

Tri-County Central Office News

Central Office was formed by the groups, for the groups, supported by the groups.

A Monthly Newsletter of the Tri-County Central Office, Inc. 8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

Phone: 813-933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

October, 2016

The First Chance

SLIPS AND HUMAN NATURE The mystery of slips is not so deep as it may appear. While it

Superficially I appear to be that frequently describes individual "the average citizen," the sort of person you pass daily on the street, confront briefly in an elevator, or sit next to on the bus or streetcar. In background I have much in common with the individual in family, schools occupation and earnings. I differ only when you consider that I seemed to have much more than average difficulty adjusting myself to the demands of life as we find it today. In my individual failure to adjust lies a story of wrecked hopes, dishonor and degradation that found its ultimate end on Skid Row in San Francisco. The entire history of this failure lies in a simple statement: I am an alcoholic. I found an answer to frustration in the bottle of a shot glass and I was to pursue this course until I has wrecked my home and my civilian occupation, and was dismissed from the service of my country with a Bad Conduct Discharge. Why this condition existed I cannot pretend to explain, nor for my present purposes is it very important. I know from experience that alcoholism is no respecter of person and certainly not of position. It strikes with the same lack of discrimination displayed by cancer, and can be as fatal. The simple facts were these. From social drinking I launched myself into a daily pattern of drinking which absorbed more and more of my attention. The bouts were of increasing duration. The morning drink became habitual until finally everything was submerged in an alcoholic fog from which I rarely came forth. I had finally arrived at that point where one drink was too many and one hundred not enough. I had made many fruitless attempts to halt the progress of what I now know was a disease rather than a form of moral degeneracy, and on many occasions. well-meaning friends had attempted to help, only to give up in disgust and despair. It was not until I finally stood at what for me was the crossroad of final decision, confronted by death, insanity or a lifetime spent in jail on 30, 60 and 90 day installments, that I thought of approaching AA. Here for the first time in my life l said to another person, "I am an alcoholic," and a burden was lifted. I found, for the first time, people whom I understood and more important, who understood me. Sympathy that was something besides a sterile mouthing of words was ever-present as I gradually groped my way back to a place in society. Taking them one by one, and at a pace predicated on my own desire in the matter, I was introduced to the broad and elastic policy of suggested steps to sobriety and a new way of life, which paradoxically is as old as man in his first family group. I found no hard and fast rules to be observed or pledges to be taken, and a colossal indifference to my background, identity or motivation. In short, I had a drinking problem and I was accepted among friends who understood that problem. There was a simplicity of purpose coupled with a corresponding simplicity of program. AA's twelve suggested steps for recovery, 197 words by my count, were the keystone upon which I was to build my sobriety and a new life. Of these twelve steps the newcomer is actually concerned only with the first at the outset: "admitted we were Go to page 3

does seem odd that an alcoholic, who has restored himself to a dignified place among his fellowmen and continues dry for years. should suddenly throw all his happiness overboard and find himself again in mortal peril of drowning in liquor, often the reason is simple. People are inclined to say, "There is something peculiar about alcoholics. They seem to be well, yet at any moment they may turn back to their old ways. You can never be sure." This is largely twaddle. The alcoholic is a sick person. Under the technique of Alcoholics Anonymous he gets well that is to say, his disease is arrested. There is nothing unpredictable about him any more than there is anything weird about a person who has arrested diabetes. Let's get it clear, once and for all, that alcoholics are human beings. Then we can safeguard ourselves intelligently against most slips. In both professional and lay circles, there is a tendency to label everything that an alcoholic may do as "alcoholic behavior." The truth is, it is simple human nature. It is very wrong to consider any of the personality traits observed in liquor addicts as peculiar to the alcoholic. Emotional and mental quirks are classified as symptoms of alcoholism merely because alcoholics have them, yet those same quirks can be found among non-alcoholics too. Actually they are symptoms of mankind. Of course, the alcoholic himself tends to think of himself as different, somebody special, with unique tendencies and reactions. Many psychiatrists, doctors, and therapists carry the same idea to extremes in their analyses and treatment of alcoholics. Sometimes they make a complicated mystery of a condition that is found in all human beings, whether they drink whiskey or buttermilk. To be sure, alcoholism, like every other disease, does manifest itself in some unique ways. It does have a number of baffling peculiarities that differ from those of all other diseases. At the same time, any of the symptoms and much of the behavior of alcoholism are closely paralleled and even duplicated in other diseases. The slip is a relapse! It is a relapse that occurs after the alcoholic has stopped drinking and started on the A.A. program of recovery. Slips usually occur in the early states of the alcoholic's A.A. indoctrination, before he has had time to learn enough of the A.A. techniques and A.A. philosophy to give him a solid footing. But slips may also occur after an alcoholic has been a member of A.A. for many months or even several years, and it is in this kind, above all, that often finds a marked similarity between the alcoholic's behavior and that of "normal" victims of other diseases. No one is startled by the fact that relapses are not uncommon among arrested tubercular patients. But here is a startling fact -- the cause is often the same as the cause that leads to slips for the alcoholic. It happens this way: When a tubercular patient recovers sufficiently to be released from the sanitarium, the doctor gives him careful instructions for the way he is to live when he gets home. He must drink plenty of milk. He must refrain from smoking. He must obey other

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District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

(877) AATAMPA or (877) 228-2672!

(Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.)

The September 10th meeting of TBAIC was opened by chair, Susan O., leading the "Serenity Prayer". She received the usual message from Buddy H. that all's well with the men's jail meeting at the Orient Road and Falkenburg locations.

Tom F. gave a brief overview of the Treasurer's Report. He then presented a proposal from the Hillsborough County Sheriff's Office (a representative was supposed to be at the meeting). The idea is still in the planning stages, but their goal is to eventually have daily AA meetings for those sentenced to jail and have been mandated, by a judge, to attend AA meetings. This plan is still in the future.

Ruth N. from E. Pasco County women's, is not having problems with volunteers. There has been a scheduling change which is taking some getting used to. Now all pods are combined into one large meeting. Therefore, it's less meetings with a large group of those who want it and those who really don't want to be in the meeting.

Jim S. had four calls for "Bridge the Gap". Ron in Riverview gave two rides, one had a medical emergency and 911 was called and the fourth call was referred to Michelle.

Jim H. said the meetings at Zephyrhills Prison are going great. The inmates are actively involved. Two former inmates, that have been recently released, are still continuing to go to meeting and working the program.

Steve (recently moved here from Ohio) introduced himself and said he was the H&I coordinator for his home-group "Live and Let Live", at the Rainbow Recovery Club.

Soberween is Saturday, October 29th, at the Hip Room Dance Studio. Proceeds benefit TBAIC. Tickets are \$10 in advance or \$12 at the door. Ticket information: Alan 813-789-8822

"...there was nothing left for us but to pick up the simple kit of spiritual tools laid at our feet."

(Big Book, p25)

YTD Contributions to TBAIC \$19,644.38

YTD Money Placed in Tri-County spending account \$17,708.74 Money in Spending Account at Year End 2015 \$55.02

YTD Money Spent on Literature \$17,602.26

YTD Expenses \$1,057.98

Pink Can Balance as of 12/12/2015 \$168.27

Pink Can Balance as of 09/10/2016 \$1060.73

The Corrections Committee needs all types of volunteers. We need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help us. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated. Let's face it: many of us who have never been arrested just never got caught!

Our Next Committee Meeting

October 1st, 2016 9:30 AM on at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation last Month:

AA 101 Group \$171.45; Brandon Big Book Study Group \$62.89; Good Day AA and Staying Alive \$550.00; Hide A Way Group \$97.09; High Nooner's Group \$29.00; HOW Group \$60.00; Keystone Discussion Group \$71.90; Live and Let Live Group \$9.00; Morning Meditation Group \$84.88; On The Way Home Group \$102.00; Ruskin Fellowship Sunday \$40.00; Soberstock \$1000.00; Steps To Freedom \$1600.00; Turning Point Zephyrhills Group \$13.00; Wellspring Recovery Group \$95.00; Women's Friendship Group 108.81;

TBAIC 2014-2015 Committee Members

Susan O Chair	813-325-6538
Jim S.—— Alternate Chair	813-679-9130
Tom F.— Treasurer	813-205-4945
Steve H. Alt. Treasurer	937-474-8358
Larry B Secretary	813-215-8423
Nancy B.— Alt. Secretary	813-872-0262
Open- Hills Jails -	
Buddy H. – Hillsborough County Jail	813-871-2514
Cydney P. Hills Women's Jails	813-475-1136
Scott R. Detox & Treatment	813-727-8839
Ruth N E Pasco Jail-Women's	813-629-1547
Chris D E Pasco Prison	813-857-5400
Michele SWomen's Bridge The Gap	813-507-5796
Jim S.—— Men's Bridge The Gap	813-679-9130
Open- Pre-Release	
Open- Juvenile	

The First Chance......from page 1

powerless over alcohol...that our lives had unmanageable." I had known for years that I was powerless over alcohol, but never had really admitted it except in the innermost depth of my being. The condition in which I found myself offered convincing evidence that my life had become unmanageable. It might be well to state here that an alcoholic does not necessarily reach the depths which I plumbed. The person in white tie and tails shouting obscenities at the doorman as he is hustled to a waiting car differs only in the economics of the situation from the ragged individual who gets bounced, quite literally, from the gin mill on the other side of the track. With the reassuring support of many new -found friends, I approached the problem by which I had been hag-ridden for ten years. The inner turmoil of a reawakening conscience and the stirrings occasioned by the initial attempts at honesty and open-minded willingness are still, and will probably always be, a vivid recollection. It was pointed out to me that there was no panacea. No one could get sober for me, nor could they outline any hard and fast rules for obtaining and maintaining sobriety. There were however, certain broad basic principles which had proved successful in thousands of cases over many years, and there was the statement in the Big Book: "Rarely have we seen a person fail who has thoroughly followed our path." A friend suggested that for years, not unlike many other alcoholics, I had the relapses. The patient in each case rationalized himself out been beset by a myriad of problems, economic, social, and of a sense of his own perilous reality. He deliberately turned domestic, which had obscured the fundamental problem of alcohol. The latter was always in the background, something to think about after all my other problems had been solved. This had been the case cided he didn't have to follow directions. Now that is precisely and I was willing, even eager, to accept the suggestion that I consider tackling the problem of alcohol first and the many the alcoholic in A.A. who has a slip. Obviously, he decides to so-called major problems later. I came to realize also that circumstances outside myself, neither people, geography, nor starts thinking wrong before he actually embarks on the course employment, had any bearing on a problem deep within me. This to that leads to a slip. There is no reason to charge the slip to a person, unacquainted with alcoholic reasoning, or lack of it, alcoholic behavior or a second heart attack to cardiac would seem to be self-evident; to me it was a startling discovery behavior. The alcoholic slip is not a symptom of a psychotic and led to my first attempts at mature reasoning of a problem rather than its submergence in alcohol. Space does not permit a detailing of the results obtained except to state that they have been successful beyond anything I thought possible. On that day when I stood at the crossroad of decision contemplating the end of hope, and perhaps of life itself, I found that the end was really the beginning of life for me and the thing that I had approached so hesitantly as being the last chance was actually the first chance I've ever had.

Ed C., Midtown Group, San Francisco, California Reprint Permission/ AA Grapevine/ October 1954

WE STILL NEED 12 STEPPERS!!!

There are hundreds, probably thousands of active alcoholics in our area. Many may never think they need our help or even want our help. But, just like you and I, there will be a few who desperately want and need our help. Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out. Email: aainfo@aatampa-area.org

A man walked out of an AA hall where a speaker was addressing a meeting. Someone in the corridor asked if the speaker had finished his speech."Yes," was the reply, "but he hasn't stopped talking."

SLIPS AND HUMAN NATURE......from page 1

stringent rules. For the first several months, perhaps for several years, the patient follows directions. But as his strength increases and he feels fully recovered, he becomes slack. There may come the night when he decides he can stay up until ten o'clock. When he does this, nothing untoward happens. Soon he is disregarding the directions given him when he left the sanitarium. Eventually he has a relapse. The same tragedy can be found in cardiac cases. After the heart attack, the patient is put on a strict rests schedule. Frightened, he naturally follows directions obediently for a long time. He, too, goes to bed early, avoids exercise such as walking upstairs, quits smoking, and leads a Spartan life. Eventually, though there comes a day, after he has been feeling good for months or several years, when he feels he has regained his strength, and has also recovered from his fright. If the elevator is out of repair one day, he walks up the three flights of stairs. Or he decides to go to a party -- or do just a little smoking -- or take a cocktail or two. If no serious after effects follow the first departure from the rigorous schedule prescribed, he may try it again, until he suffers a relapse. In both cardiac and tubercular cases, wrong thinking preceded the acts that led to away from his knowledge of the fact that he had been the victim of a serious disease. He grew overconfident. He dewhat happens with the alcoholic -- the arrested alcoholic, or take a drink again some time before he actually takes it. He condition. There's nothing screwy about it at all. The patient simply didn't follow directions! For the alcoholic, A.A. offers the directions. A vital factor, or ingredient of the preventive, especially for the alcoholic, is sustained emotion. The alcoholic who learns some of the techniques or the mechanics of A.A. but misses the philosophy or the spirit may get tired of following directions -- not because he is alcoholic, but because he is human. Rules and regulations irk almost anyone, because they are restraining, prohibitive, and negative. The philosophy of A.A. however, is positive and provides ample sustained emotion -- a sustained desire to follow directions voluntarily. In any event, the psychology of the alcoholic is not as different as some people try to make it. The disease has certain physical differences, yes, and the alcoholic has problems peculiar to him, perhaps, in that he has been put on the defensive and consequently has developed frustrations. But in many instances, there is no more reason to be talking about "the alcoholic mind" than there is to try to describe something called the "cardiac mind" or the "TB mind." I think we'll help the alcoholic more if we can first recognize that he is primarily a human being -- afflicted with human nature. By William D."Silky" Silkworth, M.D. Reprint Permission/AA Grapevine/ October 1963

NOTES FROM INSIDE THE CENTRAL OFFICE

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September 13th, 2016 the Board of Directors for Central Office BOARD MEMBERS REPRESENTING GROUP				
BRETT B.	CHAIRPERSON	164 WESLEY CHAPEL GROUP		
ROBERT L.	VICE-CHAIR	LATENIGHTERS GROUP		
ALEX K.	TREASURER	TO IMPROVE OUR CONSCIOUS CONTACT		
MINDY W.	BOARD MEMBER	STEP SISTERS IN SOBRIETY		
JIM M.	BOARD MEMBER	MONDAY NIGHT MEN'S GROUP		
LARRY B.	BOARD MEMBER	AA 101 GROUP		
PEDRO P.	BOARD MEMBER	LIVE & LET LIVE GROUP		
BILL J.	BOARD MEMBER	EARLY RISERS GROUP		
Resigned	BOARD MEMBER	WOMEN'S FRIENDSHIP GROUP		
Open	BOARD MEMBER			

Brett opened the meeting in the usual matter with the Serenity Prayer and asking everyone to turn down their cell phones. Bill J. was acting as an alternate for the Early Riser's Group. Secretary Report: Larry read the August minutes. There were no questions. Minutes were seconded and approved. Treasurer Report: Alex presented the August Treasurer's Report noting that we were \$586.21 in the red for the month. Alex announced that it seemed contributions continue to be down compared to last year and were minus \$1,208.23 for the year. The August Treasurer's report was seconded and approved. Office Managers Report: Brett presented the Office Managers Report. There were no questions. The Office Managers report was seconded and approved. Old Business: Discussion centered on the recent Old Timers Ask it Basket Meeting. Brett noted that...never again will we have a conversation about food, we had plenty unfortunately we didn't have a good attendance, only about fifty people. In part we had to hurry up to do this one. The panel was awesome. Mindy noted that...I hope we will go back to Founders Day more prepared with better planning. Discussion drifted off to the dinner in February. Mindy noted that the church she attends has awesome settings for an event. Pedro noted that the map for the website will soon be completed. New Business: Mindy asked to bring to the Council about the venue for the February dinner. Talks continued about finding other venues to hold our events at. Pedro noted that the MCC had some parking spaces and shared parking across the street. They had 350 people there for their New Years Dance. Suggestions were made about checking into recreation centers. Someone stated ..to take it to the Council and ideas will start flowing. Mindy hoped we could find a nice central location. Pedro stated that he had no problem with Christ the King. Some brief chitter-chatter and the meeting closed with the Lord's Prayer. Brett opened the Council meeting in the usual matter with the Serenity Prayer. He then asked if everyone had signed in and to please turn down your cell phones. Secretary Report: Fred read the August minutes. There were no questions, the Minutes were seconded and Treasurer Report: Alex presented the August approved. Treasurer's Report noting that we were \$586.21 in the red for the month. Alex announced that it seemed contributions continue to be down compared to last year and were minus \$1,208.23 for the year. The August Treasurer's report was seconded and approved. It was also noted that All Group meetings help to generate funds for Central Office. Kathie noted that contributions have been down for the past few months. Office Managers Report: Brett presented the Office Managers Report. There were no questions. The Office Managers report was seconded and approved. Brett then stated..For those here for your first time, see this (the meeting schedule) inside of this have you read....he then read, "What is Central Office," and then "What is Central Office Representative." You also get a 20% discount on

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September 13th, 2016 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

COUNCIL MENIBE	KS REPRESENTING GROUP
BRIAN L.	BARRACKS BRIGADE GROUP
BILL J.	EARLY RISERS GROUP
JEFF M.	CARDINAL GROUP
L'ANDIA M.	BOND OF UNDERSTANDING GROUP
LARRY G.	LIVING IN THE SOLUTION GROUP
NANCY F.	CAME TO BELIEVE GROUP
STEVE S.	EXPERIENCE, STRENGTH & HOPE GROUP
TAMMY J.	PROMISES GROUP
CHANTAL K.	NEW HOPE BIG BOOK STUDY GROUP
MARK L.	SUN CITY CENTER GROUP
LINDA F.	SIMPLY SOBRIETY GROUP
САТНҮ К.	HIDE-A-WAY GROUP
THOMAS M.	KEEP IT SIMPLE GROUP
CARL L.	KEEP IT SIMPLE GROUP
JACK S.	THE MEETING PLACE GROUP
PAM C.	TURNING POINT GROUP
MELISSA H.	TURNING POINT GROUP
JOYCE D.	NIGHTLY NEWCOMERS GROUP
CIERRA L.	SAFE HAVEN GROUP
DEBBIE S.	TO IMPROVE OUR CONSCIOUS CONTACT
KATHIE N.	SOBRENITY GROUP
MEGAN F.	WOMENS SOBRIETEA GROUP
LINN D.	KEYSTONE GROUP
MRGHAN M.	FRIDAY WOMENS FRIENDSHIP GROUP
PEDRO P.	LIVE & LET LIVE GROUP
FINN K.	NEW TAMPA MENS GROUP
ISAAC M.	NEXT DOOR GROUP
KARA H.	SISTERS IN SOBRIETY GROUP
ERICA J.	SISTERS IN SOBRIETY GROUP
VIVIAN J.	NEW BEGINNINGS WOMEN'S GROUP
FRED H.	OLD SCHOOL GROUP

items purchased tonight. Central Office was formed by the groups for the groups, supported by the groups. Kathie asked how many groups in our area. Around 233 and 40 send in contributions in the month of August. Steve noted that some groups send in contributions quarterly, bi-annually or monthly. **Old Business:** Brett talked about it's the responsibility of the group bringing ideas to their group and bringing ideas from their group---bring us some action. New Business: Brett noted that...never again will we have a conversation about food. There were pizzas and chicken and all kinds of food. We had plenty unfortunately we didn't have a good attendance, only about fifty people. In part we had to hurry up to do this one. We got to hear some of the best speakers in our area. Kathie noted that Bill with 44 years was up there like a teenager-everything went off great. The younger people seeing us older people with sobriety-it was awesome. It was noted that our February Dinner and Founders Day were already locked up for next year at Christ the King. It was also noted that they prices were going up to \$500.00 per event. We need to look around for less expensive venues. Someone mentions Recreation Centers. It was suggested maybe groups do All Groups meetings, if you don't know how, contact Tim. It was suggested to start getting flyers out early. It was also suggested to do a First Edition Big Book Raffle. A few announcements were made. Meeting ended with the Lord's Prayer

Tri-County Central Office, Inc.	Tampa, Florida	33614-2763	ph. 933			
ANNIVERSARY TIME It Works-It Really Does—Ask them how they did it!!!						
GROUP	Honors To	Date	Years			
FRIDAY FRIENDSHIP WOMENS	SUE I.	10/16/13	3 YRS			
FRIDAY FRIENDSHIP WOMENS	MEGHAN M.	10/31/10	6 YRS			
FRIDAY FRIENDSHIP WOMENS	DOTTY R.	10/10/10	6 YRS			
FRIDAY FRIENDSHIP WOMENS	MAURA	10/04/04	12 YRS			
RIVERSIDE GROUP	JEFF C.	10/21/96	20 YRS			
RIVERSIDE GROUP	JOAN P.	10/08/91	25 YRS			
RUSH HOUR SERENITY GROUP	GEORGE E.	10/08/12	4 YRS			
RUSH HOUR SERENITY GROUP	SCOTT D.	10/10/07	9 YRS			
RUSH HOUR SERENITY GROUP	ROBERT R.	10/26/87	29 YRS			
RUSH HOUR SERENITY GROUP	ROSE ANN C.	10/15/84	32 YRS			
THE MUSTARD SEED GROUP	MARTIN G.	10/17/13	3 YRS			
SOBER @ 7 GROUP	BETTY E.	10/08/09	7 YRS			
SOBER @ 7 GROUP	JOHN W.	10/26/97	19 YRS			
SOBER @ 7 GROUP	ANN S.	10/01/88	28 YRS			
SOBER @ 7 GROUP	RICH R.	10/01/74	42 YRS			
KEYSTONE GROUP	JOE C.	10/31/12	4 YRS			
KEYSTONE GROUP	ED D.	10/17/05	11 YRS			
KEYSTONE GROUP	ALEX P.	10/11/90	26 YRS			
KEYSTONE GROUP	STEVE D.	10/31/90	26 YRS			
KEYSTONE GROUP	GUY S.	10/24/88	28 YRS			
KEYSTONE GROUP	MITCH S.	10/22/87	29 YRS			
KEYSTONE GROUP	TOM F.	10/19/81	35 YRS			
A BIRTHDAY CLUB SUPI ONE DOLLAR FOR E						
Home Group	Honors To	Date	Years			
HIDE-a-WAY GROUP	САТНҮ К.	08/11/11	5 YRS			
: :	WEE IN DANCE PA 8.2016					
Where: The Hip	Room Dance Studio Franklin St., Tampa, F		À			
In Advance: \$10 At Door: \$15	Proceeds to benefit TBAI (Tampa Bay Area Institut		*			

Parking: Free

SELF-SUPPORT-September, 2016

© Today in September of 2016 we have 218 Groups with 576 meetings a week. Contributions in September totaled \$5,014.49. That accounts for what 41 Groups out of 218 Groups in our area have contributed in September. This also takes into account the \$30.00 from 1 member who contributed to the Birthday Club. Our total income for September was \$14,978.61. Our Cost of Goods Sold was \$7,519.68. Subtracting the Cost of Goods Sold from our September income left us with a Gross Profit of \$7,458.93. Our Total Expenses for September were \$8,179.48. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$720.55 for the month of September. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we have to try and strive to keep up with the demand. That is only possible with your continued support. Thank you for all of your support!!!

DISTRICT 2 PRESENTS GRATITUDE DINNER

SATURDAY 19.NOVEMBER

SPEAKERS
SHERYL + STEPHEN R.
SPRING HILL, FL

CHRIST THE KING CHURCH 821 SOUTH DALE MABRY TAMPA, FL 33609

> DOORS OPEN 5PM DINNER 5:30PM DESSERTS WELCOME!

FOOD-FUN-FELLOWSHIP

Tickets \$10 in advance, \$12 at the door, proceeds to G.S.O. for more info call Allan @ 813-789-8822

Do You Have A Subscription To Our Newsletter
"Tri-County Central Office News"? Why Not???For \$7.00 You Will Receive 12
Issues. The "NEWS" Is One Of The Few Ways

Central Office Can Reach Our Individual Member's. PLEASE HELP SUPPORT YOUR NEWSLETTER

Monthly Newsletter of the Tri-County Central Office, Inc. Tampa, Florida 33614-2763 ph. 933-9123—Printable Flyers—www.aatampa-area.org

MORE NEWS AROUND THE TOWN & THE AREA

Fall Sobersticks October 7th, 8th & 9th, 2016

Fun and Fellowship all weekend with camping, canoeing, campfires morning meditation meetings and 8pm campfire meetings.

Contacts: Stewart 813-455-7260 Sharon 813-943-9838



SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY

"Spirit of Rotation"

Hosted by District 9 * Broward County, Florida * October 7^m-9^m, 2016

Registration Friday 4:00 PM - 8:30 PM; Saturday 8:00 AM - 8:30 PM; Sunday 7:00 AM - 9:00 AM

Fort Lauderdale Marriott North

6650 N Andrews Avenue Fort Lauderdale, Florida 33309 Phone: 954-771-0440 / Fax: 954-772-9834 Reservations: 800-228-9290

Room Rate: \$109.00 Must be received by September 7th, 2016 Book your group rate for GSA15SFGENERAL Group Code: GSA15 SF GENERAL

Group Code: GSA15 SF GENERAL

Directions:

1-95 to Exit 33B (Cypress Creek West), turn right at second traffic light onto Andrews, hotel is ½ mile north on the

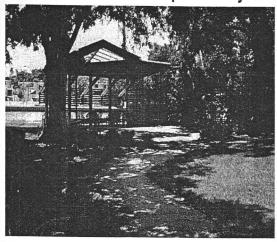
right.

QUESTIONS? Please contact Quarterly Chair
Jackie S. at 954-901-1345 or
quarterlychair@district9aa.org

For hotel room cancellations OR to be placed on a hotel room wait list, please contact hotelinfo@area15aa.org

October 13-16, 2016 Conscious Contact Retreat

For Women in 12 Step Recovery



Retreat Leader: Sister Cathy C

Where: The Franciscan Center 3010 N. Perry Ave. Tampa, Florida 33603-5345

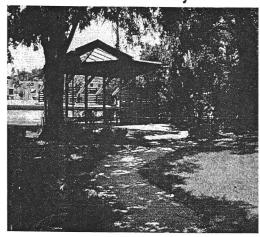
Conscious Contact Women's Retreat: "Progress, Not Perfection"

Thu, October 13, 5 pm –

Sun, October 16, 11:30 am

November 25-27, 2016 Conscious Contact Retreat

For Men in AA only.



Retreat Leader: Sister Cathy C

Where: The Franciscan Center 3010 N. Perry Ave. Tampa, Florida 33603-5345

Conscious Contact Men's Retreat: "...not a theory. We have to live it."

Fri, November 25, 5 pm -

Sun, November 27, 11:30 am

Group	SEPT	YTD	Group	SEPT	YTD	Group	SEPT	YTD
11th Step Group- Christ King		540.00	Keystone Group		568.05	Sisters in Sobriety Group	242.40	852.68
11th Step Retreat			Keystone All Groups			Sober @ 6 Group		160.00
A.A. 101 Group		1,148.59	Kingsway Group		579.00	Sober @ 7 Group		788.01
AA Big Book Survival Gp.		20.00	Last Call Meeting			Sober @ 7 Group All Groups		
PC Keep it Simple All Gps Mtg			LateNighters Group		53.75	Sober on Saturday Group	38.75	432.67
Alpha Group			Late Night Red Door Group			Sober Spirits Group		
Anniversary Dinner 2016			Lemon Tree Group			SoberSticks Event		100.00
7th Tradition Basket			Life Enrichment Group			Soberstock Committee		193.75
Trico 50/50 Raffle 2016			Live and Let Live Group	2 (2 00		Sobriety at Sunrise Group		371.00
Cakewalk RaffleEvent 2015			Living in the Solution	263.00	576.00	Sobriety at Sunset Group		530.80 325.00
Housecleaning Retreat	205.56		LivingSober/As Bill Sees It	50 50	121.26	Sobrenity Group		635.25
Anonymous Donations As Bill Sees ItBrandon	205.50		Lunch Bunch Group Lutz @ Noon	58.58 17.00		Sobrenity 30th Anniversary Solutions Group	424.65	1,841.58
As Bill Sees It Mens Odessa			Mad Dogs Group	17.00		Southshore Men's Group	424.03	152.75
Attitude of Gratitude Group			Mapledale Group			Southside Men's Group		132.73
Barracks Brigade Group		130.00	Mid Day Matinee Group			Southside Men's Group # 2	75.00	293.00
Bel-Mar Group		103.35	Monday Night Madness		-	Southside Men's Group # 3	70.00	275.00
Bill & Bob's Excel Adventure			Morning Express Group	120.00		Spiritual Development Gp.		
Bill D's Group			Morning Group -Zephyrhill	120.00		Spiritual Growth Group		
BIRTHDAY CLUB	30.00		Mustard Seed Group			Spiritual Progress Goup		37.15
Brandon Men's Blackbelt	20.00		New Beginnings - Brandon		23.00	Step Sisters in Sobriety		130.00
Brandon Tues. Big Book			New Beginnings Women's	70.00	140.00	Step at a Time Group		673.40
BYO 12 & 12 Group	159.00		New Beginnings-(5:45)Joe's	70.00		Stepping Stones Group (w)		457.06
Came To Believe Group	10,100	819.74	New Beginnings-(Our Club)			Sun City Center Group		24.00
Cardinal Group - Odessa		530.35	Newcomers Group			Sunday Speakers - 3333	75.00	600.00
Carrollwood Group		100.00	New Day Group			Sunshine Group	0.19	195.19
Clean Air Group		50.00	New Hope Big Book			Suvivors Big Book Group		20.00
Design for Living Group			New Tampa Mon. Night			Sweet Surrender Group	145.96	155.96
Dover Group		94.92	New Way Women's Group	200.00	900.00	Tampa Bay Speakers Gp.		579.86
Early Risers Group - Joe's	0.32	257.30	Nightly Newcomers Group	151.54	502.42	Tampa Bay Young Peoples		261.88
Expect a Miracle Group		395.00	Nooners GroupRiverview	75.99	264.48	Tampa Palms Big Book		200.00
Experience, Strength & Hope	50.00	445.00	Nooners GroupTampa			Temple Terrace Men's	33.00	33.00
FCYPAA Convention			Noontime Celebration Gp.			TGIS Women's Group		
Fireside Group			N. Brandon Open Forum			Thank God it's Friday Group	312.00	312.00
Freedom in Sobriety Group			Northdale Group			The 164 Group		125.00
Friday Night Lights Group	66.00		Odessa Group			The 164 12 Step Workshop		569.00
Friday Night Lights Ice Cream			Old School Group	1,200.00		The 164 Group USF		100.00
Friday Night Lights Movie			Old School Group All Gps			The Meeting Place Group		127.00
Friday Night Women's Group			Oldsmar Group			The Next Frontier Group	20.00	200.00
Friday Women's Friendship Gifts of Sobriety Group			OldTimers Ask it Basket			T& C Sisters in Sobriety	20.00	200.00
Good Start Group			Oldtimer's Group - JC On the Way Home Tpa 5:30	172.00		To Improve Our Consious Town & Country Men's Gp	1.57 180.00	380.00
Grapevine Gals Group			One Day at a Time Group	1/2.00		Town & Country Wed. Gp	100.00	300.00
Happy Hour Group YANA			Palma Ceia Group			Tues Big Book Study Gp.		331.11
Helping Hands GpP.C.			Palma Ceia Big Book Study		337.10	Turning Point Group -Z-H.		50.00
Hide-A-Way Group			Pathfinders Group		30.00	Uptown/Downtown Group		30.00
High Nooners Group			Pilgrim Group -St Leo's			Valrico Fri. Morning Group		175.00
Hi- Nooners Group			Plank Owners Group			Valrico/Brandon Wed Night		165.75
HOW Group			Plant City Keep it Simple			Village 12 Step Group		
International Doctors of AA			Primary Purpose Group			Warrior's Group		
It's in the Book Men's Gp.			Promises Meeting Group			We Have a Way Out Group		
Just What I Wanted Big Book	120.00	170.00	Prosperity AA Group	110.00		Weedpatch Group		-
Keep It Simple - YANA			Red Chip Day			Wed Night Step Workshop	28.00	53.00
Keep It Simple/Pass It On			Red Door Group			Wed Keep it Simple Group		50.00
Keeping it Simple Group			Reflections Group-Lake Mag	332.10		Wellspring Group	1.88	152.55
			Riverside Group			Wesley Chapel Group		640.25
			Rush Hour Serenity Group			Wesley Chapel Gp B.B. Raffle		272.2.2
			Ruskin Fellowship Group	27.00		With Room to Grow Group		250.00
			Safe Haven Group	35.00		Women's Friendship Group		472.92
			Saturday Night Fever Gp.			YaYa Sisterhood of Sobriety		101.00
			Saturday Night Live Group		100.00			
			Seekers of Serenity II Group		38.29			
Total	630.88		Total	2,805.21				
1 Otal	050.00		1 Otal	2,003.21				
	YTD Total	20,769.80	YTD Total		18515.30	Total	1,578.40	
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						YTD Total	5,014.49	14600.14