



Tri-County Central Office News

FREEDOM FROM THE BONDAGE OF SELF

A Monthly Newsletter of the Tri-County Central Office, Inc.
8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

July, 2009

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A MEMBERS CASE FOR PRAYER

In the chapter "We Agnostics" in the Big Book, there are two groups of people mentioned. Which one more closely describes your CURRENT experience?

1 - (page 50-51) "Here are thousands of men and women, worldly indeed. They flatly declare that since they have (1) come to believe in a Power greater than themselves (Step 2), (2) to take a certain attitude toward that Power (Step 3), and (3) to do certain simple things (Steps 4 through 12), there has been a revolutionary change in their way of living and thinking. In the face of collapse and despair, in the face of the total failure of their human resources (Step 1), they found that a new power, peace, happiness, and sense of direction flowed into them. This happened soon after they (4) wholeheartedly met a few simple requirements (the Twelve Steps). Once confused and baffled by the seeming futility of existence, they show the underlying reasons why they were making heavy going of life. Leaving aside the drink question, they tell why living was so unsatisfactory. They show how the change came over them. When many hundreds of people (5) are able to say that the consciousness of the Presence of God is today the most important fact of their lives, they present a powerful reason why one should have faith." (This is also called living in the solution.)

2 - (page 52) "We were having trouble with personal relationships, we couldn't control our emotional natures, we were a prey to misery and depression, we couldn't make a living (which includes not being able to make a successful life), we had a feeling of uselessness, we were full of fear, we were unhappy, we couldn't seem to be of real help to other people." (These are also called the bedevilments, which means, "to torment maliciously". They are the results of living a self-centered life, drinking or not, and describes the inner unmanageability mentioned in Step One. They are the mental state that precedes the first drink and are the result of untreated alcoholism, whether we are drinking or not. They are the root of the problem.)

In "Alcoholics Anonymous Comes of Age", on page 196, it says the following: "In 1941, a news clipping was called to our attention by a N.Y. member. In an obituary notice from a local paper, there appeared these words: 'God grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.' Never had we seen so much A.A. in so few words. With amazing speed the Serenity Prayer came into general use." As a prayer, this is a beautiful way to talk to our Creator (I have always used the "we" version when saying it because I prefer to pray for more than

A Letter From Bill Wilson About The Use Of The Lord's Prayer At A.A. Meetings

April 14, 1959

Dear Russ,

Am right sorry for my delay in answering. Lois and I were a long time out of the country and this was followed by an attack of the marathon type of flu that has been around here in New York. We are okay now, however, but I did want to explain my delay.

Now about the business of adding the Lord's Prayer to each A.A. meeting.

This practice probably came from the Oxford Groups who were influential in the early days of A.A. You have probably noted in AA. Comes of Age what the connection of these people in A.A. really was. I think saying the Lord's Prayer was a custom of theirs following the close of each meeting. Therefore it quite easily got shifted into a general custom among us.

Of course there will always be those who seem to be offended by the introduction of any prayer whatever into an ordinary A.A. gathering. Also, it is sometimes complained that the Lord's Prayer is a Christian document. Nevertheless this Prayer is of such widespread use and recognition that the arguments of its Christian origin seems to be a little farfetched. It is also true that most A.A.s believe in some kind of God and that communication and strength is obtainable through His grace. Since this is the general consensus it seems only right that at least the Serenity Prayer and the Lord's Prayer be used in connection with our meetings. It does not seem necessary to defer to the feelings of our agnostic and atheist newcomers to the extent of completely hiding our light under a bushel.

However, around here, the leader of the meeting usually asks those to join him in the Lord's Prayer who feel that they would care to do so. The worst that happens to the objectors is that they have to listen to it. This is doubtless a salutary exercise in tolerance at their stage of progress.

So that's the sum of the Lord's Prayer business as I recall it. Your letter made me wonder in just what connection you raise the question.

Meanwhile, please know just how much Lois and I treasure the friendship of you both. May Providence let our paths presently cross one of these days.

Devotedly yours,

Bill Wilson

From the Central Office
SERVICE DESK
A total of 599 phone calls
were made to the
Central Office in
APRIL
244 for info on AA,
1 for info on Al-Anon,
12 messages for other
inquiries,
6 requesting a Twelfth Step
call, 336 after Office Hours
calls. There were 224 walk-ins
visits as well.

Continued page 3

TBAIC - District 2 - Hillsborough & East Pasco Counties
(877) AATAMPA or (877) 228-2672!

Treasurers Report – June 29th, 2009

Hello everybody! My name is Annie and I'm an alcoholic. This month, we held our committee meeting at Steps to Freedom. This was a SUPER successful event that helped to raise money for the literature that is brought in to our institutions. On behalf of the committee, I would like to send out a special thanks to the Steps to Freedom committee, and all those that attended and donated to make this event so awesome! The speakers were Chris R. and Myers R., and they spoke of their experience with the steps. They did a phenomenal job and the day was enjoyed by all.

Our committee is doing great and growing one day at a time. Joe L., reported that one pre-release form was received this month, and was handled. Lindsay T. reported that all is well in our women's jails. Barbie R. is still making contact with our treatment facilities to find out their needs and is also facilitating a new meeting for a mental health care clinic here in Tampa. Jack S. reported 7 calls to Bridging the Gap this month! One asked for directions, and the others were 3 men and 3 women that needed rides to meetings. If you would like to be contacted to help with these bridges, please call Jack S. and so that he can call you when needed. Also, there were new cards printed for BTG, so please bring these in to the institutions you visit. He is also waiting to hear back from Tampa General Hospital because they have requested info on referring patients to AA upon their release from detox. Buddy H. told us that everything is going well at Falkenburg Road. Also, the orientation that was scheduled for July has been cancelled. There were not enough volunteers signed up to warrant an entire orientation. So, at this time, if there is someone that would really like to go in to the jail, they may be able to get approved on a temporary basis. Contact Buddy for more information about that. Paul D. reported that all is well at Orient Road. Jill J. told us that Dick and Buddy have gone in to the women's prison and told their stories. The turn out was great and the women loved "Speaker Saturday"! Brian B., our new juvenile coordinator, has reported that the volunteer list is growing, but still needs help. He has been able to contact most of the facilities and the volunteers that coordinate them, but is still waiting for call backs from three of the facilities. Cathleen C. told us that Pasco women's meetings are being covered by many volunteers. Rob T. said that all detox meetings are being covered and he has made contact with the VA, as requested, and is facilitating a new meeting there.

So, the committee is very busy! We are seeing new volunteers at our meetings all of the time. Everyone is welcome! If you are looking for service opportunities, please come and join us!

Love & Service,
 Annie L.

| | |
|------------------------------------|----------------------|
| Pink Can Donations YTD 2009 | \$ 8,040.12 |
| Less Prudent Reserve | - \$300.00 |
| Less YTD Literature | - \$ 5,336.40 |
| Less YTD Expenses | -\$ 294.74 |
| Pink Can Current Balance | \$ 2,108.98 |

Next Committee Meetings

July 25th & August 29th at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work in Detox/Treatment/Jail/Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation this Month: Dover Group, Druid Hills Group, Friday Night Lights, Meeting Place (LOL), Midday Matinee, New Beginnings Group, Ruskin Fellowship (Sunday), Sisters in Sobriety, Sober on Saturday, Sunshine Group, Thursday Night There is a Solution Group 3333, Valrico Morning Group, Valrico Weds Night Group, Wellspring Recovery Group, YANA 5:45 Happy Hour.

Current Service Opportunities

Men's Pasco Jail Coordinator... *Call Jack M.*
 813-417-9945

TBAIC 2009 Committee Members

| | |
|---|---------------------|
| Eric V. - Chair | 813-277-4833 |
| Tom F. - Alt Chair | 813-818-4439 |
| Mark L. - Treasurer | 813-477-6855 |
| Annie L. - Secretary | 305-766-3297 |
| Dick D. - Hills Jails - Emeritus | 813-254-4423 |
| Paul D. - Men's Orient Rd | 727-385-5529 |
| Buddy H. - Men's Falkenburg | 813-871-2514 |
| Lindsay T. - Hills Women's Jails | 813-265-5408 |
| Rob T. - Detox | 813-453-6059 |
| Jill J. - HCI Women's Prison | 813-349-7048 |
| Open - E Pasco Jail - Mens | |
| Cathleen C. - E Pasco Jail - Women's | 813-727-1415 |
| Tom D. - E Pasco Prison | 813-782-7209 |
| Barbie R. - Treatment | 727-804-3229 |
| Jack S. - Bridge The Gap | 813-598-4717 |
| Joe L. - Pre-Release | 813-918-3489 |
| Brian B. - Juvenile | 760-215-2993 |

A MEMBERS CASE FOR PRAYER.....continued from page one

just myself); but if you really look at it, what this prayer says can also be used as a way of life that can bring about peace of mind in any and all circumstances that disturb us. It opens by asking God to grant us serenity to accept things we cannot change. I have always thought that this was unusual because it seems to me that serenity doesn't create acceptance. How it's always worked for me though is that serenity comes after acceptance, but who am I to argue. More importantly, it's been my experience that most of the time, the things I CANNOT change are outside of me. In the next part, we are asking for courage to change the things we CAN change. Now, I don't know about you but I have wasted a lot of time trying to change many things I could not change (that's where the wisdom part comes in handy). It's also been my experience that most of the time, the things I CAN change are inside of me. Then comes the difficult part - we ask God for wisdom to know the difference between when to make changes and when it might bring peace to only change our perspective of the situation. I have come across two definitions for the word "wisdom" that I like. One is, "the perfect combination of knowledge and love", and the other is, "thinking with the end in mind". Since we cannot know the future, the only thing we can do is know the One who does, and since our Highest Power makes His home within all of us, we can tap into that Wisdom. Our program enables us to take advantage of this Wisdom because the first three Steps are for bringing us to the point where we become WILLING to turn our will (which is our motivation and our thinking) and our life (which is our actions) over to the care of a Higher Power (or Love), Steps Four through Nine are HOW we turn our thinking and our actions over, and the last three Steps are how we KEEP our will and our life turned over indefinitely. The Big Book promises that after doing the work of the first eight Steps and also some Ninth Step work that we now have the ability to begin tapping into this Wisdom when it says, "We will intuitively know how to handle situations which used to baffle us". The Eleventh Step also says that we then can, "ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while. What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind. Being still inexperienced and having just made conscious contact with God, it is not probable that we are going to be inspired at all times. We might pay for this presumption in all sorts of absurd actions and ideas. Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it".

Also, something that you may not have noticed is that contained in the Serenity Prayer are the ONLY two healthy options that we have when presented with difficulties. Sure, we could complain, get friends to co-sign our misery or do nothing at all, but these are old behaviors and bring about no solution. Our emotions are nothing more than an inner barometer. When our calm is disturbed, the only two reasonable alternatives that can get us back to our peace of mind is to either do something to change the situation or get a better perspective toward it. THAT'S IT. And the sooner we realize that, the sooner we can get back to our being comfortable within ourselves. That's why it says, "As we go through the day we pause, when agitated or doubtful,

and ask for the right thought or action" (Big Book, page 87. Please note that agitation comes WELL before anger & rage, and doubtfulness comes WELL before being in deep trouble). *pause, when agitated or doubtful, and ask for the right thought or action"* (Big Book, page 87. Please note that agitation comes WELL before anger & rage, and doubtfulness comes WELL before being in deep trouble). It's important to realize that we need to make being comfortable on the inside a priority because the more uncomfortable our inner experience is, the more drinking becomes an option. When an alcoholic is "restless, irritable and discontented, they can again experience the sense of ease and comfort which comes at once by taking a few drinks" (Big Book pages xxvi & xxvii). But of course drinking for the alcoholic has negative consequences. Working the Steps and practicing the principles in all of our affairs ALSO bring about ease and comfort, but the results are beyond our wildest dreams! The effect produced by alcohol needs to be replaced by the effect produced by our continual conscious contact with, and followed guidance from, our Inner Guide. So use this prayer during your morning time with God, when needed or not needed throughout the day, and as part of your "search for serenity".

**Brandon Saturday
Night Group**
33rd Anniversary Dinner
Saturday, July 25, 2009
First Presbyterian Church
121 Carver Avenue, Brandon Florida 33511

Dinner starts @ 7:00 pm
Speaker @ 8:15 pm
(Mary C. from St. Pete Beach)

All are welcome - 50/50 Raffle
Beverages provided - Food & Fun for
Everyone!!!
Pot-Luck Dinner (please bring something
for all to enjoy...)
Contact: Mark @ (813) 326-4834

**Coffee John says.....always
start with a clean pot to get
good coffee.**

Next column →

NOTES FROM INSIDE THE CENTRAL OFFICE

June 9th, 2009 the Board of Directors for Central Office met:
BOARD MEMBERS REPRESENTING GROUP

| | | |
|------------|--------------|------------------------------------|
| AL B. | CHAIRPERSON | DRUID HILLS GROUP |
| PAUL G. | VICE-CHAIR | SOBER @ 7 GROUP |
| JOYCE Q. | TREASURER | KEYSTONE GROUP |
| Excused | BOARD MEMBER | CARROLLWOOD NS GROUP |
| KEVIN G. | BOARD MEMBER | NORTH TAMPA YOUNG & RESTLESS GROUP |
| RICK D. | BOARD MEMBER | EARLY RISERS GROUP |
| DIANA H. | BOARD MEMBER | RIVERSIDE GROUP |
| JANIE M. | BOARD MEMBER | CAME TO BELIEVE GROUP |
| MICHAEL B. | BOARD MEMBER | BRANDON/VALRICO GROUP |
| CATHY K. | BOARD MEMBER | SOBRIETY @ SUNRISE GROUP |
| CHRIS S. | BOARD MEMBER | NEW BEGINNINGS GROUP |
| CINDY H. | BOARD MEMBER | HELPING HANDS GROUP |

The meeting opened in the usual matter with a moment of silence followed by the Serenity Prayer. Al asked everyone to turn down their cell phones. Al welcomed three new Board members, Chris S. from the New Beginnings Group in Brandon, also from Brandon was Michael B. from the Brandon/Valrico Group, Cathy K. from the Sobriety at Sunrise Group out of Central Tampa and Cindy H. from the Helping Hands Group, Plant City. After the Minutes were read, there were a few corrections to some of the wordings. These were noted and corrected. In old business, which was centered around the recent pay raise for the Office Manager, the rate increase from his health insurance and possible changes to the Personnel Policy, there was much discussion. Most of the issues were resolved and would be looked at again next year. It was also decided that four of the Board members would meet later this month (6/18/09) at the Central Office to discuss some changes to the Personnel Policy and bring back their ideas to the next Board Meeting. In New Business we had our elections for some new Officers because some of our Officers were rotating out. Paul G. from the Sober @ 7 Group was voted in as the new Chairperson. Cathy K. was voted in to serve as Treasurer for maybe 3 months. She said she would give it a try and see how it felt. Al B. was asked to stay on as the Advisor to the Chair. At the Council meeting we welcomed Iris W. representing the Tampa YPG Group and Monica M. from the In the Middle Group. Much of the discussion during the Council Meeting had to do with the Finances of Central Office. How are we doing, what did some of the Line Items mean, has anyone taken a good look at the Finances or thought of ways to save money, what can be done to help increase the flow of money coming in, All Groups meetings, what can the groups do to help—etc. The second half of the meeting consisted of discussion about the Pink Can, All Groups meetings and several announcements from different groups about their activities during the upcoming 4th of July.

June 9th, 2009 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

| | |
|------------|-----------------------------|
| KRISTIN R. | MONDAY NIGHT MADNESS GROUP |
| KITTY W. | LIFE ENRICHMENT GROUP |
| IRIS W. | TAMPA YOUNG PEOPLES GROUP |
| GARY N. | SAFE HAVEN GROUP |
| TONY J. | MORNING MIRACLES GROUP |
| SANDY S. | CAME TO BELIEVE GROUP |
| DEBBIE M. | DISTRICT 2 LIAISON |
| BUDDY H. | MORNING MEDITATION & TBAIC |
| VIVIAN J. | FREEDOM IN SOBRIETY GROUP |
| JOHN D'P. | AS BILL SEES IT MEN'S GROUP |
| JOHN G. | TAMPA PALMS BIG BOOK GROUP |
| JOHN W. | KEEP IT SIMPLE MEN'S GROUP |
| STEVE J. | ODESSA GROUP |
| DYANN D. | NIGHTLY NEWCOMERS GROUP |
| FRANK B. | MIDDAY MATINEE GROUP |
| FRED L. | TEMPLE TERRACE MEN'S GROUP |
| MONICA M. | IN THE MIDDLE GROUP |
| MARK N. | RIVERSIDE GROUP |
| JUNE T. | SOBRIETY GROUP |
| STUART S. | EXPECT A MIRACLE GROUP |
| TIGGER F. | SOLUTIONS GROUP |

THE POSITIVE THINKERS GROUP

invites you to join us for an evening of
Fellowship, Food, Fun and a
MOVIE!!!

My Name is Bill W.

July 17th, 2009

East Tampa Christian

7824 24th Ave. South

Clair-Mel



Gathering starts at 6:00 pm

Movie to start at 7:00 pm

Pizza will be available

Please bring finger foods or beverages

Tickets will cost \$5.00

Your ticket also enters you into a 50/50 Raffle!

Any questions please call: (813) 621-6324

| ANNIVERSARY TIME | | | |
|-------------------------|------------------|-------------|--------------|
| GROUP | Honors To | Date | Years |
| HELPING HANDS GROUP | CINDY H. | 07/14/01 | 8 YRS |
| MORNING MIRACLES GROUP | AL B. | 07/15/88 | 21 YRS |
| RIVERSIDE GROUP | CECE | 07/30/07 | 2 YRS |
| RIVERSIDE GROUP | ROD G. | 07/23/04 | 5 YRS |
| RIVERSIDE GROUP | MATT Mc | 07/19/95 | 14 YRS |
| RIVERSIDE GROUP | EARL W. | 07/10/95 | 14 YRS |
| EXPECT A MIRACLE GROUP | ALLEN W. | 07/22/06 | 3 YRS |
| EXPECT A MIRACLE GROUP | CHRISTY W. | 07/27/05 | 4 YRS |
| EXPECT A MIRACLE GROUP | RITA R. | 07/29/03 | 6 YRS |
| EXPECT A MIRACLE GROUP | ANN B. | 07/19/02 | 7 YRS |
| EXPECT A MIRACLE GROUP | LORRAINE B. | 07/17/92 | 17 YRS |
| CAME TO BELIEVE GROUP | DUANE F. | 07/20/08 | 1 YR |
| CAME TO BELIEVE GROUP | ROY K. | 07/08/08 | 1 YR |
| CAME TO BELIEVE GROUP | JANIE M. | 07/27/81 | 28 YRS |
| RUSH HOUR SERENITY | MICHAEL C. | 07/05/89 | 20 YRS |
| KEYSTONE GROUP | BARBARA B. | 07/24/05 | 4 YRS |
| KEYSTONE GROUP | JOHN R. | 07/08/05 | 4 YRS |
| KEYSTONE GROUP | TECHANNA M. | 07/30/04 | 5 YRS |
| SOBER @ 7 GROUP | CATHY R. | 07/22/08 | 1 YR |
| SOBER @ 7 GROUP | PRESTON B. | 07/09/05 | 4 YRS |
| SOBER @ 7 GROUP | SANDY K. | 07/22/02 | 7 YRS |
| SOBER @ 7 GROUP | KEVIN W. | 07/25/98 | 11 YRS |
| SOBER @ 7 GROUP | MICHAEL P. | 07/04/92 | 17 YRS |
| SOBER @ 7 GROUP | SAM F. | 07/19/86 | 23 YRS |
| SOBER @ 7 GROUP | JOHN M. | 07/21/79 | 30 YRS |
| INTO ACTION GROUP | JENNY M. | 07/08/97 | 12 YRS |
| INTO ACTION GROUP | LARRY P. | 07/10/88 | 21 YRS |
| WESLEY CHAPEL GROUP | DAVE F. | 07/19 85 | 24 YRS |
| ATTITUDE OF GRATITUDE | JOHN M. | 07/01/80 | 29 YRS |
| OLD SCHOOL GROUP | TIMOTHY S. | 07/04/88 | 21 YRS |
| YOUR NAME COULD HAVE | BEEN | HERE | |
| | | | |
| | | | |

| A BIRTHDAY PLAN SUPPORTER TO CENTRAL OFFICE ONE DOLLAR FOR EACH YEAR OF SOBRIETY | | |
|---|-------------|--------------|
| Honors To | Date | Years |
| TIM S. | 07/04/88 | 21 YRS |
| DICK W. | 06/10/58 | 51YEARS |

Live & Let Live Group

The Live & Let Live group is primarily a Gay & Lesbian AA group, but all are welcome to attend our meetings at 3466 Henderson Blvd. in south Tampa. We support AA District, Area and Central Office and the local GLBT community. Some recent events for our Club are: In May L&LL had a Spring Fling picnic at Ft. DeSoto Park, where sports, food & a meeting made for a day great fun and fellowship. L&LL/GALAA is exploring purchasing a new clubhouse - we are growing! - and a member recently held one of the first fundraisers at a pool party at his home. Actively building a strong relationship with the GLBT AA club in Orlando. Members often drive between the two areas to attend meetings and events for the other club and we've held joint workshops. Bonfires, a Thanksgiving dinner, pool parties and of course, "the meeting after the meeting" every Friday at Starbucks. Come visit us, all A.A.s are always warmly welcomed.

All meetings are at 8:15 p.m.
Sunday - Candlelight meeting, Open Discussion
Tuesday - Newcomers Meeting
Wednesday - 12 Steps & 12 Traditions
Friday - Open Discussion
Saturday - Speaker Meeting

Check us out on the net for more info! We are listed on a comprehensive website that has audio files of speakers, links to national & local groups, information on Roundups, a blog, and meeting schedules for AA and other groups that meet at the GALAA Rainbow Club:
<http://www.galaarainbowclub.com/>

**Note to all members, the Office will
be closed
Saturday JULY 4th.
The Hotline will still be active.**

**Updating for new Meeting
Schedule—is your Group listed correctly?**

MORE NEWS AROUND TOWN

TAMPA BAY FALL ROUNDUP "The Language of the Heart"

September 4-7, 2009

Embassy Suites Hotel
3705 Spectrum Blvd
Tampa, Florida 33612

For Details: www.tampabayfallroundup.com
Flyers available at Central Office

4TH OF JULY FISH FRY - Saturday, July 4th

location: outside of 301 house
sponsored by Attitude of Gratitude, In the Wind,
Clean-Air and Safe Haven Groups

4:00pm -

\$5.00 includes fish, grits, coleslaw, baked beans,
hush puppies and iced tea

MUSTARD SEED GROUP

St. Mary's Episcopal Church
4311 West San Miguel
Speakers for the Month of
JULY 2009

July 4th Gene L. Tampa, Florida
July 11th Earl W. Tampa, Florida
July 18th Tommy S. Tampa, Florida
July 25th Jeff R. Tampa, Florida

Last Saturday of the month-eating meeting, starts @ 7:00 pm
Bring a cover dish please and share with us.

For more information, email: g.luker@verizon.net
Gene L. 813-205-7663

South Florida Area 15 General Service

Quarterly Assembly

"Willingness Is the Key"

Hosted by District 6 **

Hutchinson Island Marriott **

July 10- 12, 2009

Hutchinson Island Marriott

555 NE Ocean Blvd.

Stuart, FL 34996

Phone (772) 225-3700

Registration Friday 4 PM-8:30 PM,

Saturday 8 AM-8:30 PM, Sunday 7 AM-9 AM

For More Info & Flyer

<http://www.area15aa.org/>

53rd FLORIDA STATE CONVENTION

JACKSONVILLE 2009

July 29th - Aug 2nd, 2009

An Experience You Must Not Miss

Hyatt Regency Jacksonville

225 East Coastline Dr

Jacksonville, Florida 32202

For Complete Details:

<http://53.flstateconvention.com/>

Fall Mountain Housecleaning

Spiritual Retreat for A.A. & Al-Anon

October 1st-4th, 2009

Hinton Rural Life Center

2330 Hinton Center Road

Hayesville, NC 28904

For Details: <http://fallmountainretreat.com>

Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members.

"Tri-County Central Office News" is a monthly newsletter of AA in Hillsborough and East Pasco County and the Tri-County Central Office of Alcoholics Anonymous. It is about, by and for members of the AA Fellowship. **Opinions expressed herein are not to be attributed to AA as a whole, nor does publication of any article imply any endorsement by either AA or the Tri-County Central Office.** Quotations or excerpted material from AA books or pamphlets are reprinted with permission of AA World Services, Inc. Preamble, AA cartoons and excerpted matter reprinted with permission of AA Grapevine, Inc. We welcome articles of opinions or descriptions of personal experiences (NO poetry, please) which should be sent to: **Editor, Tri-County Central Office, 8019 N. Himes Avenue Ste. 104 Tampa, FL 33614-2763**

\$5.00 GETS YOU A Year Subscription to the Newsletter. Send in Name, Address, Phone & Home Group.

| Group | MAY | Y T D | Group | MAY | Y T D | Group | MAY | Y T D |
|---------------------------------|---------------|-----------------|----------------------------------|----------------|-----------------|----------------------------------|-----------------|-----------------|
| 11th Step Meeting- Christ King | | 150.00 | High Nooners Group | 200.00 | 400.00 | Ruskin Fellowship Group | | |
| 11th Step Meeting--Sun City | | | Hour Glass Group | | 10.00 | Safe Haven Group | | |
| 12 Steps to Growth Group | 120.00 | 120.00 | I.D.A.A. | | 154.00 | Saturday Night Fever Group | | |
| 2250 Group | | | In the Middle Group | | | Saturday Night Live Group | | |
| A.A. 101 Group | 60.00 | 190.00 | Intergrupo Hispano de Tampa | | | SCC Steps to Sobriety | | |
| A.A. 102 Group | | 79.00 | Into Action Group | | 60.00 | Serenity Sisters Group | | |
| All Groups-- | | | It's in the Book Men's Group | | 102.00 | Sincerity Group | | |
| Alpha Group | 40.00 | 200.00 | Just What I Wanted Big Book | | | Sisters In Sobriety Group (W) | | |
| Anniversary Dinner 2009 | | 2109.00 | Keep It Simple/Pass It On R. | 357.50 | 742.92 | Sober At 7 Group | 81.00 | 166.00 |
| Annual Housecleaning Retreat | | 100.00 | Keep It Simple - YANA | | | Sober on Saturday Group | 234.50 | 392.00 |
| Annual Spring House Retreat | 100.00 | 100.00 | Keeping It Simple Group | | | Sober Spirits Group | 75.00 | 75.00 |
| Anonymous Donations | 1.00 | 169.05 | Keystone Group | | 361.73 | SOBERSTOCK | | |
| As Bill Sees It Mens -Odessa | | 400.00 | Kingsway Group | | | Sober on Sunday Group | | |
| Attitude of Gratitude Group | 100.00 | 500.00 | Lake Magdalene Group | | | Sobriety Group | | 11.62 |
| Back to Basics Group - Tampa | | | Life Enrichment Group | | | Sobriety at Sunrise | 7.53 | 217.53 |
| Back to Basics Grp. PlantCity | | | Little Red Book Group | | 75.00 | Softball Tournament / CO | 182.95 | 1082.95 |
| Barracks Brigade Group | | 25.00 | Live and Let Live Group | 156.16 | 195.38 | Solutions Group | 463.57 | 2228.66 |
| Bayshore Back to Basics | | 638.00 | Living in the Solution Group | | 500.00 | Southshore Men's Meeting | | |
| Bel-Mar Group | 304.00 | 304.00 | MacDill Group | | | Southside Men's Group | | |
| Beginners Step Group | | 50.00 | Mainely Sober Group - Zhills | 230.00 | 233.73 | Southside Men's Group # 2 | | |
| Bill D's Group | | 260.00 | Mapledale Group | | 130.00 | Speaker Meeting (Our Club) | | 40.00 |
| BIRTHDAY PLAN | 24.00 | 112.00 | Mid Day Matinee Group | | 1300.00 | Speaker Sisters in Sobriety | | |
| Brandon Men's Blackbelt Mt. | | | Monday Nite Madness 3333 | 225.00 | 473.00 | Spiritual Growth Group | | |
| Brandon Sat. Night Group | | | Morning Express Group | | 200.89 | Spiritual Progress Goup | | 195.00 |
| Brandon Tues. Big Book Grp | | | Morning Group - Zephyrhills | | 100.00 | Step at a Time Group | | 260.00 |
| Brandon Young @ Heart | | | Morning Miracles Group | 253.53 | 583.26 | Step Sisters in Sobriety | 80.00 | 130.00 |
| Bring Your Own Big Book Gp. | | | Mustard Seed Group | | 39.82 | Stepping Stones Group (w) | | 60.00 |
| By The Book Group | | | New Beginnings - Brandon | | 195.00 | Sulphur Springs - Disbanded | | |
| Came To Believe Group | | 325.00 | New Beginnings-(Joes Club) | 130.81 | 315.81 | Sun City Center Group | | 150.00 |
| Cardinal Group - Odessa | | | Newcomers Group (Joe's Club) | | | Sunday Speakers - 3333 | 60.00 | 300.00 |
| Carrollwood Group | | | New Day Group | | 314.00 | Sunshine Group | | 585.00 |
| Carrollwood NS Group | | | New Way Women's Group | | | Sunrise Meeting Our Club | | |
| Challenge of Living Sober | 100.00 | 150.00 | Nightly Newcomers Group | | 10.00 | SWAMP Group (w) | | |
| Clair-Mel Positive Thinkers Gp. | | | Noon AA Meeting Brandon | | | Tampa Bay Fall Roundup | | |
| Clean Air Group (301) | | | Noon Big Book Group-The Club | | | Tampa Bay Young Peoples | | 623.08 |
| Design for Living Grp - Joe's | | 50.00 | Nooners Group | | 49.85 | Tampa Palms Big Book | | 124.00 |
| Dover AA Group | | 53.05 | Noontime Celebration Group | | 845.00 | Temple Terrace Men's Group | | |
| Druid Hills Group | | | North Tampa Young & Restless | | | TGIS Women's Group | | |
| Early Risers Group - Joe's | | 194.33 | Northdale Group | | 130.00 | Thank God It's Friday | | |
| Expect a Miracle Group | | 150.00 | Odessa Group | | 269.43 | The Meeting Place Group | | 25.00 |
| FCYPAA Convention | | 304.53 | Old School Group | 400.00 | 1400.00 | There is a Solution Conference | | |
| Fireside Meeting | | 200.00 | Oldtimer's Group - Joe's Club | | | Thurs. AM Discusion Group | | 9.39 |
| Freedom in Sobriety Group | | | On the Way Home -Tampa 5:30 | | 601.90 | Town & Country Step Group | | |
| Friday Women's Friendship | | | One Day at a Time Group | | 150.00 | Town & Country Wed. Group | 200.00 | 200.00 |
| Gifts of Sobriety Group | | 336.00 | Open Air Group - Gazebo | | | Tuesday Night Big Book | | |
| Good Start Group - YANA | | 286.28 | Palma Ceia Group | | | Tuesday Serenity Group | | |
| Grupo Alegria de Vivir | | | Palma Ceia 12 Step Group | | | Turning Point Group -Z-Hills | | |
| Grupo Latino Sobriedad | 15.00 | 15.00 | Palma Ceia Big Book Study | | 200.00 | Uptowners Group | | |
| Grupo Hispano Salvacion | | | Pass It On Group - Plant City | | | Uptown/Downtown Group | | |
| Grupo Mano Amiga | | | Pilgrim Group - St Leo's Univ. | | | Valrico Fri. Morning Group | 106.00 | 113.00 |
| Grupo Poco a Poco | | 15.00 | Plank Owners Group | 100.00 | 280.00 | Valrico/Brandon Wed. Night Group | | 52.93 |
| Grupo Una Dia Ala Vez. (PC) | | | Red Chip Day Donation | | | Village 12 Step Group | | |
| Grupo Una Luz Enmicamino | | 5.00 | Red Door Group | | | Wed.NightStep Wksp Joe's | | 50.00 |
| Happy Hour Group - YANA | | | Reflections Group - 3333 | | | Wednesday Night Women's Gp. | | |
| Happy Hour Mtg.- Apollo Beach | | | Reflections Group-Lake Mag | | 130.00 | Weedpatch Group | | 85.00 |
| Harbor Lights Group | | | Riverside Group | 475.00 | 475.00 | Wellspring Group | | |
| Helping Hands Gp.-Plant City | | 50.00 | Riverview Sisterhood in Sobriety | | 58.00 | Wesley Chapel Group | | |
| Hide-A-Way Group | | | Rush Hour Serenity Group | | 535.93 | West Side Winners Group | | 50.00 |
| | | | | | | With Room to Grow Group | | |
| | | | | | | Women's Friendship Group | | 284.45 |
| | | | | | | Women's Perspective Conf | | 801.45 |
| | | | | | | Zephyrhills Big Book | | 150.00 |
| TOTAL | 864.00 | | TOTAL | 2528.00 | | TOTAL | 1,490.55 | |
| | YTD | 7,640.24 | | YTD | 11621.65 | | YTD | 8462.06 |
| | | | | | | Grand Total for Month | 4,882.55 | |
| | | | | | | Grand Total for Year | | 27723.95 |