

Tri-County Central Office News

Rarely Have We Seen A Person Fail

A Monthly Newsletter of the Tri-County Central Office, Inc. 8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763 Phone: 813-933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

April, 2019

CASE HISTORY

My wife and I made a deal. She would come with me to see a marriage counselor and I would talk to someone about my drinking. Unfortunately, the marriage people were busy for months, while the drug and alcohol people could see me right away. I was assigned to a social worker named Karen, who tried to get me to see the connection between my drinking and all the terrible things that were happening in my life. Karen had this idea that alcohol was the cause of many of my problems. I patiently explained to her that lack of money was the cause of all my problems, and alcohol was only an innocent bystander. This concept seemed beyond her. She also thought the amount l drinking was too much, so I was glad I hadn't told her how much I was really drinking. One day Karen suggested that my wife, Janet, join our next session. This was wonderful. Karen and I would be able to talk some sense into my wife. After years of yelling at me, Janet had become silent and withdrawn. Now Karen would be able to make her understand that I was doing the best I could do. As I drank myself into oblivion that night I was happy that at last we were going to do something about our marriage. The next day I went to work and didn't have my usual beers at lunch because it didn't seem like a good idea to get drunk right before our big meeting. After work I drove to Karen's office and met my wife. There were several areas of our marriage that I wanted to discuss in depth, but the two of them wanted to focus only on my drinking. I remember being surprised at just how angry Janet was. The meeting ended with nothing being accomplished. I suggested that I stop on the way home and pick up a pizza for us. Janet said sure and drove off in her car. There was a beer store up the road, and I thought about pulling in. I had drunk all the alcohol in the house the night before, and after all, cold beer was the only thing to drink with pizza. However, we had just been talking about my drinking, and it didn't seem like a good idea to show up at home with a case of beer under my arm, so I drove on. A few blocks later I passed my favorite liquor store, but didn't seem like a good idea either. I stopped for pizza and soda pop and drove home. That night I went to bed sober. The next day was perfectly ordinary, except that I didn't buy any booze. I guess I wanted to make sure everyone understood that alcohol was not the problem. For the next two weeks it became a challenge to stay sober. I lost my job at the end of my first week of sobriety, but that just made me more stubborn. After twenty years of daily drinking, blacking out sometime after supper and then passing out in the early morning hours, I didn't drink. I had stepped off the treadmill and didn't even realize it. At the end of my second week of sobriety, Janet asked me to leave. I threw some stuff into garbage bags and left in total shock. I drove around for a while in a daze until I saw a cheap motel. I rented a room on my credit card because I had no money. I charged some books and magazines and shivered all weekend. I was terrified that if I had even one drink I wouldn't be able to stop. I was afraid I wouldn't get as Go to Page 3

much money from my card as possible to

Bill W's Letter to a Member Concerning Depression

The following excerpts from a letter of Bill Wilson's was quoted in the memoirs of Tom P., and early California AA member. Tom did not use the name of the person addressed -- perhaps because he was still living. Tom said: Here in part is what Bill Wilson wrote in 1958 to a close friend who shared his problem with depression, describing how Bill himself used St. Francis's prayer steppingstone toward Dear ... I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA ... the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God. How to translate a right mental conviction into a right emotional result and so into easy, happy, and good living ... well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs. Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally. Last autumn, depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect. I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis prayer ... "It is better to comfort than to be comforted." Here was the formula, all right, but why didn't it work? Suddenly I realized what the matter was ... My basic flaw had always been dependence, almost absolute dependence on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came so did my depression. There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and absolute dependencies were cut Reinforced by what grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed upon any set of circumstances whatsoever. Then only could I be free to love as Francis had. Emotional and institutional satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life. Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that as long as I was victimized by false dependencies. For my dependency meant demand... a demand for the possession and control of the people and the conditions surrounding me. This seems to be the primary healing circuit, an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. most clear that the real current can't flow until Go to Page 3

District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

CONTACT——-(877) AATAMPA or (877) 228-2672

Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.) Please use the sign-out sheet when obtaining materials.

Chairperson Amanda L. opened the meeting with the serenity prayer

James S. presented the minutes from the February meeting, Motion to approve, group accepted.

Scott S. presented updated Treasurers report, motion to approve, group accepted

Buddy H. reported all is going well with Men's Hillsborough County Jails.

Sara R. not present

Ruth N. excused for health reason. Susan O. reported Mary has been filling in with duties.

Tom F. e-mailed in report.

NEW BUSINESS

Susan O. a GSR for district 2 was our guest and reviewed items on the agenda for the next Area 15 meeting that pertain to TBAIC.

General Service Database for Corrections

Review content on corrections workbook

Corrections Kit and further pamphlets to change the word "inmate" to "member"- Group (TBAIC) agrees

Bridging the Gap wants to include pre-release to corrections, for members going to treatment. – Group agrees

Adding a pamphlet for the deaf. – Group agrees.

Dist. 2 will be hosting the Area 15 conference here in Tampa in July. Some of the items on the agenda will be.

Older AA pamphlets

Discussion on military protected anonymity

Review of Prison accessibility workbook.

Review of Treatment accessibility workbook

A group from Sarasota has registered for the Dick D. Memorial Softball Tournament that is scheduled for the 1st Saturday of May.

The Corrections Committee needs all types of volunteers. We need people to attend meetings in the facilities, people to help spread the word about this type of service work.

YTD Contributions to TBAIC	\$ 6,074.76
Pink Can Balance 12/31/17	\$ 7,546.15
YTD Money Spent on Literature	\$ 5,035.37
YTD Expenses	\$ 601.93
Pink Can Balance 8/11/18	\$ 7,963.61

Our Next Committee Meeting

April 13th, 2019 9:30 AM on at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation last Month:

TBAIC Contributions (February 10th - March 9th): AA 101 - \$46.00, As Bill Sees It Group Brandon - \$74.00, Early Risers Group - \$287.24, Friday Morning Friendship Group - \$143.00, High Nooner's Group - \$196.70, Kingsway Group - \$250.00, Meeting Place (Land O Lakes) - \$47.00, Monday Night Mens St. James New Tampa - \$115.00, Nightly Newcomers 3333 - \$48.25, Ruskin Fellowship - \$69.20, Saturday Night Fever Group - \$303.00, Sobriety at Sunset - \$13.17, Turning Point - \$22.00, Turning Point Zephyrhills - \$321.00, Wellspring Recovery Group - \$30.65.

TBAIC 2017 - 2018 Committee Members CONTACT——(877) AATAMPA or (877) 228-2672

Position	Name		
Chair	Allan D.		
Chair (Alt.)	Ruth N.		
Treasurer	Scott S.		
Treasurer (Alt.)	Open		
Secretary	Jim S.		
Secretary (Alt.)	Nancy B.		
Hills Jails	Open		
Hillsborough County Jail	Buddy H.		
Hills Women's Jails	Sara R.		
Detox & Treatment	Scott R.		
E. Pasco Jail-Women's	Ruth N.		
E. Pasco Prison	Chris D.		
Women's Bridge the Gap	Amanda L.		
Men's Bridge the Gap	Tom F.		
Pre-release	Open		
Juvenile	Open		

CASE HISTORY.....continued from Page 1

buy as much alcohol as I could, and then drink myself to dead. Monday morning I called Karen because she was the only one left I could call. She asked me to come into town and see her immediately. We talked about what I could do. She handed me an AA meeting list and suggested that I go to a meeting. These people were also trying to live without alcohol and I might find some useful ideas from them. Also it might help to meet other people who were in the same situation. I went to my first meeting that night and during these last seven years of sobriety I've been to more meetings than I can count. My life today is better than it ever has been. Everything I threw away has been returned to me, but more important are the two new gift AA has given me: I understand and even sometimes love myself, thanks to the Steps, and I know that God is gently and lovingly showing me the way. Living sober, one day at a time, seems like a very good idea. James J., Abbotsford, B.C. Reprint Permission/AA Grapevine/1995

Bill W's Letter continued from page one

Reinforced by what grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed upon any set of circumstances whatsoever. Then only could I be free to love as Francis had. Emotional and institutional satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life. Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that as long as I was victimized by false dependencies. For my dependency meant demand ... a demand for the possession and control of the people and the conditions surrounding me. This seems to be the primary healing circuit, an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the real current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to gain emotional sobriety. Of course, I haven't offered you a really new idea ... only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine

Tom said "Bill's word's of wisdom helped and inspired me and many others. To those who have never been there, it is hard to describe the gratitude that overflows in men and women who are delivered from the black depths of depression into the light. As with delivery from the bondage to alcohol, it is a hosanna of the heart that never ends."

SUPPORT YOUR CENTRAL OFFICE

A Letter From Bill Wilson About The Use Of The Lord's Prayer At A.A. Meetings

April 14, 1959 Dear Russ, Am right sorry for my delay in answering. Lois and I were a long time out of the country and this was followed by an attack of the marathon type of flu that has been around here in New York. We are okay now, however, but I did want to explain my delay. Now about the business of adding the Lord's Prayer to each A.A. meeting. This practice probably came from the Oxford Groups who were influential in the early days of A.A. You have probably noted in AA. Comes of Age what the connection of these people in A.A. really was. I think saying the Lord's Prayer was a custom of theirs following the close of each meeting. Therefore it quite easily got shifted into a general custom among us. Of course there will always be those who seem to be offended by the introduction of any prayer whatever into an ordinary A.A. gathering. Also, it is sometimes complained that the Lord's Prayer is a Christian document. Nevertheless this Prayer is of such widespread use and recognition that the arguments of its Christian origin seems to be a little farfetched. It is also true that most A.A.s believe in some kind of God and that communication and strength is obtainable through His grace. Since this is the general consensus it seems only right that at least the Serenity Prayer and the Lord's Prayer be used in connection with our meetings. It does not seem necessary to defer to the feelings of our agnostic and atheist newcomers to the extent of completely hiding our light under a bushel. However, around here, the leader of the meeting usually asks those to join him in the Lord's Prayer who feel that they would care to do so. The worst that happens to the objectors is that they have to listen to it. This is doubtless a salutary exercise in tolerance at their stage of progress. So that's the sum of the Lord's Prayer business as I recall it. Your letter made me wonder in just what connection you raise the question. Meanwhile, please know just how much Lois and I treasure the friendship of you both. May Providence let our paths presently cross one of these days. Devotedly yours, Bill Wilson

WGW/ Mr. Russ From the A.A. Archives in New York

WE CONTINUE TO NEED 12 STEPPERS!!!

Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out.

Email: aainfo@aatampa-area.org 813-933-9123

Do You Have A Subscription To Our Newsletter "Tri-County Central Office News"? Why Not???-

For \$7.00 You Will Receive
12 Issues. The "NEWS"
Is One Of The Few Ways Central Office Can Reach Our Individual Member's.
PLEASE HELP SUPPORT YOUR NEWSLETTER

NOTES F	ROM INSIDE	THE CENTRAL OFFICE			
March 12th, 2019 the Board of Directors for Central Office BOARD MEMBERS REPRESENTING GROUP					
AL B.	CHAIRPERSON	THURSDAY NIGHT BIG BOOK			
BRIAN L.	ALTERNATE	BARRACKS BRIGADE GROUP			
SUE Z.	TREASURER	OPEN AIR GROUP			
MICHELE S.	BOARD MEMBER	SAFE,SANE & SOBER GROUP			
Unexcused	BOARD MEMBER	FRIDAY NIGHT BIG BOOK GROUP			
Unexcused	BOARD MEMBER	SOBRIETY AT SUNRISE GROUP			
OPEN	BOARD MEMBER				
OPEN	BOARD MEMBER				
OPEN	BOARD MEMBER				
OPEN	BOARD MEMBER				

Al took a few minutes to explain the Board Member responsibilities to our new Board Member. Al then opened the meeting in the usual matter with a moment of silence followed by the Serenity Prayer. He asked everyone if they had signed in and turn down their cell phones.. Secretary Report: Sue read the February minutes. There were no questions, a motion to accept was made and approved. Tim was asked to explain the problems with the After Hours cell phone. The problem we believe is because the cell phone was not set up correctly (something I should have done in the beginning) and the voice mail is full and we can't delete the old messages or receive any new messages because we don't have the correct pin number. Will come in and get this corrected the next day or so. Sue talked about how the phone service had worked in the past. Brian asked if we had been getting any complaints. None, other than went we would be able to let people volunteer to After Hour phones. Treasurers Report: Sue presented the Treasurers report for February . 41 Groups or individuals in our area have contributed in February. Included we also received \$22.00 from the Birthday Club, \$170.00 for the Big Book Raffle, \$1400.00 from the Anniversary Dinner tickets, \$217.00 from the 7th Tradition Basket, \$242.00 from the 50/50 Raffle, and \$812.25 from the Cakewalk Raffle. Our total income for February was \$ 18,408.59. Our Total Cost of Goods Sold was \$ 8,473.24. Subtracting the Total Cost of Goods Sold from our February income left us with a Gross Profit of \$ 9,935.35. Our Total Expenses for February were \$ 8,200.33. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$ 1,735.02 for the month of February. We are now, at the end of February \$161.00 to the good for the year. There were no questions, a motion to accept was made and approved. Tim reminded the Board to welcome our new Board Member, Michele, from the Safe, Sane & Sober Group. Old Business: Brief discussion about the phone service that Tim had already talked about. New Business: Brief discussion, instead of raffling off a First Edition Big Book at our future events, maybe we should try something different such as a large flat screen TV or something of that nature. Sue mentioned that some people were displeased with the food at the Anniversary Dinner, however these was plenty to go around. It was noted that some groups failed in their responsibilities to show up leaving us without water, sodas, & kitchen serving and clean up. However, in spite of that, members present, took the reins and helped out. In spite of that we did manager to make a small profit.

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March 12th, 2019 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

COUNCIL MEMBE	RS REPRESENTING GROUP
DENNA P.	MORNING MIRACLES
STEVE S.	EXPERIENCE, STRENGTH & HOPE GROUP
MICHAEL J.	KEEP IT SIMPLE MEN'S GROUP
ANTHONY V.	KEEP IT SIMPLE GROUP
ED B.	NIGHTLY NEWCOMERS GROUP
LARRY G.	LIVING IN THE SOLUTION GROUP
том с.	LIVING IN THE SOLUTION GROUP
MICHAEL R.	NEXT DOOR GROUP
BETTY E.	SOBER @ 7 GROUP
CRAIG O.	THE PROMISES GROUP
DEBBIE S.	TO IMPROVE OUR CONSCIENCE CONTACT
SUZANNE H.	TGIS GROUP
KATE R.	NEW HOPE BIG BOOK GROUP
DALE H.	KEYSTONE GROUP
KRISTIN R.	TOWN n COUNTRY SISTERS IN SOBRIETY
MARGARET S.	CAME TO BELIEVE GROUP
JOLENE N.	SOLUTIONS GROUP
KATIE P.	SISTERS IN SOBRIETY GROUP
MICHAEL R.	VILLAGE 12 STEP GROUP
JEFF P.	TAMPA BAY YOUNG PEOPLES GROUP
MARK G.	SOBRENITY GROUP
JONATHEN K.	OLD SCHOOL GROUP

Al opened the meeting with a moment of silence followed by the Serenity Prayer followed by asking everyone to turn down their cell phones. Al thanked all of those who were present and/or helped out at the Anniversary Dinner—Thank You for your service. Office Managers Report: Mike read the February Office Managers Report. There were no questions. Motion to approve was seconded and approved. Secretary Report: Debbie read the February Secretary Report. There were no questions. Motion to approve was seconded and approved Treasurers Report: Sue presented the Treasurers report for February . 41 Groups or individuals in our area have contributed in February. Included we also received \$22.00 from the Birthday Club, \$170.00 for the Big Book Raffle, \$1400.00 from the Anniversary Dinner tickets, \$217.00 from the 7th Tradition Basket, \$242.00 from the 50/50 Raffle, and \$812.25 from the Cakewalk Raffle. Our total income for February was \$ 18,408.59. Our Total Cost of Goods Sold was \$ 8,473.24. Subtracting the Total Cost of Goods Sold from our February income left us with a Gross Profit of \$ 9,935.35. Our Total Expenses for February were \$ 8,200.33. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$ 1,735.02 for the month of February. We are now, at the end of February \$161.00 to the good for the year. There were no questions, a motion to accept was made and approved. There were no questions, a motion to accept was made and approved. Old Business: None. Go to page 5

ANNIVERSARY TIME It Works-It Really Does—Ask them how they did it!!!					
GROUP	Honors To	Date	Years		
KEYSTONE GROUP	PAUL F.	04/03/96	23 YRS		
KEYSTONE GROUP	SHAWN K.	04/01/94	25 YRS		
KEYSTONE GROUP	SANDY G.	04/14/97	22 YRS		
KEYSTONE GROUP	MIKE B.	04/14/97	22 YRS		
KEYSTONE GROUP	TOM R.	04/14/84	35 YRS		
RUSH HOUR SERENITY	STEVE S.	04/01/03	16 YRS		
RUSH HOUR SERENITY	GEORGE S.	04/26/86	33 YRS		
RUSH HOUR SERENITY	HECTOR R.	04/24/86	33 YRS		
MUSTARD SEED GROUP	TRACY K.	04/16/15	4 YRS		
FRIDAY NIGHT BIG BOOK	BUD F.	04/16/83	36 YRS		
JUST WHAT I NEEDED	TRACY S.	04/27/10	9 YRS		
JUST WHAT I NEEDED	KEY M.	04/20/10	9 YRS		
JUST WHAT I NEEDED	LIZ T.	04/10/10	9 YRS		
JUST WHAT I NEEDED	DEBBIE N.	04/25/09	10 YRS		
JUST WHAT I NEEDED	RHONDA B.	04/13/09	10 YRS		
CAME TO BELIEVE	KORI T.	04/20/14	5 YRS		
RIVERSIDE GROUP	BRAD	04/16/12	7 YRS		
LATENIGHTERS GROUP	ROBERT L.	04/16/09	10 YRS		
EXPERIENCE,STRENGTH & HOPE	STEVE S.	04/29/11	8 YRS		
SOBRENITY GROUP	ANNIE	04/07	12 YRS		
SOBRENITY GROUP	MARY V.	04/96	23 YRS		
SOBRENITY GROUP	GARY Y.	04/87	32 YRS		
SOBRENITY GROUP	GUS A.	04/82	37 YRS		
SOBER @ 7 GROUP	SUELLA J.	04/14/16	3 YRS		
SOBER @ 7 GROUP	JERRY K.	04/03/05	14 YRS		
FRIDAY FRIENDSHIP	KATHY M.	04/01/13	6 YRS		
FRIDAY FRIENDSHIP	LUANNE M.	04/01/09	10 YRS		
FRIDAY FRIENDSHIP	DIANE C.	04/10/02	17 YRS		
FRIDAY FRIENDSHIP	KAREN	04/19/91	28 YRS		

AAs who carry the message often carry the Grapevine



SELF-SUPPORT-March, 2019

© Today in March of 2019 we have 226 Groups with 567 meetings a week. Contributions in March totaled \$ 5,920.91. This accounts for what 39 Groups or individuals in our area have contributed in March. Included we also received \$10.00 from the Birthday Club and \$150.00 in memory of Ed P., a member of the Rush Hour Serenity Group, who passed away with 42 years of continuous sobriety. He was a good friend of the Central Office and will be missed. Our total income for March was \$ 10,409.92. Our Total Cost of Goods Sold was \$ 2,958.71. Subtracting the Total Cost of Goods Sold from our March income left us with a Gross Profit of \$ 7,451.21. Our Total Expenses for March were \$ 7,366.31. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$ 84.90 for the month of March. We are now, at the end of March \$ 231.60 to the good for the year. But as they say in the rooms of AA "this too shall past." No matter how good or bad it may appear that we are doing from one month to another, it takes your consistent contributions to keep us operating on a steady level. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we continue to try and strive to keep up with the demand. That is only possible with your continued support. Thank you for all of your support !!! **Support your Central Office.**

A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE ONE DOLLAR FOR EACH YEAR OF SOBRIETY

Home Group	Honors To	Date	Years
SIMPLY SOBRIETY	ARISSA H.	01/29/17	2 YRS
LATENIGHTERS	ROBERT L.	04/16/09	10 YRS

Council Minutes...continued from page 4......

New Business: Al went over the contributions made from the Anniversary Dinner. Brief discussion, instead of raffling off a First Edition Big Book at our future events, maybe we should try something different such as a large flat screen TV or something of that nature. It was noted that some groups failed in their responsibilities to show up leaving us without water, sodas, & kitchen serving and clean up. Tim explained what was going on with the After Hours Phone Service. The problem we believe is because the cell phone was not set up correctly (something I should have done in the beginning) and the voice mail is full and we can't delete the old messages or receive any new messages because we don't have the correct pin number. Will come in and get this corrected in the next day or so. Announcements: Soberstock-March 15th, Keystone All Groups Meeting—March 26th, Magnolia Group's 2nd Annual Art Auction—March 28th, 2019 Spring Sobersticks, & an Annual Picnic.

Monthly Newsletter of the Tri-County Central Office, Inc. Tampa, Florida 33614-2763 ph. 933-9123—Printable Flyers @ www.aatampa-area.org

MORE NEWS AROUND THE TOWN & THE AREA

2019 Spring Sobersticks April 12th-14th

Fun and Fellowship all weekend with Camping, Kayaking 6pm Meeting on Sat. Live Music Starts at 7pm.

.00 per day per person, If you rent a campsite, cabin or RV outside group campsite you will still be required to pay the \$10.00. Well Be-Haved pets are welcomed Group rates on canoe or kayak rentals

FOR MORE INFORMATION CALL Stewart: 813-455-7260 Sharon: 813-943-9838

> Little Manatee River Canoe Outpost 18001 U.S. hwy 301 S. Wimauma, FI 33598 813-634-2228

TBAIC volunteer sign up MOB: Man on Bed approach

Tampa General Hospital.

Scope: to bring the message to individuals at TGH who are suffering the disease of alcoholism. Composition: To share experience, strength, and hope about recovery from alcoholism. Practice: Sit and talk with a patient for an hour.

- *Must have 1 years sobriety
- *Must be willing to commit to the day and time for which you volunteer. Thank you

Contact name/ number:

Days available: Sunday Monday Tuesday Wednesday Thursday Saturday

Time Frame Available?

Gender:

Return form to: TBAIC

P.O. Box 26242

Tampa, FL 33623

Or Call: 1(877) 228-2672 option 4 for volunteers

Or E-Mail: tomf101981@gmail.com

Came To Believe Group

15th Anniversary

April 16th, 2019 Tuesday 10am - 12 noon

Breakfast at 10 am with some live music followed by Speaker at 11 am!!

Location: Fountain View Estates, 8800 Berkshire Lane, Tampa, FL 33635 **Clubhouse Poolside Event** (North of Waters Ave off Sheldon Road Follow sign to Clubhouse)

Please bring a covered dish to share (a)



Dick D.'s MEMORIAL-KEEP IT SIMPLE

CO-ED SOFTBALL TOURNAMENT SATURDAY MAY 4, 2019



GADSEN PARK 6901 SOUTH MACDILL **TAMPA, FL 33611**

From 8:30 am until we are Done Cost \$100.00 Per Team

For a Team of 12 players only \$8.33 per player

FOR MORE INFORMATION CONTACT BUDDY H. 813-871-2514 DEADLINE TO REGISTER APRIL 29TH, 2019

This tournament is a fund raising event for the Tampa Bay Area Institutions Committee (TBAIC) which carries the message into jails, prisons, detox centers and hospitals ALL money raised is spent to buy AA conference approved literature for the facilities TBAIC bings meetings into. Currently TBAIC supports over 80 meetings a week in those facilities

Group	MAR	YTD	Group	MAR	YTD	Group	MAR	YTD
11th Step Group- Christ King	1,1111	316.95	Keystone Group	308.86	518.81	Simply Sobriety Women's	1,1111	112
11th Step MeetingSun City			Keystone All Groups			Singleness of Purpose		
11th Step Retreat			Kingsway Group	163.00		Sisters in Sobriety Group		
AA 101 Group		312.00	Lemon Tree Group			Sisters in Sobriety Group 50/50		
Alpha Group	400.00	180.00 480.00	Life Enrichment Group	47.50		Sober @ 6 Group	227.00	265.00
All Groups Keystone Group Anniversary Dinner 2018	480.00	480.00	Little Harbor Grapevine Group Live and Let Live Group	47.50		Sober @ 7 Group Sober on Saturday Group	227.00 20.00	365.00 20.00
Anniversary Dinner 2019		3,123.25	Living in the Solution		400.00	Sober on Sunday	20.00	20.00
7th Tradition Basket		3,123.23	LivingSober/As Bill Sees It			Sober Spirits Group		
TRICO Big Book Raffle 2018			Lutz @ Noon	15.00	45.00	Soberilla		
TRICO Big Book Raffle 2019		10.00	Mad Dogs Group			SoberSticks Event		
Trico 50/50 Raffle 2018			Mainely Sober Group			Soberstock Committee		
Cakewalk RaffleEvent 2018			Mapledale Group	<		Sobrietea Womens Group	=0.00	***
Housecleaning Retreat	227.20	6.00 298.21	Mid Day Matinee Group	630.72	630.72	Sobriety at Sunrise Group	58.00	220.00 221.50
Anonymous Donations As Bill Sees ItBrandon	227.28	110.50	Monday Night Madness Morning Express Group		325.00	Sobriety at Sunset Group Sobrenity Group	91.11	221.30
As Bill Sees It Mens Odessa		295.17	Morning Express Group Morning Group -Zephyrhill		323.00	Solutions Group	65.54	112.92
Attitude of Gratitude Group		50.00	Morning Meditation Group		10.00	Southshore Men's Group	05.54	112.72
Barracks Brigade Group			Mustard Seed Group			Southside Men's Group # 1	1,175.00	1,175.00
Bel-Mar Group			My Turn Group			Southside Men's Group # 2	50.00	150.00
Bill D's Group		150.00	New Beginnings Women's			Southside Men's Group #3		
BIRTHDAY CLUB	10.00	263.00	New Beginnings-(5:45)Joe's	90.75		Southside Men's Group #4		200.00
By the Book Men's Group			New Beginnings Brandon			Spiritual Growth Group		
BYO 12 & 12 Group		477.00	New Beginnings-(Our Club)		376.80	Spiritual Progress Goup		
Came To Believe Group		455.00	New Day Group		224.25	Step at a Time Group		
Cardinal Group - Odessa Carrollwood Blue Roof			New Hope Big Book New Way Women's Group			Step Sisters in Sobriety Stepping Stones Group (w)		142.30
Carrollwood Group			Nightly Newcomers Group			Sun City Center Group		46.72
Carrollwood Women's Group			Nooners GroupRiverview	57.18		Sunday Afternoon Step Mtg		75.00
Chancey Road Group			Nooners GroupTampa	44.65		Sunday Speakers - 3333	75.00	225.00
Clean Air Group		50.00	Noontime Celebration Gp.			Swamp Meeting		
Design for Living Group			Northdale Group			Sweet Surrender Group		75.00
District Two General Service		358.88	Odessa Group		310.72	Tampa Bay Fall Roundup		
Dover Group		159.53	Old School Group			Tampa Bay Institutions	50.00	150.00
Druid Hills Big Book Group		47.17	Old School Group All Groups			Tampa Bay Speakers Gp.		455.00
Early Risers Group - Joe's		47.17	Oldtimer's Group - JC On the Way Home Tpa 5:30		1.52	Tampa Bay Young Peoples		
Expect a Miracle Group Experience, Strength & Hope		50.00	On the way Home 1 pa 5:30 One Day at a Time Group		1.32	Tampa Bid for FCYPAA Tampa Palms Big Book	150.00	150.00
Fear Not Group		56.80	Palma Ceia Group			Tampa Palms Monday Men's	130.00	215.80
Fireside Group		20.00	Palma Ceia 12 Step Study			Tampa Recovery Group		210.00
Freedom in Sobriety Group	243.81	243.81	Palma Ceia Big Book Group	200.00	200.00	TGIS Group		57.54
Fresh Start Group			Pathfinders Group			Thank God it's Friday Group		
Friday Freedom Group			Pilgrim Group -St Leo's	42.51	75.01	The 164 Group		
Friday Night Lights Group		100.00	Plank Owners Group	110.00	220.00	The 164 Group Wesley Chapel		
Friday Night Big book Friday Night Women's Group	221.00	100.00 221.00	Plant City Keep it Simple Primary Purpose Group		26.00	The 164 Group USF The Meeting Place Group	26.00	37.00
Friday Women's Friendship	221.00	175.64	Promises Meeting Group		20.00	The Next Door Group	20.00	37.00
Gifts of Sobriety Group		173.04	Recovery Bootcamp Group			T & C Sisters in Sobriety		116.90
Grapevine Gals Group		47.59	Red Chip Day			To Improve Conscious		110.50
Happy Hour Group	100.00	100.00	Reflections Group-Lake Mag		4.30	Town & Country Wed. Group		
Helping Hands GpP.C.			Riverside Group			Tues Big Book Study Gp.		
Hide-A-Way Group	440.71	829.28	Riverview Mens Blackbelt			Tuesday Book Club Group		139.75
High Nooners Group		30.00	Rush Hour Serenity Group		29.00	Turning Point Group -Z-H.	130.00	195.00
High Nooners Group Plant City	Q2 E0	92.50	Ruskin Fellowship Group			Valrico/Brandon Wed Night	70.00	70.00
Hope Floats Group HOW Group	83.50	83.50	Safe Haven Group Safe, Sane &Sober Group	110.07	110.07	Valrico Fri. Morning Group UptownDowntown Group		
It's in the Book Men's Gp.		178.10	Saturday Night Fever Gp.	110.0/		Wed Night Step Workshop		
Just What I Wanted Big Book		130.00	Saturday Night Live Group			Wed Keep it Simple Group	50.00	50.00
Keep It Simple - YANA			Seekers of Serenity II Group			Weedpatch Group		
Keep It Simple/Pass It On		317.94				Wellspring Group		
Keep it Simple Group Dade City						Wesley Chapel Group		178.10
						With Room to Grow Group		250.00
						Women's Friendship Group		E (E2
						YaYa Sisterhood of Sobriety	56.72	56.72
Total	1,806.30		Total	1,820.24		Total	2,294.37	
	,		2000	,			,	
						Monthly Total	5,920.91	
	YTD Total	9,229.32		YTD Total	5,962.63		YTD Total	5,150.25
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						Grand Total	20,180.20	