



# Tri-County Central Office News

Celebrating 76 Years as your Area Service Center  
43 Years as your Central Office

A Monthly Newsletter of the Tri-County Central Office, Inc.  
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February, 2018

## AA IS NOT GROUP THERAPY

I have attended AA meetings for fifteen years, but in the pass few years I've left many meetings with an uncomfortable feeling. Why did I feel disturbed? What had happened? I unearthed the answer to those questions at a popular lunch meeting I had been urged to attend. A woman at this standing-room only meeting began to talk about her mother and the damage her mother had caused in her life. She wept and damned her mother and blamed her for all of her unhappiness. There was no talk of sobriety. No hint of gratitude. No reference to working the Steps. Then this woman left the meeting early. I wanted to stop her and bring her back and tell her to listen. She just might find the answer to her problems. At that moment, I realized with disturbing clarity that this was group therapy, not an AA meeting. What I had just been part of was what I believe to be the subtle sabotage of the AA program. This woman was just one of many people who are misguidedly using meetings to dump all their feelings and resentments in the name of sharing. My intention is not to minimize anyone's grief. I speak as one who grew up in an extremely abusive alcoholic family, as a man who is a Vietnam vet, a survivor of divorce and other traumatic losses. I have attended therapy at various times and found it quite useful. However, I don't confuse therapy with AA's Twelve Steps and am disturbed as I see people increasingly using AA meetings for free therapy, in order to "get in touch with their feelings." My own primary purpose at a meeting is to better learn to apply the AA Twelve Step philosophy to the problems of daily life. This intrusion of therapy talk in meetings causes a loss of focus on what this program is all about. The basic principles of recovery, honesty, open-mindedness, and willingness are being replaced with self-absorption, attention-getting, and getting in touch with feelings. Instead of enlisting the principles of gratitude and acceptance, many are focusing on blaming in the name of sharing feelings. The Big Book states, "Acceptance is the answer to all my problems today." That simple principle, acceptance, is what we are neglecting when we allow meetings to become therapy. I hear people who've been around the program for over a year still "working on" a problem and then blaming their unhappiness on this still-unresolved problem. People are blaming everything that's not going right in their lives on ex-spouses, lousy parents, the government, or their bosses. Less time needs to be spent on complaining about the problem and more time needs to be focused on solutions. The solutions live in the application of the Twelve Steps. "Acceptance is the answer to all of my problems today." As long as people are blaming they're not working the Twelve Steps and as long as they're not working the Twelve Steps they will continue to use meetings as therapy. They will continue to dilute the higher purpose of this program, which is to share our experience, strength, and hope. Let's work the Steps and keep therapy talk out. We know it works.

Craig R., Carnation, Wash.

Reprint Permission/ AA Grapevine/ February 1994

## WHERE DID THIS INSANE BIT COME IN ?

"We came to believe that a Power greater than ourselves could restore us to sanity." This was an extremely easy Step for me the first time around. I just said, "I believe God can restore me to sanity." That was it—no fanfare, no shouting, no horns. How ignorant of the Second Step I was. I had no inner feeling of acceptance and no real belief of any kind. Who said I was crazy in the first place? All I admitted was that I was powerless over alcohol and that my life was unmanageable, and I wasn't totally convinced of that. My powerlessness over drink was a statement that I was forced to make, not one that I really believed. On the other hand, a brief review of my life—the loss of my medical license and the loss of my worldly goods, including my home and cars—convinced me that my life was unmanageable. But was that because I was powerless over alcohol? And where did this insane bit come in? I got my money's worth out of my sponsor. Sean showed me that there were a few faults in my thinking, like my denying the reality of my situation and my projecting the causes of my problems onto others rather than admitting that I was the source of them. He pointed out that these were mechanisms used by the mentally ill and suggested perhaps that was why I was using them. Sean also said that if it was too hard to admit I was powerless over alcohol, I could assume I was powerless over my emotions and that is why I drank. Okay, now we were getting somewhere. I could admit that I was powerless over my emotions without having an attack of shame. This allowed me to say that my emotions were the cause of my drinking, therefore, I wasn't powerless over alcohol or insane. Just a little more self-control over my thoughts was in order. Son of a gun, it was months later before I saw that when I said I drank because I was powerless over my emotions I was actually saying I was powerless over alcohol. I finally started to believe it. Sean pointed out that rationalization was a prominent part of my personality as well, and as the Big Book says, "Rationalization is giving socially acceptable reasons for socially unacceptable behavior, and socially unacceptable behavior is a form of insanity." Sean had a now. I admitted that my life was unmanageable and that I probably was powerless over alcohol. However, it still took many more months for me to truly believe in the later. The Second Step I just breezed through. I said it out loud, and that was that. Somehow, I felt that I was getting away with something, though. How could my sponsor put up such a fight about the First Step and just let the Second Step slip by? Ignorance is bliss, and I sure was in the market for some bliss. Now I suspect Sean didn't put up a fuss because he wanted to avoid an argument over God or a Higher Power. The Third Step was going to be tough enough without getting into a free-for-all over Step Two. I had a great deal of difficulty with the acceptance of a Higher Power. In my mind, I confused God and/or a Higher Power with religion. I couldn't accept that of all the religions in the world, only one was right and the others wrong. I also thought that if I didn't believe in God, I couldn't be a bad person who broke Gods rules.

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**District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties**

**(877) AATAMPA or (877) 228-2672!**

**Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.) Please use the sign-out sheet when obtaining materials.**

The January 13th, 2018 meeting of TBAIC was opened by Allan D.; leading the “Serenity Prayer”.

Linn D. (Treasurer) distributed/reviewed the Treasurer's Report and contributions expenses. There was a motion to approve Treasurer’s report; group approved. Linn also indicated that the 10 – 12 hardcopy Big Books that were requested were ordered and subsequently received.

Scott S. (Secretary) reviewed the December minutes. There was a motion to approve; group approved.

Sara R. (Hillsborough Women’s Jails) – Indicated that meetings are going well; looking for idea on how to increase participation.

Ruth N. (E. Pasco Women’s Jails), indicated that meetings are going well and have sufficient volunteers to cover at this time.

Tim B. indicated that Acts Detox (Henry Street) needs someone to cover meetings on Sunday & Monday at 12:15PM.

Dan L. indicated that the meeting being held at White Sands is going well.

Recap of recent TBAIC Committee Member changes: Allen D. has assumed the role of Chair, Ruth N has assumed the role Alternate Chair, Scott S. has assumed the role of Treasurer, and Jim S. has assumed the role of Secretary.

As a reminder, scheduled times to obtain meeting materials are noted below. Please use the sign-out sheet when obtaining materials.

Last Thursday of the month, 5:50 – 6:50PM

2nd Saturday of the month, 9:30 – 10:30AM (monthly TBAIC meeting)

· There was a motion to close the meeting; group approved.

Next Meeting

· February 10th, 2018 @ 9:30 AM.

<b>YTD Contributions to TBAIC</b>	<b>\$25,984.49</b>
<b>Pink Can Balance 12/31/16</b>	<b>\$1705.00</b>
<b>Money Spent on Literature</b>	<b>\$23,985.45</b>
<b>YTD Expenses</b>	<b>\$1300.81</b>
<b>Pink Can Balance 4/08/17</b>	<b>\$2403.23</b>
<b>Pink Can Balance 4/09/16</b>	<b>\$1705.00</b>

**The Corrections Committee** needs all types of volunteers. They need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help. You can still carry A.A.’s message of hope to an alcoholic who is incarcerated. Let’s face it: many of us who have never been arrested just never got caught!

**Our Next Committee Meeting**

**February 10th 2018 9:30 AM** on at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

**Pink Can Drive**

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

**TBAIC, PO Box 26242, Tampa FL 33623**

**Thank you to those groups who have sent in a donation last Month:**

Woman’s Friendship Group - \$103.53, Wellspring Recovery Group - \$86.00, TGIS Women’s Group - \$37.75, Sunshine Group - \$22.61, Saturday Night Fever - \$141.00, Primary Purpose Group - \$23.00, Nooner’s Group - \$20.80, New Beginnings Group (Our Club) - \$83.20, Morning Meditation Group - \$87.14, Monday Night Men’s, St James – \$131.00, Meeting Place - \$86.07, Live & Let Live - \$11.00, Keystone Discussion Group - \$129.13, High Nooner’s Group - \$20.00, Hide A Way Group - \$210.91, Cardinal Group - \$70.00, Barrack’s Brigade - \$29.75, 301 House - \$98.85, AA101 Group - \$258.00

**TBAIC 2017 - 2018 Committee Members**

Position	Name	Contact
Chair	Allan D.	813-789-8822
Chair (Alt.)	Ruth N.	813-629-1547
Treasurer	Scott S.	813-765-7376
Treasurer (Alt.)	Open	Open
Secretary	Jim S.	813-679-9130
Secretary (Alt.)	Nancy B.	813-872-0262
Hills Jails	Open	Open
Hillsborough County Jail	Buddy H.	813-871-2514
Hills Women's Jails	Sara R.	916-289-8172
Detox & Treatment	Scott R.	813-727-8839
E. Pasco Jail-Women's	Ruth N.	813-629-1547
E. Pasco Prison	Chris D.	813-857-5400
Women's Bridge the Gap	Amanda L.	813-418-2127
Men's Bridge the Gap	Tom F.	813-205-4945
Pre-release	Open	Open
Juvenile	Open	Open

**WHERE DID THIS INSANE BIT COME IN ???...continued from Page 1**

(I didn't know then that I was being bad, just sick.) When I first went to AA, I was in pretty sorry emotional shape. I had used mood-altering chemicals and alcohol to try to survive the awful way my life was going. Now, when I was told that I couldn't drink or drug anymore, I didn't think that life was worthwhile. How could I tolerate the agonies I had to endure? At AA meetings, I did see that sober people seemed to be calm and happy. I didn't know what they were taking, but obviously it was working. I wanted some of it, and if going to meetings was what it took to feel better, then that is what I would do. My way wasn't working anymore. I was ready to try their way. I went to one hundred meetings in ninety days. My life centered on them. I listened, read the Big Book, and talked to my sponsor and many other people about what they thought was helping them. I discovered serenity in those meetings, and I started to feel moments of peace and calm. Something was happening. Some of the Promises seemed to be coming true. Every day I commuted thirty miles to work. One morning, while mulling over the inequities of life, I finally said to myself, "Okay, I'll try it. God, you take my worries; I can't handle them. I am only human, and I am not perfect. You, on the other hand, are not human and you can tolerate this stress. You handle my life. I leave the results and the what-ifs to you." Immediately, I felt peace and serenity flood over me. I was overwhelmed and thrilled by the results. I told myself, "How simple taking the Third Step really is. I just tell my Higher Power to take over because I can't do it anymore." Although I had made it hard, the concept was simple. I had achieved serenity by turning my life over to the care of my Higher Power. I had started my path to sobriety, which I defined as the state of not being drunk—in other words, a state of mental and emotional balance. It took three more years of working my program to realize that my acceptance of a Higher Power has been the single most important thing in restoring my sanity. This was the only thing that has allowed me not to dwell on what might be but to live my life for this minute, not to catastrophize but to enjoy life without fear. Acceptance of a God restored me to sanity.

**William S.**  
Reprint Permission/AA Grapevine/ February 2001

**Grapevines are available at the Central Office, pick one up before we run out!**



**Just for Fun**

**TATER PEOPLE**

Some people never seem motivated to participate, but are just content to watch while others do the work. They are called "Spec Taters"



Some people never do anything to help, but are gifted at finding fault with the way others do the work.

They are called "Comment Taters"

Some people are very bossy and like to tell others what to do, but don't want to soil their own hands. They are called "Dick Taters"

Some people are always looking to cause problems by asking others to agree with them. It is too hot or too cold, too sour or too sweet.

They are called "Agie Taters"



There are those who say they will help, but somehow just never get around to actually doing the promised help.

They are called "Hezzie Taters"

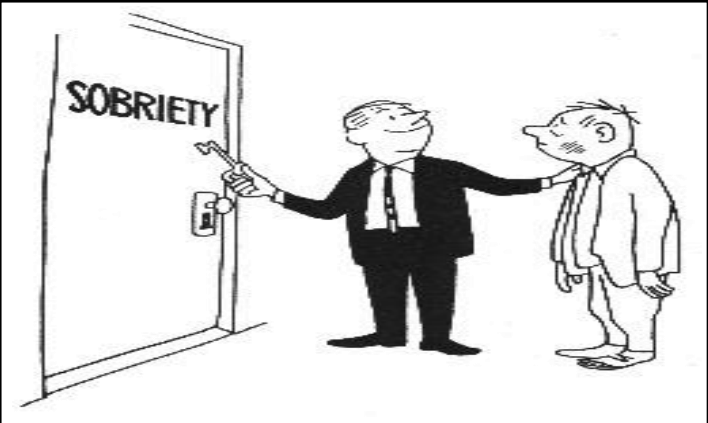
Some people can put up a front and pretend to be someone they're not. They are called "Emma Taters"

Then there are those who love others and do what they say they will. They are always prepared to stop whatever they are doing and lend a helping hand. They bring real sunshine into the lives of others.



They are called "Sweet Taters"

**WHAT KIND OF "TATER" ARE YOU ???**



**NOTES FROM INSIDE THE CENTRAL OFFICE**

**January 9th, 2018** the Board of Directors for Central Office

BOARD MEMBERS		REPRESENTING GROUP
LARRY B.	CHAIRPERSON	AA 101 GROUP
BRIAN L.	VICE-CHAIR	BARRACKS BRIGADE GROUP
SUE Z.	TREASURER	OPEN AIR GROUP
PEDRO P.	BOARD MEMBER	LIVE & LET LIVE GROUP
Excused	BOARD MEMBER	EARLY RISERS GROUP
CINDY L.	BOARD MEMBER	SIMPLY SOBRIETY WOMAN'S
JANET S.	BOARD MEMBER	SOBER @ 7 GROUP
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	
OPEN	BOARD MEMBER	

Larry opened the meeting in the usual matter with a moment of silence followed by the Serenity Prayer. He asked everyone if they had signed in. **Office Managers Report:** Tim read the December Office Managers Report. There were no questions. Motion to approve was seconded and approved. **Secretary Report:** Pedro presented the December Secretary Report. There were no questions. Motion to approve was seconded and approved. **Treasures Report:** Sue presented the December Treasures report. Contributions in December totaled \$ 7,306.57. That accounts for what 43 Groups out of 224 Groups in our area have contributed in December. Our total income for December was \$12,538.41. Our Cost of Goods Sold was \$3,822.85. Subtracting the Cost of Goods Sold from our December income left us with a Gross Profit of \$8,715.58. Our Total Expenses for December were \$9,976.83. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$1,261.27 for the month of December. This leaves us with a total of minus—\$2,425.48 in the red for the year of 2017. There was no discussion. Motion to approve was seconded and approved. **Old Business:** Old Business centered around the upcoming Anniversary Dinner to be held in February of 2018. Sue had checked out Boston Market but their prices were too high. Sam's Club was \$375.00 for 75 chickens. It was discussed that we should go for more to make sure we don't run out of food. After some discussion Pedro said that he may know of another place. He and Sue will check into it. **New Business:** The Physical Inventory did not take place because no one showed up except Steve so it was moved to Saturday February 3th, 2018. **At the Council Meeting:** Larry opened the meeting with a moment of silence followed by the Serenity Prayer. New Council Member forms were handed out. New members Rob R.-Midday Matinee Group, Shannon M.-TGIS Group, KiKi T.-Simply Sobriety Group, Bill S.-Old School Group, Adam H.-Keep it Simple Men's Group, Michael C.-Sober @ 7 Group, Nancy H.-Kingsway Group, Elia R.- Women's Sobrietea Group, and Sydney M.-Magnolia Group. **Office Managers Report:** Tim read the December Office Managers Report. There were no questions. Motion to approve was seconded and approved. **Secretary Report:** Kara presented the December Secretary Report. There were no questions. Motion to approve was seconded and approved. **Treasures Report:** Sue presented the December Treasures report. Contributions in December totaled \$ 7,306.57. That accounts for what 43 Groups out of 224 Groups in our area have contributed in December. Our total income for December was \$12,538.41. Our Cost of Goods Sold was \$3,822.85. Subtracting the Cost of Goods

**January 9th, 2018** the Central Office Representatives met:  
**COUNCIL MEMBERS REPRESENTING GROUP**

KARA H.	SISTERS IN SOBRIETY GROUP
MARY N.	FREEDOM IN SOBRIETY WOMEN'S GROUP
SYDNEY M.	MAGNOLIA GROUP
ELIA R.	SOBRIETE A WOMEN'S GROUP
JENNIFER U.	HIDE-A-WAY GROUP
PEG S.	SUN CITY CENTER GROUP
NANCY R.	BARRACKS BRIGADE GROUP
KIKI T.	SIMPLY SOBRIETY WOMENS GROUP
BILL S.	OLD SCHOOL GROUP
CHANSE D.	NEXT DOOR GROUP
HAROLD G.	WESLEY CHAPEL GROUP
ROB R.	MIDDAY MATINEE GROUP
NANCY H.	KINGSWAY GROUP
AUDREY H.	NIGHTLY NEWCOMERS GROUP
RON H.	LIVE & LET LIVE GROUP
MICHAEL C.	SOBER @ 7 GROUP
SHANNON M.	TGIS WOMEN'S GROUP
RYAN C.	WATERMARK STEP STUDY GROUP
STEVE S.	EXPERIENCE, STRENGTH & HOPE GROUP
CHRIS R.	FRIDAY NIGHT LIGHTS GROUP
JEFF C.	FRIDAY NIGHT LIGHTS GROUP
JOHN F.	SOBRENITY GROUP
CARL L.	KEEP IT SIMPLE MENS GROUP
ADAM H.	KEEP IT SIMPLE MEN'S GROUP

sold from our December income left us with a Gross Profit of \$8,715.58. Our Total Expenses for December were \$9,976.83. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$1,261.27 for the month of December. This leaves us with a total of minus—\$2,425.48 in the red for the year of 2017. There was no discussion. Motion to approve was seconded and approved. **Old Business:** Old Business centered around the upcoming Anniversary Dinner to be held in February of 2018. Larry went over the Committee Sign Up sheet with everyone. Still do not have information concerning the foods that we will be supplying. Still time to sign up for the Cakewalk Raffle. **New Business:** Several announcements were made. Tickets for our Anniversary Dinner & Big Book Raffle were made available. *Everyone is reminded to call your literature order in early a day or two before the meeting, that way can have it packed and ready for you.* The next Council Meeting will be **February 13th, 2018** at 7:00 pm at the Central Office Suite # 104 South-East corner of building.

**WE CONTINUE TO NEED 12 STEPPERS!!!**  
Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out.  
**Email: [aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org)**

**ANNIVERSARY TIME**

**It Works-It Really Does—Ask them how they did it!!!**

GROUP	Honors To	Date	Years
RIVERSIDE GROUP	MIKE P.	02/26/15	3 YRS
RIVERSIDE GROUP	LAURA S.	02/21/11	7 YRS
RIVERSIDE GROUP	STEVE H.	02/13/07	11 YRS
RIVERSIDE GROUP	CHRISTINA D.	02/14/00	18 YRS
RIVERSIDE GROUP	WILLOW	02/09/99	19 YRS
FRIENDAY FRIENDSHIP WOMEN'S	PEGGY D.	02/10/13	5 YRS
MIDDAY MATINEE GROUP	PATTI L.	02/08/77	41 YRS
FRIDAY NIGHT BIG BOOK	PAULA B.	02/03/81	37 YRS
MUSTARD SEED GROUP	BILL F.	02/12/06	12 YRS
RUSH HOUR SERENITY GROUP	HALA L.	02/04/02	16 YRS
ON THE WAY HOME GROUP	JIM	01/2017	1 YR
ON THE WAY HOME GROUP	ROBIN J.	01/06/02	16 YRS
ON THE WAY HOME GROUP	JO ANN S.	01/19/05	13 YRS
ON THE WAY HOME GROUP	HENRY S.	01/28/90	28 YRS
ON THE WAY HOME GROUP	JEFF H.	02/06/14	4 YRS
ON THE WAY HOME GROUP	PATTY L.	02/11/90	28 YRS
FRIENDAY FRIENDSHIP WOMEN'S	VIKKI	02/28/12	6 YRS
FRIENDAY FRIENDSHIP WOMEN'S	BETH P.	02/09/09	9 YRS
FRIENDAY FRIENDSHIP WOMEN'S	DIANE S.	02/10/88	30 YRS
KEYSTONE DISCUSSION	LESLIE S.	02/19/13	5 YRS
KEYSTONE DISCUSSION	TED R.	02/19/13	5 YRS
KEYSTONE DISCUSSION	RICK D.	02/04/13	5 YRS
KEYSTONE DISCUSSION	LARA C.	02/07/12	6 YRS
KEYSTONE DISCUSSION	JOE K.	02/01/12	6 YRS
KEYSTONE DISCUSSION	BRIAN B.	02/10/05	13 YRS
KEYSTONE DISCUSSION	RICK L.	02/16/89	29 YRS
SOBER @ 7 GROUP	RICK L.	02/08/11	7 YRS
SOBER @ 7 GROUP	DAMIEN B.	02/04/10	8 YRS
SOBER @ 7 GROUP	LISA C.	02/03/97	21 YRS
CAME TO BELIEVE GROUP	CARL M.	02/02/16	2 YRS
CAME TO BELIEVE GROUP	RYAN Y.	02/24/13	5 YRS
CAME TO BELIEVE GROUP	HALA L.	02/04/02	16 YRS
JUST WHAT I WANTED GROUP	PAZETTA	02/20/02	16 YRS
JUST WHAT I WANTED GROUP	KATHY A.	02/23/81	37 YRS

*Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members in our area.*

**SELF-SUPPORT-January, 2018**

© Today in January of 2018 we have 226 Groups with 567 meetings a week. Contributions in January totaled \$ 7,034.11. That accounts for what 51 Groups out of 226 Groups in our area have contributed in January. Our total income for January was \$13,197.28. Our Cost of Goods Sold was \$4,513.14. Subtracting the Cost of Goods Sold from our January income left us with a Gross Profit of \$8,684.14. Our Total Expenses for January were \$8,522.99. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$161.15 for the month of January. This leaves us with a total of plus+\$161.15 in the black for the year of 2018. No matter *how good or bad* it may appear that we are doing from one month to another, it takes your consistent contributions to keep us operating on a steady level. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we continue to try and strive to keep up with the demand. That is only possible with your continued support . Thank you for all of your support !!!

**SUPPORT YOUR CENTRAL OFFICE**

**A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE  
ONE DOLLAR FOR EACH YEAR OF SOBRIETY**

Home Group	Honors To	Date	Years
MORNING MEDITATION GROUP	GENE S.	01/25/88	30 YRS
WEDNESDAY NIGHT INCARNATION	ED S.	01/15/86	32 YRS
RUSH HOUR SERENITY GROUP	ROSE C.	10/15/84	34 YRS

**The Birthday Club:** Contributions to the Central Office help support the local services to members and groups throughout Hillsborough and East Pasco Counties and help ensure that the A.A. message is carried around our area. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. Ask your Treasurer if they have any Birthday envelopes available. We usually send one out when a group sends in their contribution to Central Office or call or email your Central Office. **933-9123 or aainfo@aatampa-area.org**

**Do You Have A Subscription To Our Newsletter "Tri-County Central Office News " ? Why Not???**  
**For \$7.00 You Will Receive 12 Issues. The "NEWS" Is One Of The Few Ways Central Office Can Reach Our Individual Member's.**  
**PLEASE HELP SUPPORT YOUR NEWSLETTER**



**62nd Florida State Convention 2018**

Wednesday, August 15th – Sunday, August 19th  
www.FloridaStateConvention.com  
Fort Lauderdale Harbor Beach Marriott Resort and Spa  
Fort Lauderdale, Florida  
www.MarriottHarborBeach.com

## MORE NEWS AROUND THE TOWN & THE AREA

### TRI-COUNTY CENTRAL OFFICE 43th ANNIVERSARY DINNER SPEAKER MEETING

Celebrating 75 Years as our  
 Area Service Center  
**Saturday February 10th, 2018**  
 Metropolitan Community Church  
 408 East Cayuga Street  
 Tampa, Florida 33603

Doors Open @ 5:00 pm  
 Dinner @ 6:15 pm  
 Tickets for the Dinner: \$15.00  
**POT-LUCK DINNER**  
 Please bring a side-dish to share

**Speaker:**  
**Cappy T.**  
**Sobriety Date: 11-22-1974**  
**The Reflections Group**  
 Seating Limited to 300

Sobriety Countdown-50/50 Raffle—Cakewalk Raffle  
 & First Edition Big Book Raffle (12th Printing 1948)  
 Tickets for Big Book Raffle \$5.00 per ticket  
 You do not need to be present at the event to win.

164USF will host a 'FOUNDATION MEETING' on February 7<sup>th</sup> & 14<sup>th</sup> 2018.

The Power Point presentation will include background of the practical program of action and many of the individuals involved in the stories behind how Alcoholic's Anonymous came to exist.



Wednesdays @ 7PM

Chapel Center USF

12849 USF Sycamore Dr

Tampa, FL 33620

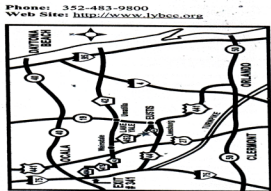
164 USF was established in 2010 at the request of USF Medical College. Medical, nursing and mental health students are required to attend some twelve step meetings. The college desired a meeting be held on or near campus for the student's convenience.

This outreach serves to help future health care service providers understanding about alcoholism and the vital purpose AA serves to provide a 'Solution'.

Although still well attended by observers - we also need support by recovered alcoholics.

Questions or Comments to: [Dan@164FL.com](mailto:Dan@164FL.com)

Lake Yale Baptist  
 Conference Center  
 39034 County Road 452  
 Leesburg, FL 34788



SUGGESTED WEB DRIVING DIRECTIONS:  
<http://www.lybce.org/about-us/directions/>

**25th ANNUAL HOUSECLEANING**

**Spiritual Retreat for A.A. & Al Anon**

**LAKE YALE CONFERENCE CENTER, FL**  
**MARCH 9-11, 2018**

Online Registration Available:  
[www.ccaaa.org/aa-alanon.com](http://www.ccaaa.org/aa-alanon.com)

Please only one name per Registration

**25th Annual Housecleaning Retreat**  
**March 9-11, 2018**  
 Return with deposit or full payment

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, ST, Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Sobriety/Serenity Date: \_\_\_\_\_

Physical Need: \_\_\_\_\_  
 Over 60: \_\_\_\_\_  
 Name your significant other if attending  
 Room assignments will be separate

These prices are **EX-GRATIA** with registration:  
 TEE SHIRT: \$16 How many? \_\_\_\_\_  
 S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_  
 SWEATSHIRT: \$22 How many? \_\_\_\_\_  
 S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

Registration: \_\_\_\_\_ Amount \_\_\_\_\_  
 T-Shirt: \_\_\_\_\_  
 Sweatshirt: \_\_\_\_\_  
 Total Enclosed: \_\_\_\_\_

\*Proceeds from Tee Shirts & Sweatshirts  
 Sales Support Scholarships

### DON'T PASS ME UP!

25th Annual Housecleaning Retreat  
 March 9-11, 2018

WHERE: 39034 County Road 452  
 Leesburg, FL 34788  
 (Map on reverse side)

WHEN: Supper 6:00 p.m. Friday  
 Through Sunday noon

COST: **\$185.00 Per Person**

Single room available for additional \$55.00  
 (Transferable, but not refundable)

DEPOSIT: **\$90.00**

Required for advance reservations

Balance due by Jan 15, 2018

After Feb. 1<sup>st</sup>, check for space.

PAYMENT: Make check payable to:  
**Tom Brown**

SEND CHECK TO:

**Tom Brown/Carmen Leon**  
 Annual Housecleaning Retreat  
 2118 S. Cortez Avenue  
 Tampa, FL 33629

Phone: 813-951-5740

For more information call:

Carmen E. Leon	Pinellas Park, FL	937-241-1377
Diane B.	Lehigh, FL	937-241-1377
Diane B.	Orlando, FL	352-444-7373
Jennifer A.	Orlando, FL	327-410-0428
John E.	Palmdale, CA	336-793-9601
Paul E.	St. Petersburg, FL	317-896-2321
John E.	Orlando, FL	386-257-2533
Marie L.	Franklinville, NC	252-899-3828
Andy L.	Framingham, MA	508-853-3565
Thomas L.	Framingham, MA	508-853-3565

February 29, 2018

**Free Food!**

**Speaker:**  
 Russ K.

**Music by**  
 DJ Paul F.

**Sponsored by**  
 District 2's  
 Grapevine Committee

**Menu:**  
 Hot Dogs, Hamburgers,  
 Sausage & peppers,  
 rice, sodas, desserts!  
 Food served at 11:00!  
 Meeting from 12:30-1:30!

**Grapevine Picnic Event!**  
 11 Lopez Park Shelter 307  
 10:00-2:00

### Steps to Freedom Workshop

June 16, 2018

9:00AM until 4:30 PM

St Mary's Church

4311 West San Miguel

Tampa, Fl. 33629



Come and join us and learn how to walk a free man and/or women.

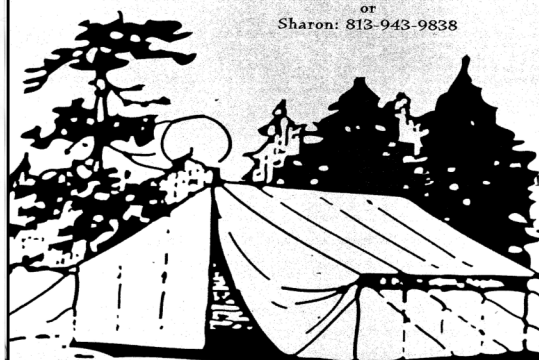
Food, fellowship and more!

### Spring Sobersticks April 13th, 14th & 15th 2017

Fun and Fellowship all weekend with  
 camping, Kayaking/canoeing  
 8pm campfire meetings

\$5.00 per night per person  
 Well Be-Haved pets are welcomed  
 Group rates on canoe or kayak rentals

FOR MORE INFORMATION CALL  
 Stewart: 813-455-7260  
 or  
 Sharon: 813-943-9838



Little Manatee River  
 Canoe Outpost

18001 U.S. hwy 301 S.  
 Wimauma, FL 33598  
 813-634-2228

