



Tri-County Central Office News

It's a good idea to keep your words soft and sweet.
You never know when you'll have to eat them.

A Monthly Newsletter of the Tri-County Central Office, Inc.
8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

August, 2016

Phone: 813- 933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

Negative Identification	The Elements of AA Sobriety The Three H's
<p>When the program leader asked whether anyone had a problem or a topic that he wanted to discuss, a fellow whom I had not seen before at this meeting raised his hand. It seemed that even though he had been sober for a whole six weeks, life was not going the way he thought it should. People just were not treating him fairly. Did the group have any suggestions about what he could do to straighten out these people? During the next hour, he got quite a few suggestions. Most had to do with the Third Step—learning to turn things over. Several people suggested using the Serenity Prayer, and one talked about taking things a day at a time. All in all, I thought that the newcomer was getting pretty good advice. He didn't seem to feel that way. After shifting around nervously for most of the hour, he burst out, "That may be okay for you, but..." Angry words tumbled out as he explained how things were different in his case and why these suggestions about turning things over would not work for him. The leader tried to point out how the program can work under the circumstances described. Then the meeting, which was a midday one during the lunch hour, ended. I noticed that one of the old-timers stopped to speak to the new man, patted him on the shoulder, and suggested that he keep coming back. I joined the old-timer outside the room, and we walked down the hall together. "I'm afraid that meeting didn't do our friend much good." I commented. "Maybe not. But it sure did a lot for me." "Oh?" I glanced sideways at him. "Sure. I saw so much of myself from a few years ago in him. Boy, can I identify with that anger! I'm glad I don't have to live that way anymore." "I hadn't thought about it that way," I confessed. "Yes, I know where he's coming from. And if somebody has to feel that way, I'd rather it would be him than me." "This program gives all of us our choices—and chances to learn," the old-timer said. "It's up to us what choice we make." He smiled. "We can also learn from others if we choose to do so." We had reached my office. I said goodbye, and as I watched him walk on down the hall toward his room, I was thinking about what he had just said. Perhaps the ability to learn from others' problems—as well as from their successes—explained why people like our old-timer seem to get things out of a meeting that others miss. And perhaps it also explains, in part at least, how such people manage to stay happily sober in the program long enough to be thought of as old-timers.</p> <p>G.B., Alexandria, Va. Reprint Permission/ AA Grapevine/ August 1982</p>	<p>Serenity, Courage and Wisdom might be termed the Three Fruits of AA Sobriety. They are the result, ordinarily, of sustained effort and progress in practicing the program. Some expect them right away, sometimes merely for the asking, but they are, in a sense, rewards to be earned and they do not rank high on the list headed by First Things First. Near the top of that tabulation we might find the Three H's, Honesty, Humility and Helpfulness, the Three Elements of AA Sobriety. While physical sobriety is often attained early, in some cases immediately upon first contact with AA, the enduring sobriety of good quality and continued growth is dependent upon the acquisition in at least reasonable amounts of the Three Elements. It is often said that a personality change is essential to substantial growth in AA. Many will agree that the average alcoholic is endowed, in varying proportions, with the antitheses of the three elements: dishonesty, arrogance, and selfishness. While we may not have rifled the company cash drawer, did we not do violence to "swindle sheets" hide bottles, minimize the number of our drinks, assure ourselves that "Next time it will be different" and "I can handle this myself" when we should have known from experience that we were not being honest with ourselves? Were we not arrogant and intolerant, impatient of "inefficiency" and "stupidity?" Did not some of us have the "big-shot" complex and did we not tell people off when "they had it coming to them?" If we were not selfish, were we not at least self-centered, putting the emphasis on getting rather than giving? What did we contribute to our community or circle of friends? What effort did we make to improve the tiny area of the world which we inhabited? How considerate were we of that faithful slave who shopped and cooked to have dinner ready at six o' clock? A careful inventory will probably reveal that we had more than our fair share of the opposites of those Three H's. This then is the basis of the personality change, the elimination of those defects of character and supplanting them with Honesty, Humility, and Helpfulness. Honesty is a simple enough word but it evidently means different things to different people and to the same person at different times because our personal standards can rise or deteriorate. It may take time to see that resulting material advantage is no justification for compromise with honesty. Honesty does not mean that we must at all times and in all places tell everything we know (which is quite different from denying it) but the real test of honesty comes when the chips are down, when embarrassment or material loss may follow from telling the truth. Shortly after coming into AA we may have one standard of performance, but a few years later we may have a more rigorous of what constitutes a fair statement about a neighbor or fellow employee, or a fair day's work, or a just charge for a job performed. Such appraisals may not have entered into our consciousness when we were drinking but if they are being extended gradually to "all our affairs" we are making progress indeed. Humility is the source of some confusion to newcomers, but if it be divested of its erroneous</p>
<p>The Birthday Club: Contributions to the Central Office help support the local services to members and groups throughout Hillsborough and East Pasco Counties and help ensure that the A.A. message is carried around our area. Members customarily contribute \$1, \$2 or even \$5 a year for each year of sobriety—others may give a penny or a nickel a day for each day of their sobriety. Ask your Treasurer if they have any Birthday envelopes available. We usually send one out when a group sends in their contribution to Central Office or call or email your Central Office. 933-9123...aainfo@aatampa-area.org</p>	<p style="text-align: right;">Go to page 3</p>

District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

(877) AATAMPA or (877) 228-2672!

(Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.)

The July 9th meeting of TBAIC was opened with Chair Susan O. leading the Serenity Prayer.

Buddy left word with Susan that the men's meetings at Falkenburg and Orients Jails are being covered and had no problems to report.

Tom F. distributed the Treasurer's Report. Literature supply is low as the previous month's deposits were down. He will be working with Tim S., of Tri-County, to make any adjustments that may be needed in the cost of goods purchased from Tri-County.

Nancy B. had 2 volunteers resign from the Falkenburg women's meetings. New volunteer orientations will be held more frequently, but always during the week at usual business hours. One year of sobriety is required. Nancy also made it known that she would like to rotate out of her position by the end of the year.

Scott R., Detox Coordinator, sent an email that he was not able to attend the meeting, but would distribute an updated meeting schedule when all the current corrections have been made.

Chris D., of East. Pasco County Men, said attendance by volunteers at Zephyrhills have been going great. A current inmate is up for a clemency hearing and has asked some AA volunteers for letters to help with his case.

Jim S. received 2 Bridge the Gap requests from District 15. There were no answers at the phone numbers given. A female caller was referred to Michelle. Jim now has a contact for the Wesley Chapel area. A veterans group, located at 1229 East 131st Avenue, has requested a Wednesday night meeting at 7pm. Susan O. will follow up with a phone call to the contact person and Drew volunteered to chair the new meeting. Morton Plant, in Lutz, would like to have more female volunteers. Some corrections have been received and are being forwarded to Scott R. The Saturday and Sunday 7pm meetings at North Tampa Behavioral Health are not being covered.

Tom F. introduced Steve H. Steve H. was nominated and approved by committee as the new Alternate Treasurer with hopes that he will be able to possibly assume Tom F.'s current role of treasurer at the end of this year. A group from Brandon has purchased and donated a generous supply of the little red big books. Volunteers in the Brandon/East Tampa area can contact Larry B. at 8132158423 to arrange a pickup time and place.

"We do not wish to deny anyone his chance to recover from alcoholism. We wish to be just as inclusive as we can, never exclusive." (As Bill Sees It, page 186)

- YTD Contributions to TBAIC \$13,191.74**
- YTD Money Placed in Tri-County spending account \$12048.69**
- Money in Spending Account at Year End 2015 \$55.02**
- YTD Money Spent on Literature \$12,019.39**
- YTD Expenses \$959.19**
- Pink Can Balance as of 12/12/2015 \$168.27**
- Pink Can Balance as of 07/09/2016 \$331.78**

Our Next Committee Meeting

August 13th, 2016 9:30 AM on at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation last Month:

AA 101 Group \$156.70; As Bill Sees It Group (Group) Brandon; BYOB 12 X 12 \$20.00; Hide A Way Group \$122.51; HOW Group \$45.00; Keep It Simple YANA Men's Group \$20.00; Keystone Discussion Group \$22.17; Morning Meditation Group 124.44; Mustard Seed Group \$100.00; Old School Group \$122.44; Ruskin Fellowship Group (Sunday) \$43.00 Sobriety At Sunset Group \$73.76; Women's Friendship Group \$45.50

TBAIC 2014-2015 Committee Members

Susan O. - Chair	813-325-6538
Jim S. — Alternate Chair	813-679-9130
Tom F. — Treasurer	813-205-4945
Steve H. Alt. Treasurer	937-474-8358
Larry B. – Secretary	813-215-8423
Nancy B. — Alt. Secretary	813-872-0262
Open- Hills Jails -	
Buddy H. – Hillsborough County Jail	813-871-2514
Nancy B. — Hills Women's Jails	813-872-0262
Scott R. Detox & Treatment	813-727-8839
Ruth N. - E Pasco Jail-Women's	813-629-1547
Chris D. - E Pasco Prison	813-857-5400
Michele S. --Women's Bridge The Gap	813-507-5796
Jim S. — Men's Bridge The Gap	813-679-9130
Open- Pre-Release	
Open- Juvenile	

The Corrections Committee needs all types of volunteers. We need people to attend meetings in the facilities, people to help spread the word about this type of service work. It is okay if you have never been to jail yourself! You can still help us. You can still carry A.A.'s message of hope to an alcoholic who is incarcerated. Let's face it: many of us who have never been arrested just never caught!

The Elements of AA Sobriety The Three H's.....from page 1

Doormat connotation and construed simply as “a modest estimate of our own worth” it may then be seen as a desirable attribute of character that merits cultivation. It is possible to say almost anything in several different ways. We can make a reference to our talents and accomplishments in a spirit of braggadocio or we can mention them with good humor and restraint to an audience that will be more sympathetic and believing. Sincere humility makes the difference. Helpfulness is often taken to mean 12th Step work, but if we keep referring to the concept of “all our affairs” it will be seen that we have in truth been given new worlds to conquer. David Dunn, a business consultant, said that he was “brought up to look upon life as a business of *getting*” but a few years ago he wrote a book entitles “Try Giving Yourself Away.” About 25 years ago, while he was lying in his berth enroute from Chicago to New York, he fell to wondering where the eastbound and westbound sections of the Twentieth Century Limited pass each other in the night. He thought that “Where the Centuries Pass” would be an interesting subject for an advertisement and the next morning he wrote a letter to the New York Central Railroad presenting the idea “with no strings attached.” The Central used the idea in a now famous calendar and the next year David Dunn got “a glow of pleasure” whenever he saw “his” calendar hanging in many hotels and railroad stations here and aboard. The experience prompted Dunn to cultivate giving, not money, but of himself, with no strings attached and no hope of rewards, though dividends followed in many unexpected ways. His book gives many examples and emphasizes the little things such as the compliment to the store proprietor on his newly decorated window or the newspaper clipping sent to a friend or stranger who might find it useful. The author states that we can multiply the acceptability of our giving away by three: friendly spirit, timeliness (usually right now), and enthusiasm. He says: “I recommend giving away as an exciting and thoroughly satisfying hobby. In fact, if you will give it a good try, I’ll practically guarantee you a happier life...starting right away.” Is there something here that we can use every day to enrich the program we are practicing? If we have as constant hobby the thought of others, the desire to spread a little happiness, the effort to be helpful in innumerable little ways, can we at the same time be selfish, self-centered, arrogant? To newcomers particularly the idea of a personality change may be difficult to grasp. It has a complex psychiatric sound. But how simple is the concept of Honesty, Humility, and Helpfulness, the Elements of AA Sobriety...

Anonymous, Scarsdale, N.Y.
Reprint Permission/ AA Grapevine/ August 1952

WE STILL NEED 12 STEPPERS!!!

There are hundreds, probably thousands of active alcoholics in our area. Many may never think they need our help or even want our help. But, just like you and I, there will be a few who desperately want and need our help. Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out. Email: aainfo@aatampa-area.org

Judge Not...

At times we run into disappointments. Someone who we thought was an ideal member of AA suddenly takes on a different roll. We fail to realize or remember that we are only a group of individuals and that we all have different ways of staying sober and working the program. So when we hear something about a guy who has been a leader in our organization and a guy whom we may have for many years looked up to and respected, it makes it hard for us to accept some of the things that we think of in regard to our Twelve Steps. Then we suddenly realize that it doesn't make any difference to us, that the way someone else stays sober is none of our business. The only thing that should concern us is how do we stay sober and practice the principles of the Twelve Steps in our daily program. When we look in the glass *that* is the guy we have to satisfy and not the other guys who maybe we can't quite understand how they can do things that they have done. So after all, why should we even so much as let the thought enter our heads that that guy isn't doing right. If he isn't, he is the guy that will know; he's the guy that he has to satisfy. If we let what he does bother us, then we are in danger of taking a drink because the old resentments must be coming back again; and they are something that all of us have been bothered with for years. Let's just be thankful that we are sober and that we have our Twelve Steps to turn to and show us the way to go on living a good kind of life regardless of the things that we hear and see going on around us. After all, who are we to judge? Maybe to some this is hard to do, but I think it is the hard things we have to do that denote our growth on the AA program which is our salvation. Let's all try to do a better job of living this program and practicing these principles in all our affairs all of the time.

Cedar Rapids Newsletter, Cedar Rapids, Iowa
Reprint Permission/ AA Grapevine/ August 1954

2016 Carry The Message Day

Presented by District 2 Alcoholics Anonymous
Kings Avenue Baptist Church
2602 S. Kings Avenue, Brandon, Florida 33511
Saturday September 17, 2016
5:00PM - 9:00PM

Questions: Allan D.: (813) 789-8822
Joyce G.: (813) 220-5487

Activities

- District 2 Committee Presentations
- Past Delegate Presentation
- AA Lingo - Bingo
- Door Prizes and 50/50 Raffle



Doors OPEN at 5PM
5:45PM - 6PM - Dinner
Please bring a Side Dish, Salad or Dessert to share.

Free Admission
50/50 Raffle

NOTES FROM INSIDE THE CENTRAL OFFICE

July 12th, 2016 the Board of Directors for Central Office met:
BOARD MEMBERS **REPRESENTING GROUP**

Excused	CHAIRPERSON	164 WESLEY CHAPEL GROUP
Excused	VICE-CHAIR	LATENIGHTERS GROUP
AIDA S.	TREASURER	NEW WAY WOMENS GROUP
MINDY W.	BOARD MEMBER	STEP SISTERS IN SOBRIETY
PETER F.	BOARD MEMBER	MONDAY NIGHT MEN'S GROUP
LARRY B.	BOARD MEMBER	AA 101 GROUP
PEDRO P.	BOARD MEMBER	LIVE & LET LIVE GROUP
RICK D.	BOARD MEMBER	EARLY RISERS GROUP
ALEX K.	BOARD MEMBER	TO IMPROVE OUR CONSCIOUS CONTACT
Open	BOARD MEMBER	

Aida opened the meeting in the usual matter with the Serenity Prayer. **Secretary Report:** Larry read the June minutes. There were no questions. Minutes were seconded and approved. **Treasurer Report:** Aida presented the June Treasurer's Report noting that we were \$2,046.14 in the black for the month. Aida announced that she would no longer be a Board member but noted that she will try to find a replacement from the New Way Women's Group. There were no other questions. The June Treasurer's report was seconded and approved. **Office Managers Report:** Tim presented the Office Managers Report. There were no questions. The Office Managers report was seconded and approved. **Old Business:** Discussion centered the upcoming Old Timers Ask it Basket Meeting. The date for the event is August 27th, 2016 at Christ the King Church. There was some discussion concerning the budget for food in case we need extra cash. (Note: \$150.00 had already been discussed and approved for such an occurrence at the June Board Meeting). Lots of discussion concerning what food to bring. Aida reminded us that this is a Pot-Luck event. **New Business:** Two new Board Members were introduced. Rick D. from the Early Risers Group and Alex K. from the To Improve Our Conscious Contact 11th Step Group. Because Aida who unfortunately for us had changed Home Groups and could no longer represent the New Way Women's Group was also our Treasurer, we had to elect a new Treasurer. Alex K. was nominated and approved to be our new Treasurer. The meeting closed with the Lord's Prayer. **Council Meeting:** Aida opened the Council meeting in the usual matter with the Serenity Prayer. **Secretary Report:** John read the June minutes. There were no questions, the Minutes were seconded and approved. **Treasurer Report:** Aida presented the June Treasurer's Report noting that we were \$2,035.14 in the black for the month. The June Treasurer's report was seconded and approved. **Old Business:** Lots of discussion concerning the upcoming Old-Timers Ask it Basket Meeting. The date has been set for August 27th, 2016 at Christ the King Church. Flyers have been prepared. This is a Pot Luck event so we were asked to stress this idea to make sure people bring something to share. It was noted that we still needed folks to help with clean up. (Note: P.C. Keep it Simple Group had volunteered at the June meeting) The Cake walk Raffle was still up for grabs. There was plenty of discussion about what was needed to be done chairing the Cakewalk Committee and the duties of the Committee. Discussion continued with the pros and cons of taking on this task. Some thought it was too hard. Others would like it to happen but no one wanted to volunteer at this time. Everyone was asked to go back to their group and rethink about doing it.

July 12th, 2016 the Central Office Representatives met:
COUNCIL MEMBERS **REPRESENTING GROUP**

BRIAN L.	BARRACKS BRIGADE GROUP
HAROLD G.	DISTRICT 2 CENTRAL OFFICE LIAISON
CATHY K.	HIDE-A-WAY GROUP
CHANTAL K.	NEW HOPE BIG BOOK GROUP
LINDA F.	SIMPLY SOBRIETY WOMENS GROUP
FINN K.	NEW TAMPA MENS GROUP
JACK S.	THE MEETING PLACE GROUP
JEFF M.	CARDINAL GROUP
THOMAS M.	KEEP IT SIMPLE GROUP
CARL L.	KEEP IT SIMPLE GROUP
MEGHAN M.	FRIDAY FRIENDSHIP GROUP
JON S.	PLANT CITY KEEP IT SIMPLE GROUP
BILL J.	EARLY RISERS GROUP
JERRY K.	SOBER @ 7 GROUP
JOHN G.	TAMPA PALMS BIG BOOK GROUP
KATHIE N.	SOBRENITY GROUP
MEGAN F.	WOMENS SOBRIETEA GROUP
CINDI M.	PRIMARY PURPOSE GROUP
SUE Z.	CLEAN AIR GROUP
PAM C.	TURNING POINT GROUP
BILL L.	LIVE & LET LIVE GROUP
LARRY G.	LIVING IN THE SOLUTION GROUP
FRANK O.	NIGHTLY NEWCOMERS GROUP
ISAAC M.	NEXT DOOR GROUP
NANCY F.	CAME TO BELIEVE GROUP
KARA H.	SISTERS IN SOBRIETY GROUP
CAROL J.	SISTERS IN SOBRIETY GROUP
VIVIAN J.	FREEDOM IN SOBRIETY WOMEN'S GROUP
FRED H.	OLD SCHOOL GROUP

New Business: A question was asked about how much was in our Prudent Reserve. Tim noted that we had somewhere around \$ 23,000.00 in the Prudent Reserve and a little over \$9000.00 in our Money Market which was set up to go into our Prudent Reserve. A motion was made to put aside \$150.00 in case we needed it for food for the Old-Timers Ask it Basket Meeting. Lots of discussion and questions followed. Do we want to put it aside since it's a Pot-Luck, what if a group doesn't show up to fulfill its duty—etc? Jon noted that the Board had already approved \$150.00 for such an event last month. After trying to clarify how to word the motion, a motion was made but it failed. Several announcements were made for upcoming events. Meeting ended with the Lord's Prayer

Everyone is reminded to call your literature order in early a day or two before the meeting, that way we can have it packed and ready for you.

ANNIVERSARY TIME

It Works-It Really Does—Ask them how they did it!!!

GROUP	Honors To	Date	Years
FRIDAY FRIENDSHIP WOMENS	DEBORAH H.	08/07/10	6 YRS
FRIDAY FRIENDSHIP WOMENS	ANNA V.	08/03/10	6 YRS
FRIDAY FRIENDSHIP WOMENS	ASYA	08/04/07	9 YRS
FRIDAY FRIENDSHIP WOMENS	KATHIE G.	08/18/88	28 YRS
FRIDAY FRIENDSHIP WOMENS	DARLENE H.	08/31/87	29 YRS
CAME TO BELIEVE GROUP	AMANDA T.	08/24/14	2 YRS
CAME TO BELIEVE GROUP	LARA M.	08/20/13	3 YRS
CAME TO BELIEVE GROUP	STEPHEN B.	08/29/10	6 YRS
CAME TO BELIEVE GROUP	RANDY K.	08/21/85	31 YRS
JUST WHAT I WANTED GROUP	JENNIFER T.	08/07/09	7 YRS
RIVERSIDE GROUP	KIRK	08/05/13	3 YRS
RUSH HOUR SERENITY GROUP	RITA S.	08/22/94	22 YRS
FRIDAY NIGHT BIG BOOK	STAN P.	08/29/81	25 YRS
SOBER @ 7 GROUP	MISTY M.	08/10/14	2 YRS
SOBER @ 7 GROUP	FRED G.	08/05/83	33 YRS
KEYSTONE GROUP	DREW D.	08/01/15	1 YR
KEYSTONE GROUP	JOE E.	08/31/14	2 YRS
KEYSTONE GROUP	JONAS A.	08/20/13	3 YRS
KEYSTONE GROUP	ANNETTE W.	08/05/06	10 YRS
KEYSTONE GROUP	GREG L.	08/17/82	24 YRS

SELF-SUPPORT-July, 2016

© Today in July of 2016 we have 218 Groups with 576 meetings a week. Contributions in July totaled \$5,463.26. That accounts for what 53 Groups out of 218 Groups in our area have contributed in July. This also takes into account the \$73.00 from the 3 (I was one of them ☺) members who contributed to the Birthday Club. Our total income for July was \$10,415.18. Our Cost of Goods Sold was \$3,630.16. Subtracting the Cost of Goods Sold from our July income left us with a Gross Profit of \$6,785.02. Our Total Expenses for July were \$8,397.93. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$1,612.93 for the month of July. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we have to try and strive to keep up with the demand. That is only possible with your continued support. Thank you for all of your support !!!

**A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE
ONE DOLLAR FOR EACH YEAR OF SOBRIETY**

Home Group	Honors To	Date	Years
HIDE-A-WAY GROUP	MARY C.	03/21/01	15 YRS
STEP SISTERS IN SOBRIETY	MINDY W.	06/08/93	23 YRS
NOON BIG BOOK GROUP	EARLE W.	07/10/95	21 YRS
PALMA CIEA BIG BOOK GROUP	WARD H.	07/16/92	24 YRS
HIDE-A-WAY GROUP	ATWOOD P.	8/2016	34 YRS

From the Central Office SERVICE DESK

A total of 182 phone calls were made to the Central Office in July: 174 for info on AA, 0 for info on Al-Anon, 3 messages for other inquiries, 5 requesting a Twelfth Step call, There were 156 walk-ins visits as well.


A total of 136 phone calls were made to the After Hours Hotline in July: 108 for info on AA, 6 for info on Al-Anon, 7 messages for other inquiries, 15 requesting a Twelfth Step call.

Fall Sobersticks

October 7th, 8th & 9th, 2016

Fun and Fellowship all weekend with camping, canoeing, campfires morning meditation meetings and 8pm campfire meetings.

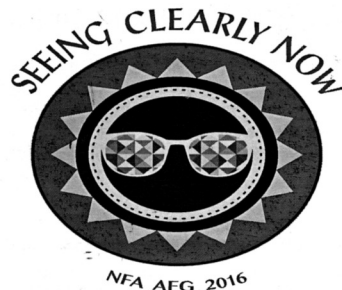
**Contacts:
Stewart 813-455-7260 Sharon 813-943-9838**



**\$5.00 per night per person
(kids and animals are free)
Group rates on canoe rentals
Payment arrangements
are possible**

**Little Manatee River
Canoe Outpost**

**18001 U.S. Hwy 301 S.
Wimauma, FL 33598
813-634-2228**



**SET YOUR SIGHTS
on the
27TH ANNUAL NFA
AFG CONVENTION**

SEPTEMBER 16-18, 2016

WORKSHOPS

SPEAKERS

**AA & ALATEEN PARTICIPATION
SPANISH-SPEAKING WORKSHOPS**

**FRIDAY NIGHT POOLSIDE
COOKOUT, FUN, AND GAMES**

**EXPERIENCE, STRENGTH, AND HOPE
LUNCHEON ON SATURDAY**

FELLOWSHIP AND MORE!

**IMPORTANT
HOTEL REGISTRATION
INFORMATION**

**ONLINE HOTEL RESERVATIONS ARE
UNAVAILABLE. TO BOOK, CALL
1-866-500-5630 AND ASK FOR
AFG CONVENTION
2016 ROOM BLOCK.**

**CALL TODAY! AT THESE RATES,
ROOMS WILL GO QUICKLY!**

**RESERVATIONS MUST BE MADE BY
8/23/16 FOR THESE SPECIAL RATES,
WHICH HAVE BEEN EXTENDED
FOR 3 DAYS BEFORE AND 3 DAYS
AFTER THE CONVENTION.**

ROOM RATES 9/13/16 - 9/21/16:	
CITY VIEW	\$109
OCEANVIEW	\$119
OCEANFRONT	\$129
STUDIO/SUITE (SLEEPS UP TO 6)	\$159

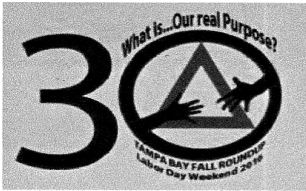
**MOST ROOMS HAVE
TWO QUEEN-SIZED BEDS
OR ONE KING-SIZED BED
AND SLEEP UP TO 4 PER ROOM.
ALL ROOMS INCLUDE REFRIGERATOR
AND MICROWAVE OVEN.**

**FOR MORE DETAILS, VISIT
AFGAREA9.ORG/CONVENTION2016.HTML**



**600 NORTH ATLANTIC AVE.
DAYTONA BEACH, FL 32118**

MORE NEWS AROUND THE TOWN & THE AREA



SPEAKERS

Wayne H Tpa, FI
 Kelly LaC Cape Coral FI
 Bill S Austin Tx
 Kelley B St Pete FI
 Ellen C (AFG) Addison Tx

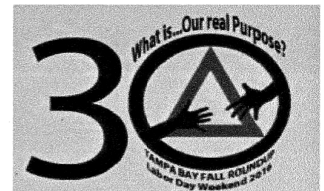
BANQUET SPEAKER
 Clancy I Los Angeles Ca

Adam T Chico, Ca
 Georgia B
 La Crescenta, Ca.
 Karl M Covina Ca
 Rose E., Spring Hill, Fl.

Monday meeting only...
**OPEN TO THE
 AA COMMUNITY**
NO REG FEE REQUIRED

**30th ANNUAL
 TAMPA BAY FALL ROUNDUP
 WHAT IS... OUR REAL PURPOSE?**
 Friday, Sept., 2, 2016 to Monday, Sept., 5, 2016
FRIDAY 1PM REGISTRATION OPENS / 3PM SPEAKER
Register online at:
www.tampabayfallroundup.com

SHERATON TAMPA EAST HOTEL
10221 Princess Palm Ave. Tampa, FL 33610
 Traditional King/Double \$102 (1-2 guests) \$112 (3-4 guests)
 Junior Suite 3rd/4th Floor (Limited number avail)
 \$122 (1-2 guests) \$132 (3-4 guests)
 Complimentary Breakfast Buffet included with all room rates
 Complimentary Guestroom Internet Access
 Enjoy the heated pool & the Core Performance fitness room
 Call 1-800-325-3535 and identify yourself with The Tampa Bay Fall Roundup
 Online: <https://www.starwoodmeeting.com/Book/TBFR2016>
SPECIAL ROOM RATE CUTOFF 8/26/2016



**AA, AFG, Al-Ateen Meetings
 AA Movies All Weekend**

Friday
 TALENT SHOW 10pm
 SIGN UP ONLINE OR BY
 7PM AT REGISTRATION TABLE

Saturday
 6:45am Meditation – Carmen L.
 7am 5K Walk/Run*
 8am Golf Tournament *
 6:30pm Speaker Banquet *
 10pm Dance – DJ- Keith Bryan
 The JAM-Mobile.com

Sunday
 6:45am Meditation – Carmen L.
 4:30pm – Karaoke KJ-Keith Bryan
 5:00pm Poolside Dinner Buffet *
 10 pm Play "Win It In A Minute"

YOU MUST BE REGISTERED TO ATTEND ALL MEETINGS (Monday excluded) AND EVENTS. NO EXCEPTIONS

**Tri-County Central Office
 Presents
 Old-Timers Ask it Basket Meeting
 Saturday--August 27th, 2016**

**Christ the King Church
 821 South Dale Mabry
 Tampa, FL 33609**

From Noon until -5:00pm

**IN THE CHRIST THE KING CAFETERIA
 Pot-Luck Luncheon**

**We hope everyone will bring something to share or we may
 not be able to feed everyone**

**This is a Fun Event hosted by Central Office and all the
 Central Office Representatives for your enjoyment!!!**

**The Luncheon will be followed by a panel
 of our local Old-Timers answering questions
 (Ask it Basket Style)
 and sharing their experience, strength & hope**

Panel Speakers:

Dave B.—(41 Years)
 Bud C.—(41 Years)
 Bill W.—(44 Years)
 Joe M.—(45 Years)

Kathie N.—(37 Years)
 Patti L.—(39 Years)

**Free Admission
 50/50 Raffle**

**11th Step Retreat
 For AA / Al-Anon**

September 16 - 18, 2016

DaySpring Conference Center (Map on Reverse)
 Ellenton, FL

Online Registration: <http://11thstepretreat.org>

Come get away from it all and enjoy the fellowship of an AA / Al-Anon spiritual retreat in peaceful, country surroundings. The retreat will center on God, as we understand Him "The spiritual life is not a theory, we have to live it." (Big Book pg. 83) The discussion will center on Steps 2, 3, 7, 10, 11, & 12, complying with the suggestion of step 10 of AA: "Many of us go in for annual and semi-annual house cleanings. Many of us also like the experience of an occasional retreat from the outside world where we can quiet down for an undisturbed day or so of self-overhaul and meditation." (12 & 12 pgs. 89, 91)

Sleeping accommodations are air-conditioned, cabin & dorm style with shared bathrooms; 16 comfortable bunk beds per room. We suggest you bring a lawn chair or campstool for outdoor relaxation and meditation. Also bring your Big Book, 12 & 12, a flashlight, and bug spray is optional. Cost includes meals, coffee, water, and snacks. Smoking permitted ONLY in designated area. The center provides nature trails along the river for reflection and meditation.

When: September 16-18, 2016 - Dinner 6 PM Friday to Lunch Sunday Noon

Cost Per Person:

Bunk: \$160.00 (Dorm) Semi-Private: \$220.00 (Cabin) Private: \$290.00 (Cabin)
 Money is transferable but not refundable.

Deposit: \$80.00 deposit required for advanced registration. Balance due by August 15, 2016

Make check payable to:

**11th Step Retreat
 Send check to: Patti Estelle
 162 22nd Ave N. St. Petersburg, FL 33704
 Phone: 727-895-2221**

For More Information Call:

<http://11thstepretreat.org>

Jennifer A.	Coldwater, MS	727-510-0428
Tom B.	Tampa, FL	813-951-5740
Chris F.	St Petersburg, FL	727-709-4054

11th Step Retreat for AA / Al-Anon

September 16-18, 2016

Please print name clearly and return with deposit or full payment

(Circle appropriately) Name: _____ Address: _____ Male / Female _____ AA / Al-Anon _____

City, State, Zip: _____

Phone: _____ Email: _____

* Sober Date: _____ * Over 60: Yes/No _____ * Snore? Yes/No _____

Name your significant other if attending (Room assignments will be separate) _____

Physical/Dietary need: _____

