

# **Tri-County Central Office News**

When we decide who is to hear our story, we waste no time. We have a written inventory and we are prepared for a long talk. We explain to our partner what we are about to do and why we have to do it...

A Monthly Newsletter of the Tri-County Central Office, Inc. 8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

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May, 2016

#### **ENVY**

## **SOBRIETY TO GO**

No one would argue if you said at a meeting that resentments are among our worst enemies. But resentments, like alcoholism, are a newer members, and my home group recently experienced a new symptom. When you go looking for the cause, envy will often be dug out of the woodwork. Yet most people think of envy as a mild flaw, easily skipped over in the Fourth Step. The truth is that envy has long since earned a high place among character defects. Like many an insidious foe, it has a way of throwing sliders that can fool anyone. As long as our defects go unrecognized, they have a way of growing; they aren't likely to fade away and get lost without real effort by the victim. And envy can sour the thinking process like sauerkraut in a milkshake. The victim would never admit this. (Guilty ones rarely confess anything. Ask any judge, lawyer, or jury.) To envy means "to feel annoyed or aggrieved at the superior possessions or advantages of another person." Any time an alcoholic gets annoyed in this way, there is danger ahead. What shows first as irritation grows quickly into resentment. Emotions may merely simmer; but as in a kettle with the lid jammed on, pressure rises, and resentment can burst into rage. So what started as a touch of mild envy may eventually boil into something lethal and end in tragedy (which for us means a drink). Suppose someone remarks here, "Why worry about it? Remember, Easy Does It." There is a strong answer. It comes from Bill W., AA's co-founder, who noted in the Grapevine (November 1960) that alcoholics have three choices in seeking sobriety: (1) "A rebellious refusal to work upon our glaring defects can be an almost certain ticket to destruction"; (2) "for a time, we can stay sober with a minimum of self-improvement and settle into a comfortable but often dangerous mediocrity"; or (3) "we can continuously try hard for those sterling qualities that can add up to fineness of spirit and action—true and lasting freedom under God." If we take the third course, we'll begin with a "searching and fearless" look into ourselves. Do I envy John or Jane Doe, recently promoted while I sat still? Or their new car while mine is old and rusty? Or the fact that his son made MIT while mine took a low-level job? The list will be long; for each, it will vary; but honesty will show that envy warps countless minds. Envy has a long arm; its fingers touch many sides of our thinking, and therefore influence our actions. Is this a human frailty that can't be helped? No! Once anyone uses the Fourth Step without reserve and begins to see exactly what is wrong, a start can be made. Only that is needed. Perfection isn't in reach. But willingness will open many gates, and the road ahead can be upward, if we so choose, one day at a time.

Bill C., Hull, Mass.

Reprint Permission/ AA Grapevine/ May/ 1976

Just a reminder to everyone: If you would like your group to be able to receive a 20% discount on all literature and merchandise at the Central Office, have a representative of your group show up for the Council Meeting the second Tuesday of every month at 7:00 pm, at the Central Office.

As often happens, we learn most in AA from listening to our dimension of the Fifth Tradition because of it. We have a periodic group inventory, every four to six months, so that we can stay healthy as a group. We use the Traditions as well as some of the questions from the "AA Group' pamphlet as our guide. We pick a separate night and spend three to four hours checking our group pulse. At one of these inventory sessions, we had gotten to the Fifth Tradition when a member who had been with us for five months or so spoke up. "I am confused," he said. "This Tradition says that "Each group has one primary purpose-to carry its message to the alcoholic who still suffers.' He paused a moment, then hesitantly said, "I have been attending this group recently for five months now, and we have never left this room!" The result of this new member's wisdom and willingness to participate is that our group now sponsors a weekly meeting at a local treatment center. We carry our format and our group's message to them. From this weekly Twelfth Step activity, our group has grown as some of the alcoholics in the treatment center join with us when they leave treatment. Our group has benefited in several ways other than new members. For a while, we saw an influx of non-alcoholics into the AA groups. Many of these came to us from treatment, having been told to just go to AA by well-meaning professionals who were not really familiar with what AA did and did not do. We have learned that we were at fault when this happened. If we do not show up to explain AA to new people, they will hear about it from people who do not know about AA. This simple activity of carrying the message out of our meeting room also answered another problem we were having. Those of us who have been blessed by being in AA when there were plenty of "live" Twelfth Step calls talk a lot about them. Our younger members now have an inexhaustible supply of "live" Twelfth Step calls. By regularly showing up at the treatment center in the spirit of cooperation, we are getting to know the professionals who do deal with problems other than alcohol. When someone shows up at our group who needs help of a different kind from that which we deliver, we can direct them to a person who can help, rather than just throwing them into the winds. This helps us in our effort to stick to our primary purpose, helping alcoholics achieve and maintain sobriety. By being willing to stick close to our primary purpose, by being willing to actually carry the message physically out of our meeting space, we as a group have made our statement—if you attend a meeting at our group, you will hear the message of Alcoholics Anonymous, and if you watch us, you will see the message of Alcoholics Anonymous in action. By being a member of a group that participates in the Fifth Tradition as an activity as well as an idea, I find myself more aware of what I was taught from the beginning: The Traditions apply to my personal life as well as to my group. Just as the

Go to page 3

# District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

### (877) AATAMPA or (877) 228-2672!

(Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.)

The April 9th meeting of TBAIC was opened by Tom F. leading the "Serenity Prayer". (Chair Susan O. and Alternate Chair Jim S. are attending the Quarterly Assembly in St. Petersburg.)

Tom F. distributed the Treasurer's Report. Non-literature expenses were comprised of the annual P.O. Box renewal fee, registering the DBA name with the State, printer ink cartridges and stamps.

Nancy B. had nine original volunteer applications for the Falkenburg orientation on Monday, April 11th. Only two completed their applications and will be attending Monday's scheduled session. An issue regarding transporting volunteers who may have difficulty with the long walk to the Programs Building was addressed. Because of staff reductions, there is no allowance for transporting volunteers to the Programs Building at Falkenburg Jail. It was suggested that volunteers having difficulty with the walk at Falkenburg to consider Orient Road Jail since the walk is shorter and the walkway is enclosed and air conditioned.

Dale P. has been going to ACTS Drew Park for the Wednesday 7pm meeting. He said he would welcome any assistance with the Wednesday night meeting.

Nancy B. gave the Bridge the Gap report with the information provided by Jim S. Bridge the Gap received one request and a ride was given. A request received from Tri-County was also provided a ride. Anita from District 15 had requests from seven people. Out of the seven, 4 bridges were completed and three did not return the phone calls. Michelle received a request from the women's Bridge the Gap from a 17 years old at St. Joseph's Hospital. Since the girl is a minor, parental consent was needed. There is no record of the parental consent being given.

In new business, there is some concern on how to handle donations from fundraising events when the event is open to the public. The matter will be discussed further at the next business meeting.

New Beginnings of Tampa, 1402 Chilkoot Avenue, Tampa 33612 is requesting a meeting for Tuesdays at 7:30pm.

"Guilt aims at self-destruction, and pride aims at the destruction of others." (As Bill Sees It, pg. 140)

YTD Contributions to TBAIC \$7,961.82

YTD Money Placed in Tri-County spending account \$7,094.90

Money in Spending Account at Year End 2015 \$161.28

YTD Money Spent on Literature \$7,208.40

YTD Expenses \$939.19

Pink Can Balance as of 12/12/2015 \$168.27

Pink Can Balance as of 04/09/2016 \$75.65

### **Our Next Committee Meeting**

#### Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation last Month:

AA 101 Group \$102.94; As Bill Sees It Group (Brandon) \$82.09; Brandon Big Book Step Study Group \$29.00; Good Day AA and Stay Alive Groups \$212.00; Hide A Way Group \$303.46; High Nooner's Group \$72.26; Keystone Discussion Group \$68.00; Monday Night Men's St. James New Tampa Group \$125.00; Morning Meditation Group \$210.70; Odessa Group \$28.08; Primary Purpose Group \$52.56; Ruskin Fellowship Group \$59.00; Sisters in Sobriety Group 282.40; Sobriety at Sunset Group \$99.35; Sunday Speakers Meeting 3333 \$100.00; Sunshine Group \$50.02; Tampa Bay Young Peoples Group \$13.95; Turning Point Group Zephyrhills 26.50; Wellspring Recovery Group \$80.00; Women's Friendship Group \$58.88;

#### TBAIC 2014-2015 Committee Members Susan O. - Chair 813-325-6538 813-679-9130 Jim S.— – Alternate Chair Tom F.— Treasurer 813-205-4945 Carolyn L. Alt. Treasurer 813-961-1144 Larry B. - Secretary 813-215-8423 Nancy B.— Alt. Secretary 813-872-0262 Open- Hills Jails -Buddy H. - Hillsborough County Jail 813-871-2514 Nancy B.— Hills Women's Jails 813-872-0262 Scott R. Detox & Treatment 813-727-8839 Ruth N. - E Pasco Jail-Women's 813-629-1547 Chris D. - E Pasco Prison 813-857-5400 Michele S. --Women's Bridge The Gap 813-507-5796 Jim S.— Men's Bridge The Gap 813-679-9130 **Open- Pre-Release Open- Juvenile**

The Corrections Committee needs all types of volunteers. We need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help us. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated. Let's face it: many of us who have never been arrested just never got caught!

#### **Should I Call?**

He came in at the stroke of eight. Dn't see him talk to anyone as he took a seat on the side of the room. I said to myself, "I'll have to talk to him after the meeting." When I looked around for him after the meeting, he was gone. We had been attending the same small discussion group Thursday nights. But I hadn't seen him at the last couple I'd attended. I like the guy. I identify with him. What he has said makes sense. But is something wrong? This time, he passed when he was called upon. Should I phone him just to chat? Would he resent it? Would I resent his resenting it? I've seldom "bothered" other people. But something was said at the meeting last night about people and loving and having friends and not being alone anymore. And that's gotten me to thinking. What am I afraid of? Of being rebuffed? Should I wait? After all. I may see him on Thursday, tomorrow night. Maybe he's been busy or out of town or going to other meetings. Why do I think he may be having problems? Am I reading something into his behavior that isn't there? Why do I debate with myself? Is it because this is truly my first outreach since I've been back to AA this time? He gave me his card. I know the number. If he didn't want anyone to call him, would he have done that?... Well, I've gone ahead and called. He said he'd been real busy and was bushed in the evenings. He said he had needed the Tuesday meeting and he'd see me Thursday night. He thanked me for calling. Maybe the next time will be easier. It's tough to feel you don't have a friend in the world. I don't know that I would want me for a friend. But AA has shown what to do. It is up to me to figure out how to do it. Meetings are the key—the workshop for human relations. I was a lonesome drunk. I'm no longer drunk. Maybe I'll no longer be lonesome if I keep reaching out.

G.J., El Paso, Tex.

Reprint Permission, AA Grapevine/ May 1979

# SOBRIETY TO GO....continued from Page 1

primary purpose of my AA group is to carry the message, as a member of AA, my primary purpose also is to carry the message. I may not always like the little sacrifices of time and effort, but I am never confused as to what saving my life by God was really all about. The Twelfth Step and the Fifth Tradition make it clear that my sobriety is not only for me—it is for you. Thank God I belong to a group that acts the same way.

Don P., Aurora, Colo.

Reprint Permission/ AA Grapevine/ May 1992

Almost every group problem has a resolution, which usually can be reached through the mechanism of an informed group conscience. Importantly, a good sense humor. cooling-off periods, patience. of courtesy, willingness to listen and to wait—plus a sense of fairness and trust in a "Power greater than ourselves"—have been found far more effective than legalistic arguments or personal accusations. (The AA Group-pamphlet)

#### TAKE MY ADVICE...I'M NOT USING IT

I was feeling rather depressed and called my sponsor and found her in a similar mood. I said, "What shall I do?" At first she said, "I don't know. If you figure it out call me back." Then because she is a loving person, a good friend, and has a terrific grasp of the AA program, she shifted into sponsorship gear and told me to do the following: 1. Wear life like a loose garment. 2. Don't take myself so seriously. 3. Count my blessings. 4. Find another alcoholic to work with. 5. Read the Big Book and go to a meeting. Then she laughed and said, "Take my advice—I'm not using it." I called one of my sponsees, and she was also in a negative frame of mind. I addressed her problem and suggested one through five above. She said she had a sponsee in a melancholy mood. I proposed that I and my sponsor, she and her sponsee could form a singing group called The Depressions and sing the blues. She was not amused. Later in the day my sponsor dropped by with another friend for coffee—and what a change! She's made a Twelfth Step call and taken another alcoholic to a detox. They recounted how she looked like ten miles of bad road, was ill and full of fear and remorse. Suddenly we were all full of gratitude and laughing at the insanity of self-pity and self-imposed depression. We remembered all the pain and confusion of our early days in Alcoholics Anonymous. The simplicity of this program never changes—what works is constant: trust in God, clean house, and work with others.

Terry B., Concord, California Reprint Permission/ AA Grapevine/ May 1997

## HANDLING TWELFTH STEP CALLS

Tradition 5 states that "Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers. This is the Central Office's primary role: "to **carry the message."** We do that by trying to provide ways and means for the alcoholic to get to an A.A. meeting and/or A.A. members to get to the alcoholic. Thus comes our Twelfth Step work. In order for us to stay sober and maintain our own sobriety, we *must* carry the message to others. But how do you, as an AA member do this most vital function? Make sure Central Office has your correct phone number and address. A suffering alcoholic's life could depend on this communication. It is usually considered good practice to have at least two members make the call, possibly one older and one newer member. At least one woman should be along during calls on female prospects, if it all possible. AA members might also be matched up with the prospect as to age or related occupation. Everything helps when trying to establish an area of Fellowship in addition to the common bond of alcoholism. Quite often a new prospect is not entirely convinced of the need for A.A. and anything which assists in overcoming the "you don't understand my problem" attitude can be very helpful. We have found it very helpful for members to read Chapter Seven of the Big Book just prior to making a Twelfth Step call so they are aware of it's suggestions for them. Bring to the meeting tables discussions on Twelfth Step work. How to do it, why we do it, etc

# NOTES FROM INSIDE THE CENTRAL OFFICE

April 12th, 2016 the Board of Directors for Central Office met:

BOARD MEMBERS REPRESENTING GROUP

BOARD MEMBERS		REPRESENTING GROUP				
Excused	CHAIRPERSON	164 WESLEY CHAPEL GROUP				
Excused	VICE-CHAIR	LATENIGHTERS GROUP				
AIDA S.	TREASURER	NEW WAY WOMENS GROUP				
JIM W.	BOARD MEMBER	OLD SCHOOL GROUP				
DIANA S.	BOARD MEMBER	FREEDOM IN SOBRIETY WOMEN'S				
MINDY W.	BOARD MEMBER	STEP SISTERS IN SOBRIETY				
PETER F.	BOARD MEMBER	MONDAY NIGHT MEN'S GROUP				
LARRY B.	BOARD MEMBER	AA 101 GROUP				
PEDRO P.	BOARD MEMBER	LIVE & LET LIVE GROUP				
NO SHOW	BOARD MEMBER					

Brett opened the meeting in the usual matter by asking everyone to turn down their cell phones followed by the Serenity Prayer. Pedro P. from the Live & Let Live Group was introduced as our newest Board Member. Secretary Report: Jim read the March minutes. There were no questions. Minutes were seconded and approved. Audit Report: Patti L. presented the Audit report for the year 2015 along with some suggestions to changing some line items for 2016. After several minutes of questions and answers, the Board thanked Patti for her service. Brett noted, "at least we know we are stable now." Treasurer Report: Aida presented the March Treasurer's Report noting that we were \$2657.68 in the red for the month There were no questions. The March Treasurer's report was seconded and approved. Office Managers Report: Tim presented the Office Managers Report. Old Business: Tim announced the upcoming Founders Day Event but during the meeting he got a call from the Steps to Freedom Committee stating that they had also booked Christ the King for June 18th and had booked it several months in advance. Tim will find out what's going on with the Church. This was followed by questions concerning Founders Day, i.e. what are we serving?, will we have the Cakewalk?--etc New Business: No new Business The meeting closed with the Lord's Prayer. Council Meeting: Brett opened the Council meeting in the usual matter with the Serenity Prayer, followed by asking everyone to turn down their cell phones followed by asking if anyone is new to the Council. Our newest members are: Jeff M. from the Cardinal Group, Tammy J. from the Promises Group, Chaz T. from the Sunshine Group, Kirk K. from the Midday Matinee Group, and Carl L. from the Keep it Simple Group. Secretary Report: Eric read the March minutes. Kathy had a question concerning the speakers for the Founders Day Event. Minutes were seconded and approved. Brett noted that our 2015 Audit had been finalized. Now back to square one. Treasurer Report: Aida presented the March Treasurer's Report noting that we were \$2657.68 in the red for the month There were no questions. The March Treasurer's report was seconded and approved. Office Managers Report: Tim presented the Office Managers Report. Motion to accept was seconded and approved. **Old Business:** Brett had two members read "What is Tri -County Central Office" and "What is a COR." Tim got a call from the Steps to Freedom Committee stating that they had also booked Christ the King for June 18th and had booked it several months in advance. Tim will find out what's going on with the Church. Founders Day may be cancelled.

# May, 2016 page 4

April 12th, 2016 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

BRIAN L.	BARRACKS BRIGADE GROUP
JEFF B.	KEEP IT SIMPLE PLANT CITY GROUP
JON S.	KEEP IT SIMPLE PLANT CITY GROUP
BERNIE H.	FRIDAY NIGHT LIGHTS GROUP
RUSSELL K.	MUSTARD SEED GROUP
KATHIE N.	SOBRENITY GROUP
CINDI M.	PRIMARY PURPOSE GROUP
KARA H.	T & C SISTERS IN SOBRIETY GROUP
MICHELLE G.	JUST WHAT I WANTED GROUP
BILL L.	LIVE & LET LIVE GROUP
JEFF M.	CARDINAL GROUP
JACK S.	THE MEETING PLACE GROUP
JERRY K.	SOBER @ 7 GROUP
CAROL J.	SISTERS IN SOBRIETY GROUP
SILVIA H.	NIGHTLY NEWCOMERS GROUP
CIERRA L.	SAFE HAVEN GROUP
MERRICK M.	TAMPA BAY YOUNG PEOPLES GROUP
STEVE S.	EXPERIENCE, STRENGTH, & HOPE GROUP
TAMMY J.	PROMISES GROUP
SUE Z.	CLEAN AIR GROUP
DAVID Y.	SOLUTIONS GROUP
LARRY G.	LIVING IN THE SOLUTION GROUP
KIRK K.	MIDDAY MATINEE GROUP
OLA M.	TGIS GROUP
VIVIAN J.	NEW BEGINNINGS WOMEN'S GROUP
FRED H.	OLD SCHOOL GROUP
CHAZ T.	SUNSHINE GROUP
GUY S.	KEYSTONE GROUP
THOMAS M.	KEEP IT SIMPLE MEN'S GROUP
CARL L.	KEEP IT SIMPLE GROUP
Now Pusinoss: A s	wastian was asked if it was annearists to

**New Business:** A question was asked, if it was appropriate to list Central Office in the newspaper? That's no problem, it is simply information about AA. Discussion followed. Another question was, is it okay for a judge to send someone to AA ( we neither endorse nor oppose other causes) and also what is the difference between an Intergroup and a Central Office? Tim tried to explain the last question (but not very well to his satisfaction). (Managers Note: It really doesn't seem to be much of a difference in the scope of what each does, except for the name—Intergroup or Central Office. In our beginning we were called the Central Headquarters and the Central Service Area. Meeting ended with the Lord's Prayer. Everyone is reminded to call your literature order in early a day or two before the meeting, that way we can have it packed and ready for you. The next Council Meeting will be May 12th, 2016 at 7:00 pm at the Central Office

ANNIVERSARY TIME It Works-It Really Does—Ask them how they did it!!!								
GROUP		Honors To	Date	Years	Ī			
FRIDAY FRIENDSHIP GROUP		TRACY B.	05/28/11	5 YRS	1			
FRIDAY FRIENDSHIP GROUP		DRUM	05/09/11	5 YRS	1			
CAME TO BELIEVE GROUP		DEE H.	05/18/14	2 YRS	1			
RIVERSIDE GROUP		EMMA W.	05/29/14	2 YRS	1			
RIVERSIDE GROUP		KATIE	05/18/14	2 YRS	1			
RIVERSIDE GROUP		ROBERT B.	05/05/14	2 YRS	1			
RIVERSIDE GROUP		TINA	05/13	3 YRS	1			
RIVERSIDE GROUP		TODD S.	05/23/13	3 YRS	1			
RIVERSIDE GROUP		LEONA	05/13/13	3 YRS	1			
RIVERSIDE GROUP		JAMES S.	05/25/07	9 YRS	1			
RIVERSIDE GROUP		CLINT V.	05/20/06	10 YRS	1			
RIVERSIDE GROUP		JOHN M.	05/14/89	27 YRS	1			
JUST WHAT I WANTED GROUP		KARLA O.	05/01/10	6 YRS	1			
JUST WHAT I WANTED GROUP		FELICIA K.	05/31/08	8 YRS	1			
JUST WHAT I WANTED GROUP		SUSAN Y.	05/20/00	16 YRS	1			
JUST WHAT I WANTED GROUP	ľ	MARILYN A.	05/01/98	18 YRS	1			
JUST WHAT I WANTED GROUP		CANDY J.	05/20/86	30 YRS	1			
RUSH HOUR SERENITY GROUP	,	TAMALA H.	05/13/13	3 YRS	1			
RUSH HOUR SERENITY GROUP		DAN M.	05/11/11	5 YRS	1			
RUSH HOUR SERENITY GROUP	,	GEORGE G.	05/23/98	18 YRS	1			
RUSH HOUR SERENITY GROUP		BILL D.	05/18/86	30 YRS	1			
RUSH HOUR SERENITY GROUP		JAN J.	05/20/85	31 YRS	1			
SOBER @ 7 GROUP		ENJAMIN M.	05/17/15	1 YR	1			
SOBER @ 7 GROUP	(	CHRISTA G.	05/24/87	29 YRS	1			
SOBER @ 7 GROUP		том с.	05/22/80	36 YRS	]			
A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE ONE DOLLAR FOR EACH YEAR OF SOBRIETY								
Home Group		Honors To	Date	Years	1			
		ELLEN S.	11/2009	7 YRS	]			
	_	1	1		1			

The Birthday Club: Contributions to the Central Office help support the local services to members and groups throughout Hillsborough and East Pasco Counties and help ensure that the A.A. message is carried around our area. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. Ask your Treasurer if they have any Birthday envelopes available. We usually send one out when a group sends in their contribution to Central Office.

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YOUR NAME COULD BE HERE

# SELF-SUPPORT-April, 2016

© Today in April of 2016 we have 218 Groups with 576 meetings a week. Contributions in April totaled \$6,952.47. That accounts for what 47 Groups out of 218 Groups in our area have contributed in April. This also takes into account the \$29.00 from the 1 member who contributed to the Birthday Club and the \$480.00 collected from the Keystone Group's All Group's Meeting. Our total income for April was \$15,464.64. Our Cost of Goods Sold was \$6,257.04. Subtracting the Cost of Goods Sold from our April income left us with a Gross Profit of \$9,207.60. Our Total Expenses for April were \$8,651.29. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus+\$556.31. for the month of April. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we have to try and strive to keep up with the demand. That is only possible with your continued support. Thank you for all of your support !!!

### From the Central Office SERVICE DESK

A total of 234 phone calls were made to the Central Office in April: 222 for info on AA, 0 for info on Al-Anon, 8 messages for other inquiries, 4 requesting a Twelfth Step call, There were 199 walk-ins visits as well. A total of 153 phone calls were made to the After Hours Hotline in April: 96 for info on AA, 12 for info on Al-Anon, 18 messages for other inquiries, 27 requesting a Twelfth Step call,

Want to get involved in some Service Work? How about volunteering for the After-Hour Phones. Call Martin after Office Hours @ 813-933-9123 and get all the details.

## WE STILL NEED 12 STEPPERS!!!

There are hundreds, probably thousands of active alcoholics in our area. Many may never think they need our help or even want our help. But, just like you and I, there will be a few who desperately want and need our help. Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are **you** ready to help? Will **you** help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out. Email: **aainfo@aatampa-area.org** 

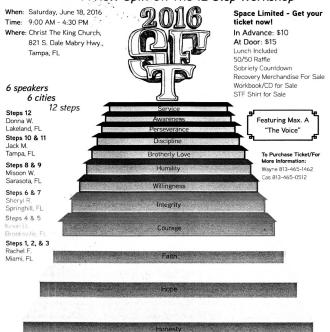
Do You Have A Subscription To Our Newsletter
"Tri-County Central Office News"? Why Not???-For \$7.00 You
Will Receiver 12 Issues. The "NEWS" Is One Of The Few
Ways Central Office Can Reach Our Individual Member's.
PLEASE HELP SUPPORT YOUR NEWSLETTER

Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members.

Monthly Newsletter of the Tri-County Central Office, Inc. Tampa, Florida 33614-2763 ph. 933-9123—Printable Flyers—www.aatampa-area.org

# MORE NEWS AROUND THE TOWN & THE AREA

# Steps to Freedom A New Spin On The 12 Step Workshop



DICK D

MEMORIAL- KEEP IT SIMPLE

# COED SOFTBALL TOURNAMENT SATURDAY MAY 7 2016

#### Gasden Park

6901 South MacDill Avenue. Tampa, FI, 33611

From 8:30 AM TILL WE ARE DONE

Food and drinks provided 50/50 Raffle

**Donations Welcome** 

# COST \$100.00 per Team

For a team of 12 players that's only \$8.33 per player! Contact Susan 813-325-6538, Buddy H. 813-871-2514 or Tim @ Central Office 813-933-9123

Deadline to Register is May 2nd 2016

This tournament is a fundraising event for the Tampa Bay Area Institutional Committee (TBAIC) which carries the message into jails, prisons, detox centers and hospitals. ALL money raised is spent to buy pocket sized Big Books, 12 x 12s and AA literature to take into these facilities. Come on out, support your team and enjoy a day of fun and fellowship while supporting our 5th Tradition!

# Come Join Us For The Promises 6th Anniversary Celebration

Guest Speakers Grace & Mr. Z from NYC recent speakers at the 80th AA International Convention

Sunday June 26th 2016 Dinner starts at 6pm Speakers at 7:30pm



Holy InnocenceChurch 604 N. Valrico Rd. Valrico, FL 33594 Contact Nes 813-507-6408 or Chris 813-494-2932

50/50 Raffle, Food & Fellowship (please bring a covered dish to share)



FOUNDERS DAY EVENT **JUNE, 2016** HOSTED BY THE CENTRAL OFFICE TAMPA, FLORIDA INFORMATION TO BE POSTED SOON



Crown	A DDII	VTD	Cuana	A DDII	VTD	Crown	A DDII	VTD
Group  11th Step Group- Christ King	APRIL	<b>YTD</b> 195.00	Group Keystone Group	APRIL	<b>YTD</b> 185.25	Group Sisters in Sobriety Group	APRIL	466.28
11th Step Retreat		193.00	Keystone All Groups	480.00		Sober @ 6 Group		160.00
301House Groups Fundraiser			Kingsway Group	100100		Sober @ 7 Group	174.65	367.55
A.A. 101 Group	464.33	873.14	Last Call Meeting			Sober @ 7 Group All Groups		
A.A. 102 Group			LateNighters Group			Sober on Saturday Group	64.00	219.00
PC Keep it Simple All Gps Mtg			Late Night Red Door Group			Sober on Sunday Group		
Alpha Group	60.00	300.00	Lemon Tree Group			Sober Rewards Group		
Anniversary Dinner 2016		2,620.10	Live and Let Live Group			Sober Spirits Group		
7th Tradition Basket			Living in the Solution			SoberSticks Event	100.00	100.00
Trico 50/50 Raffle 2016		329.00	LivingSober/As Bill Sees It			Soberstock Committee		
Cakewalk RaffleEvent 2015		1,099.00	Lunch Bunch Group			Sobriety at Sunrise Group	18.00	79.00
Soberstock Basket Raffle 2014			Lutz @ Noon		45.00	Sobriety at Sunset Group		143.34
Housecleaning Retreat			Mad Dogs Group	150.00	150.00	Sobrenity Group		
Anonymous Donations	6.20	826.77	Mapledale Group			Sobrenity 30th Anniversary		635.25
As Bill Sees It-Brandon	133.90	365.38	Mid Day Matinee Group			Solutions Group	147.55	830.82
As Bill Sees It Mens Odessa	325.86	445.66	Monday Night Madness		0.13	Southshore Men's Group	152.75	152.75
Attitude of Gratitude Group	150.00	150.00	Morning Express Group	115.00	115.00	Southside Men's Group		
Barracks Brigade Group			Morning Group -Zephyrhill		100.00	Southside Men's Group # 2		123.00
Bel-Mar Group			Mustard Seed Group		25.00	Southside Men's Group # 3		
Bill & Bob's Excellent Adventure		400.00	New Beginnings - Brandon			Spiritual Development Gp.		
Bill D's Group		250.00	New Beginnings Women's		70.00	Spiritual Growth Group		
BIRTHDAY CLUB	29.00	151.00	New Beginnings-(5:45)Joe's	300.00	300.00	Spiritual Progress Goup		20.15
Brandon Men's Blackbelt		100.00	New Beginnings-(Our Club)	423.59	423.59	Step Sisters in Sobriety		65.00
Brandon Tues. Big Book			Newcomers Group			Step at a Time Group	673.40	673.40
BYO 12 & 12 Group		175.00	New Day Group			Stepping Stones Group (w)	180.56	285.26
Came To Believe Group		364.74	New Hope Big Book		82.85	Sunday Speakers - 3333	50.00	200.00
Cardinal Group - Odessa		200.00	New Tampa Monday Night Mens			Sunshine Group		195.00
Carrollwood Group		100.00	New Way Women's Group	100.00	400.00	Suvivors Big Book Group		
Clair-Mel Positive Thinkers			Nightly Newcomers Group	250.37	350.88	Sweet Surrender Group		
Clean Air Group	25.00	50.00	Nooners GroupRiverview		110.23	Tampa Bay Speakers Gp.	287.36	579.86
Design for Living Group			Nooners GroupTampa	237.77	577.74	Tampa Bay Young Peoples		261.88
Dover Group		94.92	Noontime Celebration Gp.			Tampa Palms Big Book		100.00
Early Risers Group - Joe's		110.15	N. Brandon Open Forum		50.00	TGIS Women's Group		
Expect a Miracle Group		50.00	Northdale Group		65.00	Thank God it's Friday Group		
Experience, Strength & Hope		150.00	Odessa Group			The 164 Group		
FCYPAA Convention		248.36	Old School Group			The 164 12 Step Workshop		569.00
Fireside Group		216.18	Old School Group All Gps			The 164 Group USF		
Founders Day Event			Oldtimer's Group - JC			The Meeting Place Group		127.00
Freedom in Sobriety Group	110.43	110.93	On the Way Home Tpa 5:30		435.89	The Next Frontier Group		
Friday Night Lights Group	60.00	232.00	One Day at a Time Group	100.00	300.00	T & C Sisters in Sobriety	20.00	100.00
Friday Night Lights Ice Cream			Palma Ceia Group	144.00	455.55	Town & Country Men's Group		200.00
Friday Night Lights Movie Night			Palma Ceia Big Book Study			Town & Country Wed. Group		300.00
Friday Night Step Study Group			Pathfinders Group	30.00	30.00	Tues Big Book Study Gp.		119.62
Friday Night Women's Gp.			Pilgrim Group -St Leo's			Turning Point Group -Z-H.		
Friday Women's Friendship			Plant City Keep it Simple	90.00	180.00	Uptown/Downtown Group		
Gifts of Sobriety Group	70.00	70.00	Primary Purpose Group		117.50	Valrico Fri. Morning Group		115.00
Good Start Group			<b>Promises Meeting Group</b>	176.57	176.57	Valrico/Brandon Wednesday Night	84.50	165.75
Grapevine Gals Group	83.00	179.00	Prosperity AA Group			Village 12 Step Group		
Happy Hour Group YANA		300.00	Red Chip Day			Warrior's Group		
Helping Hands GpP.C.	100.00		Red Door Group		450.00	We Have a Way Out Group		
Hide-A-Way Group		367.50	Reflections Group-Lake Mag		56.68	Weedpatch Group		
High Nooners Group		50.00	Riverside Group	61.10	122.20	Wed Night Step Workshop		
Hi- Nooners Group		50.00	Rush Hour Serenity Group	61.65		Wellspring Group		0.67
HOW Group			Safe Haven Group			Wesley Chapel Group	88.40	364.00
International Doctors of AA	-		Saturday Night Fever Gp.		500.00	Wesley Chapel Gp B.B. Raffle		
It's in the Book Men's Gp.		123.00	Saturday Night Live Group			With Room to Grow Group		250.00
Just What I Wanted Big Book			Seekers of Serenity II Group			Women's Friendship Group	202.57	202.57
Keep It Simple - YANA		75.00	Seminole Heights Big Book		30.00	YaYa Sisterhood of Sobriety	-	65.00
Keep It Simple/Pass It On	370.96	640.45						
Keeping it Simple Group		351.00						
c								
Total	1,988.68		Total	2,720.05		Total	2,243.74	
YTD Total	,	12,606.28			7,329.18	YTD Total		
		,						
						Grand Total for Month	6,952.47	8,236.15