Baked Beans, Cole slaw & Drinks

#### Please bring a cover dish & fill in sign-up sheet in kitchen





and the same of th	The state of the last of the l
Big Book	12PM
Food	1PM
Speaker	1:30PM

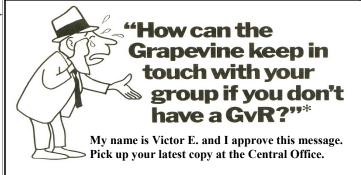


#### DO I RATIONALIZE?

What is rationalization? The dictionary says various things, such as, "to make rational or to conform to reason" or "to find (often unconsciously) an explanation or excuse for" or "to find excuses for one's desires." To put it bluntly, rationalization is the device through which we become successful in lying to ourselves. Rationalization has been discussed in our fellowship until it might be called a tired old bromide. One reason for our extensive treatment of it is that almost all of us feel that in our drinking days we were all-time champions in this particular sport. We like to talk about it. One sometimes wonders if it might not be a good idea to abandon our olden-day triumphs and reflect on how much we still indulge in this activity now that we are sober. Consider the fact that rationalization today has become what might well be called a modern art form. Everyone seems to indulge in it, in home life, in social life, and in business life. In business particularly, it has been developed to a high degree of efficiency. We make it work for us. It's a useful and productive instrument. But it is in our spiritual life that it has probably reached its highest development. We all would like to think that when we are facing a problem, or a desire, for that matter, we examine the facts and then what we believe to be right. Do we? How often do we evade the issue entirely and then find justification for our evasion? How often do we do what circumstances seem to demand, rather than that which we know is right? And when these instances arise, that unruly little voice of conscience says, "You should not have run away, you ought to go back" or "There is a difference between what you just did and what you really believe you should have done." Of course, there are countless answers to that little voice. Perhaps the classic answer is, "Well, after all I didn't make the rules of the game, I just have to live by them" or "Well, that is ordinarily true, but this case was different." Another common answer is, "Well, given a choice I might have done differently, but who had a choice?" People generally seem to think more about the impression or image they create than they do about what they really are. In the process rationalization runs rampant. It is more important to us alcoholics than any other people in the world to avoid self-deception. A wise old clergyman once said to this writer, "There is no worse sinner than the man who is convinced that he doesn't sin at all."

Anon., Illinois

Reprint Permission / AA Grapevine / September 1964



NOTES F	ROM INSIDE	THE CENTRAL OFFICE		
August 13th, BOARD M		rectors for Central Office REPRESENTING GROUP	]	
AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK	ľ	
MICHELE S.	BOARD MEMBER	SAFE,SANE & SOBER GROUP	ľ	
ROD Q.	BOARD MEMBER	SOBER ON SATURDAY GROUP	ľ	
Excused	BOARD MEMBER	SOBRENITY GROUP	ŀ	
CHUCK G.	BOARD MEMBER	THURSDAY BIG BOOK GROUP	ŀ	
JOHN T.	BOARD MEMBER	LIVINGSOBER/PASS IT ON GROUP	]	
SCOTT G.	BOARD MEMBER	WESLEY CHAPEL GROUP	Ŀ	
OPEN	BOARD MEMBER		]	
OPEN	BOARD MEMBER		]	
OPEN	BOARD MEMBER			

Al then opened the meeting in the usual matter with a moment of silence followed by the Serenity Prayer. He asked everyone if they had signed in and to turn down their cell phones. We had two new Board Members: Scott G. from the Wesley Chapel Group and John T. from the Living Sober/Pass it On Group. Secretary **Report:** Michelle read the July minutes. There were no questions, a motion to accept was made, seconded and approved. Tim apologized for forgetting to send out the minutes. Treasurers Report: Tim presented the Treasurers report for July. Contributions in July totaled \$6903.32. This accounts for what 42 Groups or individuals in our area have contributed in July. Included we also received \$80.00 from two AA members for the Birthday Club. Our total income for July was \$15,939.65. Our Total Cost of Goods Sold was \$7,124.29. Subtracting the Total Cost of Goods Sold from our July income left us with a Gross Profit of \$8,815.36. Our Total Expenses for July were \$8,565.79. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$249.57 for the month of July. We are now, at the end of July \$2,446.17 to the good for the year. There were no questions. A motion to accept was made, seconded and approved. Al brought up the need for help with the Physical Inventory in January and the need for groups to start hosting All Groups meetings. Rod noted that his group was in discussion about maybe hosting an All Groups meeting. Old Business: None. New **Business:** Chuck announced that he was turning over his position Charlie C. as his replacement. Al reiterated the Physical Inventory and the need for All Groups meetings. Council Meeting: Board Members present : Al B. Michele S., Rod Q., Chuck G., John T., & Scott G. Al opened the meeting with a moment of silence followed by the Serenity Prayer followed by asking everyone to turn down their cell phones. New Council Members were Kara H.. from the Town & Country Wednesday Night Group, Ariel Mc.. from the Sisters in Sobriety Group, Bobbi F. from the Live & Let Live Group, Martin G. from the Nightly Newcomers Group, Jan B. from the Friday Night Women's Big Book Group. Office Mangers Report: Kara read the July Office Manager Report. There were no questions. A motion to accept was made, seconded, and approved. Secretary Report: Betty read the July Secretary Report. There were no questions. Motion to approve was seconded and approved. Treasurers Report: Tim presented the Treasurers report for July. Contributions in July totaled \$6903.32. This accounts for what 42 Groups or individuals in our area have contributed in July. Included we also received \$80.00 from two AA members for the Birthday Club. Our total income for July

## September, 2019 page 4

August 13th, 2019 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

COUNCIL MEMBE	NS KEI KESENTING GROUI
BETH S.	DISTRICT 2 LIAISON
DEAN P.	WELLSPRING GROUP
KARA H.	TOWN & COUNTRY WEDNESDAY NIGHT
MARGARET S.	CAME TO BELIEVE GROUP
JAN B.	WOMEN'S FRIDAY NIGHT BIG BOOK
JEFF P.	TAMPA YPG
MARTIN G.	NIGHTLY NEWCOMERS GROUP
ARIEL M.	STEP SISTERS IN SOBRIETY GROUP
MICHAEL R.	NEXT DOOR GROUP
FRANK L.	TURNING POINT GROUP
CORINAE B.	FRIDAY FRIENDSHIP WOMENS GROUP
MANDI P.	BARRACKS BRIGADE GROUP
DEBBIE S.	TO IMPROVE OUR CONSCIOUS CONTACT
KATIE P.	SISTERS IN SOBRIETY GROUP
GREG H.	MONDAY NIGHT MADNESS GROUP
DENNY M.	VALRICO BRANDON WEDNESDAY NIGHT
BETTY E.	SOBER @ 7 GROUP
JEFF H.	IT'S IN THE BOOK GROUP
MIKE J.	KEEP IT SIMPLE MEN'S GROUP
DEVON F.	VILLAGE 12 STEP GROUP
KATE R.	NEW HOPE BIG BOOK STUDY GROUP
JON K.	OLD SCHOOL GROUP
	· · · · · · · · · · · · · · · · · · ·

was \$15,939.65. Our Total Cost of Goods Sold was \$7,124.29. Subtracting the Total Cost of Goods Sold from our July income left us with a Gross Profit of \$8,815.36. Our Total Expenses for July were \$ 8,565.79. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$249.57 for the month of July. We are now, at the end of July \$2,446.17 to the good for the year. There were no questions. A motion to accept was made, seconded and approved. There were no questions. A motion to accept was made, seconded and approved. Tim apologized for forgetting to send out the minutes. Old Business: Katie went over some of the things Sisters in Sobriety had been preparing for the Tri-County Central Office Anniversary Dinner February 22<sup>nd</sup>, 2020. It will be from 5:00 pm to 10:00 pm at Kings Avenue Baptist Church, 2602 South Kings Avenue, Brandon, Florida 33511. Their website is up and running at www.staysobersocials.com, more to be added. Tickets will be available online only. Tickets are \$15.00 each and you can reserve a table for 8 for \$120.00 and also receive 5 free raffle tickets per person. There could be around 350 seats available, seating is limited. Once seats are filled, that's it. The speaker will be Snow P., sobriety date: 03/07/75. Dinner will be catered from the Olive Garden. Hopefully a flyer will be available soon. They are still collecting donations from groups and individuals. A question was asked if there was going to be music. Yes. There will also be a Photo Booth. The meal will be Chicken Parmesan, breadsticks, etc.. Their next meeting is in a few months go to page 5

ANNIVERSARY TIME It Works-It Really Does—Ask them how they did it!!!			SELF-SUPPORT-August , 2019	
GROUP	Honors To	Date	Years	© Today in August of 2019 we have 223 Groups with 536
HIGH NOONERS GROUP PC	DAVE S.	09/05/17	2 YRS	meetings a week. Contributions in August totaled \$4,493.59. This
FRIDAY NIGHT BIG BOOK	CAROL C.	09/08/88	31 YRS	accounts for what 39 Groups or individuals in our area have
JUST WHAT I NEEDED	SANDY J.	09/15/88	31 YRS	contributed in August. Included we also received \$71.00 from two AA members for the Birthday Club. Our total income for August
CAME TO BELIEVE GROUP	JOE C.	09/21/07	12 YRS	was \$10,484.75. Our Total Cost of Goods Sold was \$4,310.13.
CAME TO BELIEVE GROUP	NANCY F.	09/17/85	34 YRS	Subtracting the Total Cost of Goods Sold from our August income
KEYSTONE GROUP	BRENT M.	09/14/14	5 YRS	left us with a Gross Profit of \$6,174.62. Our Total Expenses for August were \$8,117.09. Subtracting our Expenses from our Gross
KEYSTONE GROUP	CHRIS L.	09/09/14	5 YRS	Profit gave us a Net Income of minus-\$1,942.47 for the month of
KEYSTONE GROUP	STEPHEN C.	09/17/13	6 YRS	August. We are now, at the end of August \$503.70 to the good for the year. But as they say in the rooms of AA "this too shall past."
KEYSTONE GROUP	ERIC V.	09/10/13	6 YRS	No matter <i>how good or bad</i> it may appear that we are doing from
RIVERSIDE GROUP	JEREMY C.	09/20/11	8 YRS	one month to another, it takes your consistent contributions to keep
RIVERSIDE GROUP	AIDA	09/23/87	32 YRS	us operating on a steady level. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more
ON THE WAY HOME	BARBARA B.	09/22/15	4 YRS	material and services continue to expand and we continue to try and
ON THE WAY HOME	WADE W.	09/25/08	11 YRS	strive to keep up with the demand. That is only possible with your
ON THE WAY HOME	LISA M.	09/23/07	12 YRS	continued support. Thank you for all of your support!!! Support your Central Office.
ON THE WAY HOME	KAY R.	09/01/86	33 YRS	(Minutes from page 4) and Katie will have more information.
ON THE WAY HOME	JORENE S.	09/24/84	35 YRS	Someone asked if there will be something for non-meat eaters. They
THE 164 GROUP	LARRY B.	0928/09	10 YRS	will look into it. A question was asked about tickets at the door. Not everyone has a computer. It was explained that it is easier to keep
SOBER @ 7 GROUP	CARRIE E.	09/07/17	2 YRS	track of sales when seating is limited. New Business: Al reiterated
SOBER @ 7 GROUP	BRENDA H.	09/18/16	3 YRS	the Physical Inventory and the need for All Groups meetings. <b>Announcements:</b> Carry the Message Day—Promises Group 9 <sup>th</sup>
SOBER @ 7 GROUP	MIKE C.	09/25/11	8 YRS	Anniversary Dinner—Tampa Bay Fall Roundup
SOBER @ 7 GROUP	DARLENE McK	09/10/07	12 YRS	WE CONTINUE TO NEED 12 STEPPERS!!!
SOBER @ 7 GROUP	BARRY H.	09/25/99	20 YRS	Many may reach for but not find the hand of A.A. We need to
SOBER @ 7 GROUP	CAROL C.	09/07/93	26 YRS	be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12
SOBER @ 7 GROUP	PATTI Mc	09/28/76	43 YRS	Step Form or email us and we will send you a form to fill out.
FRIDAY FRIENDSHIP WOMENS	JESSICA O.	09/29/13	6 YRS	Email: aainfo@aatampa-area.org 813-933-9123
FRIDAY FRIENDSHIP WOMENS	JUNE W.	09/18/86	33 YRS	Do You Have A Subscription To Our Newsletter
FRIDAY FRIENDSHIP WOMENS	NANCY	09/17/85	34 YRS	"Tri-County Central Office News "? Why Not???-
MONDAY NIGHT MADNESS	KIRK J.	09/01/09	10 YRS	For \$7.00 You Will Receive
That's 474 Years of Sobriety! Congratulations for your Sobriety One Day at a Time!				12 Issues. The "NEWS" Is One Of The Few Ways Central Office Can Reach Our Individual Member's. PLEASE HELP SUPPORT YOUR NEWSLETTER
Through-out the years our 1	2 Step list has dy	vindled de	it's gotten harder and harder to contact AA members to help out	

Through-out the years our 12 Step list has dwindled down and it's gotten harder and harder to contact AA members to help out to the cry coming in from the still suffering alcoholic. Some of the reasons for this are simple. Some have moved away, or changed phone numbers, some may have physical ailments from keeping them from helping out like they used to do, or they have passed away, or others unfortunately have just gotten drunk. I'm reaching out to you for your help in updating and/or renewing out 12 Step list. **Imagine** if no one had taken the time to help you....would you still be here??????

Monthly Newsletter of the Tri-County Central Office, Inc. Tampa, Florida 33614-2763 ph. 933-9123—Printable Flyers @ www.aatampa-area.org

## MORE NEWS AROUND THE TOWN & THE AREA

AVING HAD A SPIRITUAL AWAKENING AS A RESULT OF THESE STEPS, WE TRIED TO CARRY THIS MESSAGI







## Carry The Message Day Event

Sunday, September 22, 2019 5:00 – 8:30 PM

## Free to all attendees

Dinner at 6:00 PM
Area & District Guest Speakers
Service Opportunity Booths

Grand Prize opportunity for those who complete the Service Opportunity Booth Walk.
50/50 Raffle

Come learn about Area & District Service Opportunities available to help you grow in recovery while carrying the message. Bring your sponsor and sponsees!

Kings Avenue Baptist Church 2602 S. Kings Avenue Brandon, FL 33511

For more information or to volunteer, call/text David F. at 813-938-0813

ED TO CARRY THIS MESSAGE TO ALCOHOLICS, AND TO PRACTICE THESE PRINCIPLES IN ALL OUR AFFA

# SOBER AT SEVEN'S 17<sup>TH</sup> Annual Anniversary Dinner and Speaker Meeting

When: Tuesday, October the 1st Where: St Ann's Catholic Church

106 11th Ave. Ruskin 33570

What time: Potluck Dinner at 6:00 pm

Speaker at 7:00 pm

Our Speaker for the Evening is:

**KELLEY B** 

From St Petersburg

\$5.00 Donation request at the door 50/50 Raffle

\*\*\*Please bring a dish or dessert if you want and drop off no later than 5:45 pm\*\*\*

## 11th Step Retreat For AA / Al-Anon

September 27-29, 2019

DaySpring Conference Center (Map on Reverse) Ellenton, FL

Online Registration: http://11thstepretreat.org

Come get away from it all and enjoy the fellowship of an AA / Al-Anon spiritual retreat in peaceful, country surroundings. The retreat will center on God, as we understand Him "The spiritual life is not a theory, we have to live it." (Big Book pg. 83) The discussion will center on Steps 2, 3, 7, 10, 11, & 12, complying with the suggestion of step 10 of AA: "Many of us go in for annual and semi-annual house cleanings. Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation." (12 & 12 pgs. 89, 91)

Sleeping accommodations are air-conditioned, cabin & dorm style with shared bathrooms; 16 comfortable bunk beds per room. We suggest you bring a lawn chair or campstool for outdoor relaxation and meditation. Also bring your Big Book, 12 & 12, a flashlight, and bug spray is optional. Cost includes meals, coffee, water, and snacks. Smoking permitted ONLY in designated area. The center provides nature trails along the river for reflection and meditation.

When: September 27-29, 2019 - Dinner 6 PM Friday to Lunch Sunday Noon

Cost Per Person:

Bunk: \$170.00 (Dorm) Semi-Private: \$230.00 (Cabin)

Money is transferable but not refundable

Deposit: \$85.00 deposit required for advanced registration. Balance due by August 15, 2019

Make check payable to: 11<sup>th</sup> Step Retreat Send check to: PO BOX 10202 St. Petersburg, FL 33733 Info Patti Estelle: 727-895-2221

Fo	r More Inform	ation:	
htt	o://11thstepretr	eat.org	
Jennifer A.	Coldwater, MS	727-510-0428	
Tom B.	Tampa, FL	813-951-5740	
Chris F.	St Petersburg, FL	727-709-4054	

#### 11th Step Retreat for AA / Al-Anon

September 27-29, 2019

Please print name clearly and return with deposit or full payment
(Circle appropriately) Male / Female AA / Al-Anon
Name: \_\_\_\_\_ Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_\_ Phone: \_\_\_\_\_\_
Email: \_\_\_\_\_ \* Sober/Screnity Date:

Name your significant other if attending (Room assignments will be separate)

Physical Issues: Dietary need:

## 2019 Fall Sobersticks Oct. 11th, 12th & 13th

Fun & Fellowship all weekend with camping, kayaking! 8pm campfire meetings!

Join in on Open mic night Fri & Sat!



C	AUC	YTD	C	AUC	VTD	C	AUC	YTD
Group 11th Step Group- Christ King	AUG		Group Kevstone Group	AUG 220.00	1,170.61	Group Simply Sobriety Women's	AUG	210.00
11th Step Group-Christ King 11th Step Meeting-Sun City		133.13	Keystone All Groups	220.00		Singleness of Purpose		100.00
11th Step Retreat		150.00	Kingsway Group		488.00	Sisters in Sobriety Group		508.74
AA 101 Group		874.67	Lemon Tree Group		400.00	Sisters in Sobriety Group 50/50		300.74
Alpha Group		540.00	Life Enrichment Group		403.00	Sober @ 6 Group		479.26
All Groups		340.00	Little Harbor Grapevine Group		347.00	Sober @ 7 Group		714.00
Anniversary Dinner 2018			Live and Let Live Group		347.00	Sober on Saturday Group		90.00
Anniversary Dinner 2019		3,123.25	Living in the Solution		960.00	Sober on Sunday	487.50	487.50
7th Tradition Basket			Living Sober/As Bill Sees It		900.00	Sober Spirits Group	407.30	407.50
TRICO Big Book Raffle 2018		103.00	Lutz @ Noon		61.00	Sober Spirits Group  Soberilla		803.00
TRICO Big Book Raffle 2019		10.00	Mad Dogs Group		01.00	SoberSticks Event		221.00
Trico 50/50 Raffle 2019		294.00	Mainely Sober Group			Soberstock Committee		1,200.00
Cakewalk RaffleEvent 2018		294.00	Magnolia Group		100.00	Sobrietea Womens Group		1,200.00
		6.00			100.00		70.00	583.00
Housecleaning Retreat	<i>5</i> 00		Mapledale Group		(20.72	Sobriety at Sunrise Group	70.00	
Anonymous Donations	5.98	471.66 442.00	Mid Day Matinee Group			Sobriety at Sunset Group	60.33	605.68 195.00
As Bill Sees ItBrandon			Monday Night Madness		117.65 552.50	Sobrenity Group	120.00	425.45
As Bill Sees It Mens Odessa			Morning Express Group			Solutions Group	130.00	
Attitude of Gratitude Group		100.00	Morning Group -Zephyrhill		100.00	Southshore Men's Group		188.00
Barracks Brigade Group		161.00	Morning Meditation Group		10.00	Southside Men's Group # 1	100.00	1,175.00
Beginners Group		161.00	Mustard Seed Group		12200	Southside Men's Group # 2	100.00	450.00
Bel-Mar Group	40000	400	My Turn Group		125.00	Southside Men's Group #3		200
Bill D's Group	100.00	400.00	New Beginnings Women's			Southside Men's Group #4		200.00
BIRTHDAY CLUB	75.00		New Beginnings-(5:45)Joe's	74.85		Spiritual Growth Group		531.91
Brandon Free Thinkers	39.00	78.00	New Beginnings Brandon			Spiritual Progress Goup		
By the Book Men's Group			New Beginnings-(Our Club)		733.83	Step at a Time Group		
BYO 12 & 12 Group		85.00	New Day Group			Step Sisters in Sobriety	65.00	65.00
Came To Believe Group		975.00	New Hope Big Book			Stepping Stones Group (w)		629.53
Cardinal Group - Odessa		300.00	New Way Women's Group			Sun City Center Group		132.82
Carrollwood Blue Roof			Nightly Newcomers Group		106.00	Sunday Afternoon Step Mtg	71.00	216.00
Carrollwood Group		5.79	Nooners GroupRiverview	76.56	483.29	Sunday Speakers - 3333	75.00	600.00
Carrollwood Women's Group			Nooners GroupTampa		426.60	Sunshine Group		325.00
Chancey Road Group			Noontime Celebration Gp.	200.00	500.00	Swamp Meeting		
Clean Air Group		50.00	Northdale Group		130.00	Sweet Surrender Group		75.00
Design for Living Group			Odessa Group		310.72	Tampa Bay Fall Roundup		
District Two General Service		358.88	Old School Group		4,590.00	Tampa Bay Institutions	50.00	450.00
Dover Group		159.53	Old School Group All Groups			Tampa Bay Speakers Gp.		455.00
Druid Hills Big Book Group			Oldtimer's Group - JC	61.00	61.00	Tampa Bay Young Peoples		
Early Risers Group - Joe's		47.17	On the Way Home Tpa 5:30	0 - 1 0 0	102.52	Tampa Bid for FCYPAA		
Expect a Miracle Group		.,,	One Day at a Time Group		200.00	Tampa Palms Big Book		150.00
Experience, Strength & Hope		50.00	Palma Ceia Group		200.00	Tampa Palms Monday Men's	225.47	441.27
Fear Not Group			Palma Ceia Group  Palma Ceia 12 Step Study			Tampa Recovery Group	223.47	771.27
Fireside Group	149.00		Palma Ceia 12 Step Study Palma Ceia Big Book Group		400.00	TGIS Group	9.03	148.45
Follow Our Path Group	147.00	1.20	Pathfinders Group		400.00	Thank God it's Friday Group	7.03	454.22
Freedom in Sobriety Group					214 11	The 164 Group		737.22
Fresh Start Group	58.00		Pilgrim Group -St Leo's Plank Owners Group	110.00		The 164 Group Wesley Chapel		
	30.00	102.33	•	110.00	440.00			
Friday Freedom Group		213.00	Plant City Keep it Simple		26.00	The 164 Group USF	520.00	1 250 57
Friday Night Lights Group			Primary Purpose Group	712.00		The Meeting Place Group	520.00	1,350.57
Friday Night Big book			Promises Meeting Group	713.00	856.06	The Next Door Group		252.57
Friday Night Women's Group	00.04		Recovery Bootcamp Group		<del>                                     </del>	T & C Sisters in Sobriety		352.57
Friday Women's Friendship	90.94		Red Chip Day		202.50	To Improve Conscious		400.00
Gifts of Sobriety Group	154.00		Reflections Group-Lake Mag		302.58	Town & Country Wed. Group		400.00
Grapevine Gals Group	200.00	47.59	Riverside Group		122.20	Tues Big Book Study Gp.		120.55
Happy Hour Group	200.00	600.00	Riverview Mens Blackbelt		105	Tuesday Book Club Group		139.75
Helping Hands GpP.C.		1000 0 1	Rush Hour Serenity Group		135.52	Turning Point Group -Z-H.		553.00
Hide-A-Way Group	46-1		Ruskin Fellowship Group		<u> </u>	Valrico/Brandon Wed Night		70.00
High Nooners Group	100.00	130.00	Safe Haven Group			Valrico Fri. Morning Group		115.00
High Nooners Group Plant City		0	Safe, Sane &Sober Group	117.68		UptownDowntown Group		
Hope Floats Group		83.50	Saturday Night Fever Gp.		524.36	UT 717 Group	50.00	50.00
HOW Group	13.00	13.00	Saturday Night Live Group			Wed Night Step Workshop		81.25
It's in the Book Men's Gp.			Seekers of Serenity II Group	20.50	99.03	Wed Keep it Simple Group		150.00
Just What I Wanted Big Book		130.00				Weedpatch Group		220.00
Keep It Simple - YANA						Wellspring Group		
Keep It Simple/Pass It On		1,046.42				Wesley Chapel Group		601.57
Keep it Simple Group Dade City		116.00				With Room to Grow Group		250.00
						Women's Friendship Group		283.32
						YaYa Sisterhood of Sobriety		56.72
Total	984.92		Total	1,593.59				
			75555			Total	1,913.33	
							, -,	
						Monthly Total	4,491.84	
	YTD Total	17,109.24		YTD Total	18.510.87	2.20mmy 20tal	.,.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
	- LD IOUAI			LLD IVIA	10,010.07		YTD Total	17,983.58
						Grand Total	53,603.69	17,500.00
ı		I		<u>i                                      </u>	1	Granu Iviai	22,002.07	1