



# Tri-County Central Office News

If nobody does the group's chores, if the area's telephone rings unanswered, if we do not reply to our mail, then AA as we know it would stop. Our communications lines with those who need our help would be broken.

A Monthly Newsletter of the Tri-County Central Office, Inc.  
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July, 2019

## THE NECESSITY FOR CHANGE

After a sustained period of sobriety, as I began to feel comfortable in a new way of life, I felt that I must work to make it that—a new way of life. During the early period of sobriety one has an unfamiliar sense of self-awareness and self-esteem. It seems that the sobriety which led to this inner feeling is the key to all problems. We fail to realize that our personalities remain intact. We do not examine questionable actions, and tend to excuse them. We feel self-righteous because we are “sober,” and miss the point that a sober alcoholic possesses the habitual compulsions and obsessive drives and can even conceivably cause infinitely more harm to more people when drinking. My experience with sobriety suggested to me that until I consciously changed my reactions to situations and changed my feelings and outlook as much as possible, I could not be at ease and happy in my sobriety. Certainly it is obvious that there must have been something seriously wrong with what we were thinking and therefore doing, if we had to escape from ourselves through alcohol. If we realize this and want our lives to be different, we must begin to search deeply within ourselves and, with sober contemplation of our former lives, realize that a profound change is a necessity. Every previous activity must be appraised and new values established. The experience of having been a compulsive drinker ought in itself point out the need for a basic change of personality. The pain and humiliation which accompanies alcoholism should be a shattering enough trial to make us re-examine all of our ideas and values. Not to do so makes sobriety, in my opinion, far less meaningful. I understood very well the quotation; “Revenge is sweetest served cold.” I used to carry mine until it was pure ice. My hate, rage and resentment, injurious as it might be to others, harmed *me* most of all. I found it essential to sobriety to get rid of all corroding impulses. A hard lesson to learn—I had so many years of studious application in perfecting those subjects. I recall my voice rising in argument and remember myself shaking with rage with my heart starting to pound, but I was unable to remember later what it was all about. The generosity, even profligacy, of alcoholics is well known—when we were drunk, that is. During the non-drunk periods, however, we became miserly. (Got to be sure to have enough for one more bottle. The last one, of course.) Being liberal with money can be a sign of generosity, but to give of oneself unasked is the attainment I would like to be able to reach. I still occasionally raise my voice in argument, minus the anger and palpitations and I manage to stick to the subject under discussion. I believe that the religious among us would call this a spiritual awakening, and others use the psychiatric term, conversion. The principles I apply to my sobriety can, I suppose, be called humanistic, and I am convinced that the latitude encouraged in AA for individual interpretation of the broadly stated Twelve Steps gives the program its continuing vitality. I see my thoughts and actions for change as a conscious effort to be a different,

Go to Page 3

## PRACTICE THESE PRINCIPLES

All of us have known at times famous people either personally or through reading about them. Always there have been the very few of every field of endeavor who have “mastered” their work or art or sport. And it is precisely this “mastery” that makes them stand out above all others in their chosen field. All of us too, have had the experience of realizing that some such artist, or musician, or sport figure has suddenly faded from the spotlight and has been relegated back again to the ranks of the mediocre or even into oblivion. It is then that we ask ourselves, why? What happened to cause them to fall from fame? It was one such great violinist who gave insight into what was behind these “failures” when he made the following statement: “If I fail to **PRACTICE** one day, I shall notice the difference in my playing; if I fail to practice two days, my family will notice the difference in my playing; if I fail to practice three days, my public will notice the difference in my playing.” Why such failures? What happened? They quit **PRACTICING**. They either gradually or suddenly discontinued that constant repetition that made them masters, and which was necessary to maintain the mastery once acquired. “Repeat and repeat and repeat, day in and day out, hour in and hour out and if necessary, minute in and minute out.” The above fact was behind the seemingly endless and, to us, foolish repetitions of our school lessons. It is the reason behind the success of the few who achieve the “top” in any profession. It is behind those very, very few who **STAY** at the “top”—who remain “masters” in their field of endeavor. And do you know something? It is that same almost startling truth that is behind those who achieve and maintain **mastery** in A.A.—not masters of drinking, but masters of sobriety—which means maintaining complete, total sobriety under every circumstance and in any and every situation. It is the truth behind those few in A.A. who achieve and maintain serenity and happiness and peace of mind in spite of the changing vicissitudes of life and in the face of any and all obstacles. It is the truth behind many who have now gone from A.A. through the portal of death—sober and happy, and courageously meeting their final curtain call. Not necessarily perfection; but mastery. And do you know something else? It is also the above truth that is the missing factor in all of those A.A.’s who were sober or at least “dry” for awhile, or for a few years, or even for many years and who then suddenly “slipped” into the oblivion of drinking again. What happened? Why do A.A.’s slip? Why does the old-timer in A.A. often disappear from our ranks? All of these questions can be answered by the same answer—the same identical truth: **THEY QUIT PRACTICING**. They “learned” A.A.; they “learned” the twelve steps; they “learned” all about alcoholism and the alcoholic. But they **QUIT PRACTICING ALL THOSE THINGS THEY LEARNED**. They seemed to have forgotten that all Twelve Steps are necessary for obtaining sobriety and happiness; and that **all** of the **TWELFTH STEP** is necessary for **MAINTAINING SOBRIETY AND HAPPINESS**—for

Go to Page 3

**District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties**

**CONTACT---(877) AATAMPA or (877) 228-2672**

**Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.) Please use the sign-out sheet when obtaining materials.**

Allan D. opened the meeting with the Serenity Prayer  
 Jim S. presented the minutes from May, motion to approve group accepted.  
 Scott S. presented the treasurers report for the month of May, motion to approve, committee accepted.  
 Buddy H. reported all is going well at Hillsborough County Jails - men's division  
 Sara R. reported all is going well at Hillsborough County Jails – women's division, with the exemption of Sundays meeting is in conflict with a new meeting the Chaplin has started. Sara is working with the Admin. to work on changing time of the AA meeting.  
 Tom F. reported 1 call to the Bridging the Gap number.  
 Detox and treatment center coordinator Ed. D reported updated meeting schedule is on the website TBAIC.org. Vacancy for new meeting at Tampa Bay Behavioral Health has been filled. (formally St. Josephs Mental Health) The new meeting is on Thursdays at 1 pm  
 Ruth N reported all is going well at Pasco County Jail for women. Working with the Admin. to try and schedule an afternoon meeting for inmates. Welcome back Ruth.  
 Tom F. reported all is going well at the East Pasco Men's State Prison. AA members that are incarcerated are starting to do 5<sup>th</sup> steps with AA volunteers.

**New Business:** Vacancy for Women's Bridging the Gap has been filled by Julie L. Thursday's meeting at Juvenile center has been filled No calls for the last 3 weeks for the Man on The Bed Program at TGH. Steps to Freedom will not be having the annual Halloween Party this year. The Steps committee does not have any volunteers. Hillsborough County is interested in TBAIC bringing in a meeting on a weekly basis to Juvenile Sex Offenders. Volunteers would be subject to background check. Committee would like more information before voting on starting a meeting. Zephyrhills Prison AA members who are incarnated at East Pasco County Prison are interested in registering their group, The Broken Bottle Group, with GSO in New York. Group approved for talks with District and Area for a vote by proxy at further assemblies. Carl L. from district 15 attended our meeting asking for help with AA Literature, for a new recovery pod starting at Pasco County Men's Jail. TBAIC committee approved to give 75 12+12's. to District 15. Sara R requested a case each of Daily Reflections and Came to Believe books for the women at Hillsborough County Jails. Group approved Meeting at Brandon Regional Hospital has a new time on Sunday. 9-10 am.

<b>YTD Contributions to TBAIC</b>	<b>\$ 12,657.69</b>
<b>Pink Can Balance 12/31/17</b>	<b>\$ 7,546.15</b>
<b>YTD Money Spent on Literature</b>	<b>\$ 11,135.54</b>
<b>YTD Expenses</b>	<b>\$ 1,211.66</b>
<b>Pink Can Balance 8/11/18</b>	<b>\$ 7,856.64</b>

**Our Next Committee Meeting**  
**July 13th, 2019 9:30 AM** on at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

**Pink Can Drive**  
 Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!  
**TBAIC, PO Box 26242, Tampa FL 33623**

**Thank you to those groups who have sent in a donation last Month:**

**TBAIC Contributions (May 12th - June 8th): AA 101 - \$103.00, As Bill Sees It Monday Mens Group (Odessa) - \$100.00, Brandon Big Book Step Study Group - \$50.00, Came To Believe Group - \$25.00, Cardinal Group - \$36.00, High Nooner's Group (Plant City) - \$61.50, Keep It Simple, Pass It On Group - \$94.55, Meeting Place (Land O Lakes) - \$398.82, Morning Meditation Group - \$93.00, New Beginnings Group-Our Club - \$49.03, Nooner's Group - \$34.17, On the Way Home Group - \$106.00, Ruskin Fellowship - \$55.25, Soberstock - \$2,500.00, Softball Tournament - \$135.00, Sunshine Group - \$115.50, Wellsprings Recovery Group - \$88.20.**

**TBAIC 2017 - 2018 Committee Members**  
**CONTACT---(877) AATAMPA or (877) 228-2672**

Position	Name
Chair	Allan D.
Chair (Alt.)	Ruth N.
Treasurer	Scott S.
Treasurer (Alt.)	Open
Secretary	Jim S.
Secretary (Alt.)	Nancy B.
Hills Jails	Open
Hillsborough County Jail	Buddy H.
Hills Women's Jails	Sara R.
Detox & Treatment	Scott R.
E. Pasco Jail-Women's	Ruth N.
E. Pasco Prison	Chris D.
Women's Bridge the Gap	Amanda L.
Men's Bridge the Gap	Tom F.
Pre-release	Open
Juvenile	Open

**THE NECESSITY FOR CHANGE** from page one

better human being. Being a better human means to me giving up the striving to “get ahead.” (After all, if I get ahead, someone must be behind.) It means giving up the kind of ambition that hopes to be satisfied by acquisition but never is; curbing infantile attitudes and developing a tolerance which does not mean to “tolerate” but that one recognizes differences of all kinds, according them the dignity of true acceptance. It means beginning to love one’s self and thus learn to love one’s neighbor better. And also to do nothing to another that I would not have done to myself. I concede that the practicality of these ideas can be challenged but I maintain that they are worth-while ideals for which to strive in the struggle for the basic change which I feel must accompany sobriety. Just as we sincerely wanted sobriety when we came to AA and got it with enough wanting, we may be able to change. With enough wanting, we may become different.

Reprint Permission/AA Grapevine/ 1963

**PRACTICE THESE PRINCIPLES** Continued from page one

**RETAINING** the **MASTERY IN SOBRIETY**. They never learned, or they forgot, or they never accepted the truth that to **“PRACTICE THESE PRINCIPLES IN ALL OF OUR AFFAIRS”** means to **REPEAT AND REPEAT AND REPEAT—DAY IN AND DAY OUT, HOUR IN AND HOUR OUT**, and, if necessary, **MINUTE IN AND MINUTE OUT** those **PRINCIPLES** we learned in A.A. in **ALL OF OUR AFFAIRS**, i.e., in **EVERY** area of living:

- In our home life.**
- In our social life.**
- In our business life.**
- In our financial life.**
- In our spiritual life.**
- In our emotional life.**
- In our physical life.**
- In our thought life.**
- In our A.A. life.**

All slippers. All unhappy people in A.A., all unhappy people—period, have never begun to, or have not continued to apply, the most important part of the whole program for continued sobriety and happiness:

**“TO PRACTICE THESE PRINCIPLES IN ALL OF OUR AFFAIRS”**

Reprinted from “Sobriety and Beyond” by Father John Doe  
First Roman Catholic Priest to enter Alcoholics Anonymous  
on November 10th, 1941

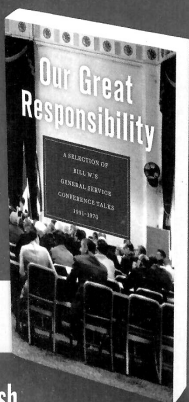
**If you observe a really happy man you will find him building a boat, writing a symphony, educating his son, growing double dahlias in his garden, or looking for dinosaur eggs in the Gobi desert. He will not be searching for happiness as if it were a collar stud that has rolled under the wardrobe. He will not be striving for it as a goal in itself. He will have become aware that he is happy in the course of living life twenty-four crowded hours of the day.** ☺👏

**FOUNDER’S DAY EVENT 2019 TAMPA, FL**

Tri-County Central Office held it’s annual Founder’s Day Event June 8th, 2019 at Christ the King Church. A little over one hundred enthusiastic A.A. members attended the event. This was a free event put on by Tri-County Central Office as our way of celebrating the sobriety of our past and present members and saying thank you to all of you who support the Central Office. It was a pot-luck luncheon so we had an array of scrupulous home-made and store-bought foods with plenty of desserts to go around. Everyone had plenty to eat and drink, all due to those who were grateful and thoughtful enough to donate their time and energy to make sure no one went hungry. Luckily we had plenty of carry-out trays so nothing really got thrown away. Our Ask it Basket panel of Old-Timers and some Younger-Timers was a great selection, giving out their past and present experiences of what it was like, what happened and what it’s like now. Our panel was **Al B.** (7-15-88), Thursday Night Big Book Group, **Tom F.** (10-19-81) Keystone Group, **Brian M.** (10-29-83) My Turn Group, **Leslie R.** (10-10-83) Keep it Simple/Pass it On Group, **Barbara P.** (06-05-78) Wednesday Morning Ladies Group, **Patti L.** (02-08-77) Midday Matinee Group, and **Neil S.** (01-30-72) It’s in the Book Group. We also had a 50/50 raffle and the Sobriety Countdown. The winner of the 50/50 raffle, a member from the Meeting Place Group was gracious enough to donate her winnings to Central Office. All the Committees formed from our Central Office Rep’s did a great job making sure everyone was comfortable and everything went off without any real problems. All in all, it was a great experience, I think, for all that attended. We also want to give a shout-out to Rod Q. who Chaired the meeting. He did a great job keeping everything moving right along. Thanks Rod!!! Get ready for next year!!! ☺👏

Announcing publication of...

# Our Great Responsibility



A Selection of Bill W.’s  
General Service Conference Talks, 1951 – 1970

**Timeless and timely, these 16 talks give fresh perspectives on the A.A. Fellowship in our co-founder’s own words.**

- ❖ 270 pages, softcover with over 60 black-and-white and color images
- ❖ Derived from original audio recordings
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THIS BOOK IS AVAILBLE AT THE CENTRAL OFFICE  
ALSO NEW SERVICE MANUALS  
REGULAR SIZE & LARGE PRINT

**June 11th, 2019** the Central Office Representatives met:  
**COUNCIL MEMBERS REPRESENTING GROUP**

**NOTES FROM INSIDE THE CENTRAL OFFICE**

**June 11th, 2019** the Board of Directors for Central Office

BOARD MEMBERS		REPRESENTING GROUP
AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK
BRIAN L.	ALTERNATE	BARRACKS BRIGADE GROUP
OPEN	TREASURER	
MICHELE S.	BOARD MEMBER	SAFE,SANE & SOBER GROUP
ROD Q.	BOARD MEMBER	SOBER ON SATURDAY GROUP
Unexcused	BOARD MEMBER	TGIS GROUP
Excused	BOARD MEMBER	THURSDAY BIG BOOK GROUP
KATHIE N.	BOARD MEMBER	SOBRENITY GROUP
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	

JULIE H.	THE MEETING PLACE GROUP
MARK K.	TAMPA YPG
FRANK L.	TURNING POINT GROUP
NANCY R.	BARRACKS BRIGADE GROUP
KATHIE P.	SISTERS IN SOBRIETY GROUP
BETTY E.	SOBER @ 7 GROUP
GINA M.	LITTLE HARBOR GRAPEVINE BEACH
BETH S.	DISTRICT 2 LIAISON
JEFF H.	IT'S IN THE BOOK GROUP
MIKE J.	KEEP IT SIMPLE MEN'S GROUP
MICHAEL R.	VILLAGE 12 STEP GROUP
CRAIG O.	THE PROMISES GROUP
AMANDA L.	SOBRENITY GROUP
JON K.	OLD SCHOOL GROUP

Al then opened the meeting in the usual matter with a moment of silence followed by the Serenity Prayer. He asked everyone if they had signed in and to turn down their cell phones. **Secretary Report:** Michelle read the May minutes. There were no questions, a motion to accept was made and approved. **Treasurers Report:** Tim presented the Treasurers report for May . Contributions in May totaled \$5,774.82. This accounts for what 28 Groups or individuals in our area have contributed in May. Included we also received \$1200.00 from the SoberStock event and \$134.00 from three AA members for the Birthday Club. Our total income for May was \$12,189.72. Our Total Cost of Goods Sold was \$4,759.81. Subtracting the Total Cost of Goods Sold from our May income left us with a Gross Profit of \$7,429.91. Our Total Expenses for May were \$ 7,980.90. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus—\$550.99 for the month of May. We are now, at the end of May \$5,647.76 to the good for the year. There were no questions. A motion to accept was made, seconded and approved. **Old Business:** Tim went over results from the Founders Day event. After all cash received from the event was subtracted from all expenses...we paid a little over 411.00 for a really nice party. It's all good. **New Business:** Brian asked about election for a new Treasurer. No one wanted to do it at this time. Kathie talked about being a Board member and service work. Al talked about his old sponsor getting him into service work. Lot's of lively chit-chat followed.....**Announcements:** **Council Meeting:** Board Members present : Al B. Chairperson, Brian L Vice-Chair., Michele S., Rod Q., & Kathie N. Al opened the meeting with a moment of silence followed by the Serenity Prayer followed by asking everyone to turn down their cell phones. New Council Member was Gina M. from the Little Harbor Grapevine Beach Group. **Office Managers Report:** Betty read the May Office Managers Report. There were no other questions. Motion to approve was seconded and approved. **Secretary Report:** Kathie read the May Secretary Report. There were no questions. Motion to approve was seconded and approved **Treasurers Report:** Tim presented the Treasurers report for May. Contributions in May totaled \$5,774.82. This accounts for what 28 Groups or individuals in our area have contributed in May. Included we also received \$1200.00 from the SoberStock event and \$134.00 from three AA members for the Birthday Club. Our total income for May was \$12,189.72. Our Total Cost of Goods Sold was \$4,759.81. Subtracting the Total Cost of Goods Sold from our May income left us with a Gross Profit of \$7,429.91. Our Total Expenses for May

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**33rd ANNUAL TAMPA BAY FALL ROUNDUP**  
LABOR DAY WEEKEND  
Friday, August 30, 2019 to Monday, September 2, 2019  
"Remarkable Things Will Happen"



**EMBASSY SUITES - SUF**  
3705 Spectrum Blvd, Tampa, FL 33612  
813-977-7066  
\$134 (1-4 guests)

Each spacious two room suite has a private living room w/sleeper sofa, microwave, refrigerator & coffee maker. Includes complimentary fully cooked breakfast buffet & manager's evening reception daily. Call 1-800-EMBASSY for reservations (use the Group Code TBA) or register online at [https://embassysuites.hilton.com/en/es/groups/personalized/T/T/PAPRES-TBA-20190830/index.html?WT.mc\\_id=POG](https://embassysuites.hilton.com/en/es/groups/personalized/T/T/PAPRES-TBA-20190830/index.html?WT.mc_id=POG)  
You must use the Group Code "TBA" for the special group

**AA Speakers**  
Cathy C. - TAMPA, FL  
Ron B. - BREVARD, FL  
TAMMY Z. - HOUSTON, TX  
CINDY M. - LOUISVILLE, KY  
LOW G. - OKLAHOMA CITY, OK  
DAVEY B. - HOUSTON, TX  
MARY T. - NEW MEXICO  
HOLLY D. - JACKSONVILLE, FL  
CUP G. - OKLAHOMA CITY, OK  
JOHNNY T. - LAWRY, FL

**AA & AFG MEETINGS**  
AA Movies All Weekend  
Elder  
10pm BINGO & PIZZA  
Saturday  
7am SK Walk/Run\*  
6:30pm Banquet \*  
10pm -12am Dance  
Sunday  
4:30pm Karaoke  
5:00pm Dinner Buffet \*  
10 pm - Talent Show  
Sign up on the website now

REGISTER & BOOK YOUR ROOM NOW, to be eligible for a drawing to win 1 FREE COMPLETE REGISTRATION PACKAGE THAT INCLUDES A 1 NIGHT COMPLIMENTARY STAY AT THE EMBASSY SUITES HOTEL, USE & ADMISSION FOR 4, TO BURCH GARDENS. BE SURE TO INCLUDE YOUR RESERVATION NUMBER BELOW. DRAWING WILL BE HELD ON FRIDAY NIGHT AT 8PM.  
REGISTER ONLINE AT [WWW.TAMPABAYFALLROUNDUP.COM](http://WWW.TAMPABAYFALLROUNDUP.COM)

Full Name 1	Sobriety/Serenity Date (circle one)	Full Name 2
Full Name 2	Sobriety/Serenity Date (circle one)	Address:
Address:	Phone Number (required for credit card payment)	City, St, Zip
City, St, Zip	Email address	Name Tag 1
Name Tag 1	Home Group	Name Tag 2
Name Tag 2	Home Group	

	Qty.	Cost	Total	PRE-REGISTRATION	POSTMARK DEADLINE IS 9/24/2019	
Registration	#	\$30. ea.	\$			
Walk/Run Event T-shirt included- choose size	#	\$20. ea.	\$	Name 1	S, M, L, XL, XXL	Name 2 S, M, L, XL, XXL
Friday Night Ice Cream Social	#	\$ 10. ea.	\$			
Saturday Banquet Please Choose Meal Type	#	\$40. ea.	\$	Name 1	Beef,Chicken,Ve g (circle one)	Name 2 Beef,Chicken,Veg (circle one)
Sunday Afternoon Buffet (Indicate size)	1 PER REG	\$25. ea	\$			
Purchase credits - \$20.00	1 PER REG	\$15. ea	\$	Name 1	S, M, L, XL, XXL	Name 2 S, M, L, XL, XXL
ADD service fee ONLY if dining by credit card	#	\$2.50	\$			
SCHOLARSHIP DONATION	Ant	\$	\$			
NO REFUNDS TRANSFERS ONLY	TOTAL	\$	\$	CHECK #	VISA	MASTERCARD
				EXP DATE:	3 DIGIT CODE	

DID YOU BOOK A ROOM AT THE EMBASSY SUITES USE HOTEL? YES NO RESERVATION #

Gene Luker (813) 205-7663 or G.Luker@verizon.net  
Sue Zimmerman (813) 601-3113 or szz211@verizon.net

Remit Payment to: Tampa Bay Fall Roundup  
P.O. Box 262545  
Tampa, FL 33685-2545

**ANNIVERSARY TIME**

**It Works-It Really Does—Ask them how they did it!!!**

GROUP	Honors To	Date	Years
CENTRAL OFFICE CHAIR	AL B.	07/15/88	31 YRS
CENTRAL OFFICE MANAGER	TIMOTHY S.	07/04/88	31 YRS
HIGH-NOONERS GROUP	TRAVIS J.	07/15/18	1 YR
MID DAY MATINEE GROUP	LOUEITA H.	07/18/91	28 YRS
JUST WHAT I WANTED	SILVIA H.	07/21/08	11 YRS
JUST WHAT I WANTED	MICHELLE G.	07/04/08	11 YRS
JUST WHAT I WANTED	JACKIE W.	07/03/87	32 YRS
CAME TO BELIEVE GROUP	CHARLES D.	07/02/03	16 YRS
CAME TO BELIEVE GROUP	JANIE M.	07/27/81	38 YRS
RIVERSIDE GROUP	MORGAN	07/24/05	14 YRS
RIVERSIDE GROUP	MATT M.	07/19/05	14 YRS
RIVERSIDE GROUP	MARK V.	07/09/91	28 YRS
RIVERSIDE GROUP	CARLTON P.	07/01/83	36 YRS
RIVERSIDE GROUP	LARRY P.	07/08/80	39 YRS
KEYSTONE GROUP	KEN S.	07/01/14	5 YRS
KEYSTONE GROUP	AL D.	07/19/14	5 YRS
RUSH HOUR SERENITY	LARRY B.	07/21/86	33 YRS
MUSTARD SEED GROUP	KITTY W.	07/14/08	11 YRS
IT'S IN THE BOOK GROUP	WARD H.	07/16/92	27 YRS
SOBER @ 7 GROUP	ANDY S.	07/06/17	2 YRS
SOBER @ 7 GROUP	DIANE S.	07/11/16	3 YRS
SOBER @ 7 GROUP	HELEN A.	07/19/09	10 YRS
SOBER @ 7 GROUP	CARLOS M.	07/05/00	19 YRS
SOBER @ 7 GROUP	SAM F.	07/19/86	33 YRS
FRIDAY FRIENDSHIP WOMEN	DIANE B.	07/24/14	5 YRS
FRIDAY FRIENDSHIP WOMEN	SUE D.	07/16/17	2 YRS
FRIDAY FRIENDSHIP WOMEN	DOLORES E.	07/04/07	12 YRS
FRIDAY FRIENDSHIP WOMEN	PATTI H.	07/21/06	13 YRS
FRIDAY FRIENDSHIP WOMEN	ANNETTE J.	07/20/02	17 YRS
FRIDAY FRIENDSHIP WOMEN	LEANNE M.	07/22/00	19 YRS

**A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE  
 ONE DOLLAR FOR EACH YEAR OF SOBRIETY**

Home Group	Honors To	Date	Years
	ANNE	10/10	9 YRS \$50.00
MIDDAY MATINEE	LOUEITA H.	07/18/91	28 YRS
WESLEY CHAPEL GROUP	DAVE F.	7/19/85	34 YRS

**SELF-SUPPORT-June , 2019**

© Today in June of 2019 we have 223 Groups with 536 meetings a week. Contributions in June totaled \$4,180.13. This accounts for what 34 Groups or individuals in our area have contributed in June. Included we also received \$112.00 from three AA members for the Birthday Club, \$105.00 from the Founders Day 7th Tradition Basket, \$294.00 from the Founders Day 50/50 Raffle and \$40.00 from the Old School Group to help pay for supplies for the Founders Day Event.. Our total income for June was \$8,333.91. Our Total Cost of Goods Sold was \$3009.16. Subtracting the Total Cost of Goods Sold from our June income left us with a Gross Profit of \$5,324.75. Our Total Expenses for June were \$ 8,571.01. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus—\$3,246.26 for the month of June. We are now, at the end of June \$2,445.48 to the good for the year. But as they say in the rooms of AA “this too shall past.” No matter *how good or bad* it may appear that we are doing from one month to another, it takes your consistent contributions to keep us operating on a steady level. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we continue to try and strive to keep up with the demand. That is only possible with your continued support . Thank you for all of your support !!!  
**Support your Central Office.**

*Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members. Thanks to everyone for your continued support!!  
 Become a part of Central Office....volunteer to be a Central Office Representative for your Home Group.*

**WE CONTINUE TO NEED 12 STEPPERS!!!**  
 Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out.

**Email: aainfo@aatampa-area.org  
 813-933-9123**

**Do You Have A Subscription To Our Newsletter  
 "Tri-County Central Office News " ? Why Not???-  
 For \$7.00 You Will Receive  
 12 Issues. The "NEWS"  
 Is One Of The Few Ways Central Office Can Reach Our  
 Individual Member's.  
 PLEASE HELP SUPPORT YOUR NEWSLETTER**

**MORE NEWS AROUND THE TOWN & THE AREA**



**SOUTH FLORIDA AREA 15  
 GENERAL SERVICE ASSEMBLY  
 JULY 5-7, 2019**

Hosted by District 2 Hillsborough & East Pasco Counties, Florida  
 Registration Friday 4:00 PM - 8:30 PM, Saturday 8:00 AM - 8:30 PM, Sunday 7:00 AM

\*Spanish Language Interpreter provided; \*\* ASL Interpreter Provided (if requested); \*\*\*ASL (if requested) and Spanish Language Interpreter Provided. Arrangements for Accessibilities accommodations at any meeting, workshop, hotel room with wheelchair access or interpreter for the hearing impaired for the Sunday morning business meeting can be made by contacting the Area Accessibilities Chair at [accessibilities@area15aa.org](mailto:accessibilities@area15aa.org) by 6/30/19.

**SATURDAY NIGHT BANQUET**

No. of Citrus Chicken \_\_\_\_\_  
 No. of Meat Lasagna \_\_\_\_\_  
 No. of Vegetarian/ \_\_\_\_\_  
 Vegan Mediterranean Stew \_\_\_\_\_  
 Total Tickets @ \$45 each \_\_\_\_\_  
 Total Amount Enclosed \_\_\_\_\_

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Cell Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 District \_\_\_\_\_  
 Guests with Special Dietary Needs (state needs): \_\_\_\_\_

Payments Due By June 18, 2019.  
 Make Checks Payable to District 2 and  
 Mail in (with coupon) to:  
 District 2 Treasurer, PO Box 20623, Tampa, FL 33622  
 Tickets Also Available Online at [www.aatampa.org](http://www.aatampa.org)  
 QUESTIONS? Please contact Banquet Chair at:  
[july2019rocketedbanquet@gmail.com](mailto:july2019rocketedbanquet@gmail.com)

**Marriott Tampa Airport**  
 4200 George J. Bean Parkway, Tampa, Florida 33607

**Hotel Room Reservations:**  
 Call (800) 564-3440  
 Room Rate: \$114.00 per night + tax; Parking: \$6 per day  
 Reference: "South Florida General Service Conference"  
**HOTEL RESERVATIONS OPEN ON APRIL 8, 2019 @ 12PM AND  
 MUST BE RECEIVED BY JUNE 14, 2019**

For hotel room cancellations OR to be placed  
 on a hotel room wait list, please contact:  
 Quarterly Hotel Liaison, at:  
[hotelinfo@area15aa.org](mailto:hotelinfo@area15aa.org)

Directions from South: Take I-275 North to Exit 39 for FL-60 W  
 toward FL-589 Clearwater/Tampa Airport,  
 Keep right to continue on George J. Bean Pkwy,  
 follow signs to Marriott Tampa Airport.

QUESTIONS? Please contact  
 Quarterly Assembly Chair, at:  
[jballivkingfan@gmail.com](mailto:jballivkingfan@gmail.com), 970-231-8880 or  
 Quarterly Hotel Liaison, at:  
[hotelinfo@area15aa.org](mailto:hotelinfo@area15aa.org)

**The Promises Meeting  
 9<sup>th</sup> Anniversary Dinner**

*This is a free event*  
 July 21<sup>st</sup> 2019  
 Kings Avenue Baptist Church  
 2602 S. Kings Ave.  
 Brandon, FL 33511

**Dinner starts at 6 p.m.  
 Meeting starts at 7:30 p.m.**

**Guest Speakers:  
 Rick D. & Chris N.**

**Pot Luck**

(Please bring a covered dish to share)  
 Refreshments provided

50/50 RAFFLE

Cake

For Cakewalk information please contact Leslie G. at 813-650-7550 or Robin F. at 973-945-2122.  
 All Cake Walk Proceeds go to Central Office

**24<sup>th</sup> Annual  
 Southeast Woman to Woman Conference**  
*"Secrets Women Don't Share"*

Speakers  
 Workshops  
 Meditation

Entertainment  
 Dancing  
 Raffles

**Her Roots Grasped a New Soil**

**Orlando, FL  
 August 23-25, 2019**

A conference for Alcoholic women with Alanon participation for registrants only!  
 No children allowed at conference events

**Florida Hotel & Conference Center 1500 Sandlake Rd Orlando, FL**

GOOGLE MAPS (800 S. Orange Blossom Trail, Orlando, FL 32809)

Reservations: 407-859-1500 (mention Southeast Woman to Woman) before June 29<sup>th</sup> Rooms reserved for  
 Conference: \$112 + tax per room/per night. Free Parking

CONTACTS: Christine S. 407-694-3109 • Angela S. 321-216-7726 • Lisa H 407-927-4700  
 Email: [Orlando.sew2w.2019@gmail.com](mailto:Orlando.sew2w.2019@gmail.com) / Web: [www.sewomantowoman.org](http://www.sewomantowoman.org)

**11<sup>th</sup> Step Retreat  
 For AA / Al-Anon**

**September 27-29, 2019**  
 DaySpring Conference Center (Map on Reverse)  
 Ellenton, FL

Online Registration: <http://11thstepretreat.org>

Come get away from it all and enjoy the fellowship of an AA / Al-Anon spiritual retreat in peaceful, country surroundings. The retreat will center on God, as we understand Him "The spiritual life is not a theory, we have to live it." (Big Book pg. 83) The discussion will center on Steps 2, 3, 7, 10, 11, & 12, complying with the suggestion of step 10 of AA: "Many of us go in for annual and semi-annual house cleanings. Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation." (12 & 12 pgs. 89, 91)

Sleeping accommodations are air-conditioned, cabin & dorm style with shared bathrooms; 16 comfortable bunk beds per room. We suggest you bring a lawn chair or camp stool for outdoor relaxation and meditation. Also bring your Big Book, 12 & 12, a flashlight, and bug spray is optional. Cost includes meals, coffee, water, and snacks. Smoking permitted ONLY in designated area. The center provides nature trails along the river for reflection and meditation.

**When:** September 27-29, 2019 - Dinner 6 PM Friday to Lunch Sunday Noon

**Cost Per Person:**  
**Bunk:** \$170.00 (Dorm) **Semi-Private:** \$230.00 (Cabin)  
 Money is transferable but not refundable.  
**Deposit:** \$85.00 deposit required for advanced registration. **Balance due by August 15, 2019**

**Make check payable to:  
 11<sup>th</sup> Step Retreat**  
**Send check to: PO BOX 10202  
 St. Petersburg, FL 33733  
 Info Patti Estelle: 727-895-2221**

**For More Information:  
<http://11thstepretreat.org>**

Jennifer A.	Coldwater, MS	727-510-0428
Tom B.	Tampa, FL	813-951-5740
Chris F.	St Petersburg, FL	727-709-4054

Registration Form... Please Print Clearly

Name: \_\_\_\_\_  
 Name on Badge: \_\_\_\_\_  
 Sobriety Date: \_\_\_\_\_ [ ] Are you willing to volunteer?  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State/Zip Code: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Special Needs: \_\_\_\_\_

**Registration Fee**  
 Did you Pre-Register in West Virginia? [ ] YES [ ] NO  
 Registration: \$25 per person (BEFORE-Feb 28, 2019)  
 \$30 per person (Mar 1, 2019 - July 1, 2019)  
 \$35 per person at the door (cash only)

[ ] AA [ ] Al-Anon

[ ] Registration Fee \$ \_\_\_\_\_  
 [ ] Scholarship Donation \$ \_\_\_\_\_  
 [ ] Banquet Ticket (\$50) [ ] Chicken [ ] Beef [ ] Vegetarian  
 Banquet Saturday at 6:30 PM

[ ] SEW2W Mug (\$7.00) \_\_\_\_\_  
 [ ] SEW2W T-Shirt (\$15.00) \_\_\_\_\_  
 [ ] S \_\_\_\_\_ [ ] Med \_\_\_\_\_ [ ] XL \_\_\_\_\_ [ ] 2X \_\_\_\_\_

Total Amount Enclosed: \_\_\_\_\_ **NO REFUNDS**  
 Checks/money orders payable to: SEW2W  
 Mail to: SEW2W, PO Box 1134, Winter Park, FL 32790

**11<sup>th</sup> Step Retreat for AA / Al-Anon  
 September 27-29, 2019**

Please print name clearly and return with deposit or full payment  
 (Circle appropriately) Male / Female AA / Al-Anon

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_ \* Sober/Serenity Date: \_\_\_\_\_  
 \* Over 60: Yes/No \* Snore? Yes/No \* Do You Smoke/Vape? Yes/No

Name your significant other if attending (Room assignments will be separate)  
 Physical Issues: \_\_\_\_\_ Dietary need: \_\_\_\_\_ Payment: \$ \_\_\_\_\_

