



Tri-County Central Office News

I had asked with puzzlement, "But how will you know if I stay sober?" "We won't," I was told. "But you will."

A Monthly Newsletter of the Tri-County Central Office, Inc.
8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

December, 2015

Phone: 813- 933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

Practice Makes Progress

On a Saturday night in January 1943, I was drunk as a hoot owl, as usual. The next evening, my sponsor took me to my first AA meeting, on 24th Street in New York City. I remember little of it—my mind was foggy, my eyes swollen nearly closed—but I do remember some people getting up and telling about their drinking out loud, in front of all those other people! I had known that I had the problem for a long time, although I didn't know the word "alcoholic." But admit it to another person? I'd die first, I thought, even though I had been drunk almost every day for years, and for years had been trying every day to quit, and felt desperate and hopeless inside. But I knew they were talking sense, and I knew I felt at home for perhaps the first time in my life while sober. A miracle happened to me that night. Although I didn't know it then, I had had my last drink. What I had tried to do for so long on willpower, and had always failed to do, happened without any willpower at all. For the next dozen years, I was very active in AA in every way I could think of, and that included trying to learn and practice the AA philosophy. The results were not at all unusual. I changed slowly from atheist to deep believer. I was in the wrong business for me—one I disliked, drunk or sober—but I made the best adjustment I could, and it prospered modestly. We paid off our sizable debts, bought and paid for our home, started to save some money, and put four kids through college. Now, twenty-six years after that first meeting, our kids have grown, we have eight grandchildren, and we have retired. So today I am pausing to look back—something I seldom do, since AA taught me not to. My first few weeks in AA were all confusion. I changed my mind so often, I began to think I was weak-minded. But hope started to glimmer again. My sponsor introduced me to members who had been sober from two days to two months. I had been a daily reader, so two months of sobriety seemed like the other end of eternity. Still, it did not seem impossible. Then he introduced me to another member, along with the information that he had been sober for two years. That sank in slowly. As comprehension dawned, so did skepticism and then outright disbelief. Nobody could stay sober for two years! My own record was about one week. But time flew along, what with meetings and lunches and Twelfth Step calls, hospital visits and new members. Weeks turned into months and years; but, remembering my own skepticism, I tried never to mention the length of my sobriety to newcomers. Even when asked directly, I tried to duck with something like "Long enough to be sober and happy" or "Time doesn't matter." But, in a sense, time does matter in AA. That is, it matters how time is used. As long as time is used for "practicing these principles in all our affairs," we can be sober and happy, whether we have been in AA twenty-six days or twenty-six years. AA is a school where we learn how to think and live, where we can turn ourselves into people who don't have to drink. As in any other school, those who try hard and apply themselves make the grade, and the goof-offs don't. (Of course, I realize that, as the Big Book says. "There are

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DATES OFFICE WILL BE CLOSED FOR HOLIDAYS

Thursday—December 24th—Christmas Eve
Friday—December 25th—Christmas Day
Thursday—December 31st—New Year Eve
Friday—January 1st, 2016—New Year Day
Saturday—January 9th—Annual Physical Inventory Day

Phones will still be active, check web site for local activities
(Almost 24 Hours) 813-933-9123 www.aatampa-area.org

12 TIPS FOR SOBER HOLIDAYS

1. Line up extra AA activities (help on the phones, speak, empty the ashtrays).
2. Be host to friends, especially newcomers, at home or at a coffee shop.
3. Keep your AA telephone list with you at all times.
4. Find out about holiday meetings or celebrations in your local groups.
5. Skip any drinking occasions you're nervous about.
6. If there's one you can't skip, take an AA friend—or keep candy handy.
7. Don't think you have to stay late (plan an "important date" in advance).
8. Go to church. Any church. And don't forget about extra meetings.
9. Don't sit around brooding; catch up on reading, museums, walks, letters.
10. Don't project about holiday temptations: remember "One day at a time."
11. Even if you cannot give material gifts, enjoy the beauty of holiday love.
12. Carry the message. Give the joy away, and it will be yours to keep.

Adapted from Box 4-5-9

Want to get involved in some Service Work? How about volunteering for the After-Hour Phones during the Holidays or on the Weekend. Call Martin after Office Hours @ 813-933-9123 and get all the details.

WE STILL NEED 12 STEPPERS!!! Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are **you** ready to help? Will **you** help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out. Email: aainfo@aatampa-area.org

District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

(877) AATAMPA or (877) 228-2672!

(Special note: TBAIC literature is available for distribution at the TBAIC meeting which is usually held the second Saturday of each month or the 4th Thursday of the month from 5:50 pm to 6:50 pm at the Tri-County Central Office.)

The November 14th meeting of TBAIC was opened with Chair Susan O. leading the "Serenity Prayer". She received word from Buddy H. that the men's meetings at Falkenburg and Orient Road Jails are going fine.

Tom F. distributed the Treasurer's Report. Tom also announced he would be rotating out of the Treasurer's position for TBAIC by December 2016. He reviewed some of the qualifications that would be important to have in considering the next Treasurer and he estimates that he spends about 20 hours per month with TBAIC business.

Nancy B. says that the women's meetings at Falkenburg are being covered. There were 5 volunteers needing to renew their PV numbers and they were completed before the deadline.

Ruth N. of East Pasco women's is still in the process of setting up a meeting with the new Program's Director. The meetings themselves are being conducted as normal.

Chris D. has 5 people scheduled to attend the orientation at Zephyrhills Prison today (11/14). This is a mandatory volunteer orientation conducted by the Chaplain.

Jim S. received 4 calls for Bridge the Gap and 2 rides were given. Jim is also planning to rotate out of his position with Bridge the Gap.

Cas K. said the Soberween party hosted by Saturday Night Fever was a success. Once the total receipt are in, a donation will be made to TBAIC.

Ron B. has been conducting evening AA meetings at the River Oaks facility in Riverview on Monday, Wednesday and Friday. He shared the format that he and fellow volunteers have been using at River Oaks.

A question was asked on how to get volunteers to take individuals recently released from Detox to a meeting. The guidelines and what Bridge the Gap does were reviewed in answering the question. It was also noted that the Bridge the Gap contact information and phone number is stamped on each piece of literature that is distributed.

Susan O. is working with the web coordinator of District 2 in updating the information for TBAIC posted on District 2's website. Hopefully the project will be completed in January. Also, the South Florida Area 15 Assembly will be January 89, 2016 in Sarasota. She also is asking for additional volunteers to assist with meetings at Grace Point (50th & MLK) for Saturdays at 1 pm and Memorial Hospital (Swann Avenue) on Wednesdays at 7:30 pm. Ray will now chair the Thursday night 7:30 meeting at the ACTS location on Henry Street.

"I have become a pupil of the A.A. movement rather than the teacher I once thought I was." (As Bill Sees It, pg 169)

Our Next Committee Meeting

Is at 9:30 AM on **December 12th, 2015** at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

Thank you to those groups who have sent in a donation last Month:

301 House \$14.00; AA 101 Group \$133.06; Anonymous \$212.00; As Bill Sees It Group (Brandon) \$121.39; As Bill Sees It Group (Odessa) \$29.00; Early Risers Group \$121.38; Freedom in Sobriety Group \$72.06; Good Day AA and Stay Alive Groups \$140.00; Keep it Simple YANA Men's Group \$42.92; Keystone Discussion Group \$70.28; Live and Let Live Group \$72.00; Lunch Bunch Group \$40.00; Meeting Place Group \$134.31; Morning Meditation Group 89.67; Odessa Group \$28.00; Old School Group \$263.81; Promises Meeting Group \$89.30; Ruskin fellowship Group \$23.00; Sunshine Group \$80.00; Wellspring Group \$30.00; Women's Friendship Group \$140.05

TBAIC 2014-2015 Committee Members

Susan O. - Chair	813-325-6538
Jim S. — Alternate Chair	813-679-9130
Tom F. — Treasurer	813-205-4945
Carolyn L. Alt. Treasurer	813-961-1144
Larry B. – Secretary	813-215-8423
Nancy B. — Alt. Secretary	813-872-0262
Open- Hills Jails -	
Buddy H. – Hillsborough County Jail	813-871-2514
Nancy B. — Hills Women's Jails	813-872-0262
Scott R. Detox & Treatment	813-727-8839
Ruth N. - E Pasco Jail-Women's	813-629-1547
Chris D. - E Pasco Prison	813-857-5400
Michele S. --Women's Bridge The Gap	813-507-5796
Jim S. — Men's Bridge The Gap	813-679-9130
Open- Pre-Release	
Open- Juvenile	

YTD Contributions to TBAIC \$20,445.68
YTD Money Placed in Tri-County spending account \$19,527.80
Money in Spending Account at Year End 2014 \$260.10
YTD Money Spent on Literature \$19,699.43
YTD Expenses \$796.55
Pink Can Balance as of 12/13/2014 \$918.22
Pink Can Balance as of 11/14/2015 \$1,039.55

Practice Makes Progress....continued from Page 1

those who are constitutionally incapable...”) As I look back, I realize how fortunate I have been in AA. For instance, I’ve never had a doubt about being an alky—the reservation that has caused so much trouble for so many. I knew I was a drunk before I ever heard of AA. Nor have I ever had any doubts about the truth and efficacy of AA, the Twelve Steps, the Big Book, and the AA philosophy in general. I have always believed in them absolutely, and do today. I know that all I have to do is put into practice what I have learned. How well I have done so is another matter. Once, after working very hard at AA for a couple of years when I was new, I decided to take a vacation from business, AA, and everything else. We went away, and I had no contact with AA for three weeks. At the end of that time, I felt the lack—not seriously or dangerously, but I knew my thinking had deteriorated. Resentments were nearer the surface; I felt like having my own way; I made excuses for myself; nervousness increased; it was harder to concentrate or meditate. We had a good vacation, and I doubt that my mental setback showed; but I knew about it and could hardly wait to get to a meeting when we returned home. When our little daughter started taking piano lessons, every day she would practice scales and exercises. Neither she nor we were ever conscious that she was making progress from one day to the next. It always sounded just as it had the day before. But progress was taking place, even though we were not aware of it. Ten years later, she could sit at the keyboard and play any piece of music you put in front of her. I doubt that anyone is aware of day-to-day progress in AA, but practice brings it about just the same. Practice. That’s the word, and that’s what I believe in. It makes seemingly impossible things come true. The more you practice anything, the better your performance; but keeping up practice every day is a tough job. I’ve been trying to do it for a quarter of a century now, and I can’t tell you how many times I’ve tried and failed—or forgot to try and therefore failed—and tried again and remembered more often and succeeded a little better. Every time I succeeded in being a little less self-centered, in reducing resentments, in not feeling sorry for myself, every time I asked for guidance and put my will and life in God’s hands, my stock went up a little. And when it didn’t, it went down. But the end is an infinity away. Once upon a time, in my drinking days, I knew that I was just perfect in every way. Now I can see that a lifetime of effort will be only a beginning—but such a happy one!

R.A.S., Tucson, Ariz
Reprint Permission/ AA Grapevine/ December 1969

Self-Pity

Around the tables, long ago, I noted the the veterans who were happy in their sobriety rarely fixed a discussion group’s attention on their problems. Instead, these happy “elders” (whether sixty-one or twenty-one) focused on the “dealing with” aspect of problems. They didn’t go into the difficulties these things were causing in their lives. They said, in effect, “We use these inconveniences to grow by developing solutions.” As time and AA worked their wonders on me, I found more and more that self-pity was directly related to straying from AA principles. If I felt sorry for myself, I knew I was not practicing the Steps. Today, when the inward voice begins to wail, “How can this happen to me?,” I put Step Ten into high gear, for I know there is something wrong and I had better promptly admit it. In the manner of those veterans, I now use the first sign of self-pity to advantage, for I recognize that it is but a short way from “poor me” to a drink. Therefore, rather than wallowing in self-pity, I get busy in AA, and quick as a wink, the wretched feeling is gone. This way, maybe, I will one day be a happy elder.....

Anonymous
Reprint Permission/ AA Grapevine/ December 1980

**Holiday Alkathons Successful
One Whole Day at a Time**

The idea started in Phoenix, Ariz., two years ago. Last New Year’s, Washington, D.C., and St. Louis, Mo., joined in and helped a total of 402 AAs who attended spend a sober New Year’s Eve. What they attended was an alkathon, a twenty-four-hour series of meetings spaced by coffee breaks. In each of the three areas, one person, or a small group, started the ball rolling by selecting a suitable meeting room or clubhouse. Then they contacted adjacent groups and solicited help in the form of meetings, and volunteers to assist with the coffee and cake. Since, in each case, the decision to hold an alkathon was somehow hurried, local newspapers and broadcasters were asked to announce the time and place of the marathon meetings. Notices, of course, were sent to all groups within reasonable distance. How well did they fare? To quote Jim B., the sparkplug of the St. Louis alkathon, “We had 112 different people, many staying for several meetings, while others left and then returned for a second or even a third time.” And from Washington: “In view of the continuing snow, we wondered how the 1:30 and 3:30 am meetings would fare. Happily, we found out. From other AA meetings, dances, and parties, they came and kept coming, bringing more good things to eat. From 1:30 to 4:00 am there was never less than 100 present. No register was kept, but 290 badges were issued. We like to think that the hand of Phoenix had been extended, via the Grapevine, and that Washington had reached out and grasped it.”

Editor’s Note: While we tip our editorial hat towards these groups that helped so many over a traditionally soggy night, we venture to suggest that Christmas Eve was, and is, even more difficult for many AAs. Would not an alkathon then be a good idea, too?


Reprint Permission/ AA Grapevine/ December 1968

ALL Food & Drinks provided!
Speaker Meetings!
Outdoor Meetings!

12TH ANNUAL SOBERSTOCK 2016


Live Bands! Karaoke!
Tent Camping ONLY!
(No RV’s/Popups!)

Friday - Sunday,
March 11th, 12th & 13th, 2016
A 3-day weekend AA/Alanon/Alateen event
featuring speakers, meetings, bands,
food & fellowship.



This festival is open to all members of AA/Alanon and their families.
Proceeds of this function will purchase Big Books and other AA literature
for District 2 Jails & Institutions
remaining profits going to the area pie chart.

When: Friday, March 11th, 12th & 13th, 2016- Gates open at Noon on Friday! Event ends on Sunday at Noon.
Where: “Camp Brein” - 16901 Boy Scout Rd. Odessa, FL 33556 - **SEE MAP ON BACK OF THIS FLYER**
What to bring: Tents, blankets, coolers, chairs, LANTERNS, bug spray, snacks, NO PETS, NO cabins at this facility.
What we provide: Refreshments, Camp Style Meals - Fri. lunch & dinner, Sat. breakfast, lunch and dinner, & Sunday breakfast.



NOTES FROM INSIDE THE CENTRAL OFFICE

November 10th, 2015 the Board of Directors for Central Office met:
BOARD MEMBERS REPRESENTING GROUP

BRETT B.	CHAIRPERSON	164 WESLEY CHAPEL GROUP
Excused	TREASURER	FRIDAY NIGHT LIGHTS GROUP
JIM W.	BOARD MEMBER	OLD SCHOOL GROUP
DIANE S.	BOARD MEMBER	FREEDOM IN SOBRIETY WOMEN'S
VICKI M.	BOARD MEMBER	TAMPA PALMS BIG BOOK GROUP
ROBERT L.	BOARD MEMBER	LATENIGHTERS GROUP
MINDY W.	BOARD MEMBER	STEP SISTERS IN SOBRIETY
PETER F.	BOARD MEMBER	MONDAY NIGHT MEN'S GROUP
Open Position	BOARD MEMBER	
Open Position	BOARD MEMBER	

Brett opened meeting in the usual matter by asking everyone if they were signed in and to turn down your cell phones. This was followed by the Serenity Prayer. Peter read the October Minutes. A motion was made to approve the minutes. It was seconded and approved. The Treasurer could not make it to the meeting so Tim gave the Treasurer's report. Much discussion followed concerning how to implement better practices with the Treasury. In Old Business discussion revolved around the Anniversary Dinner in February. Most of the Board members were okay with getting Christ the King to hold the event but maybe get a different caterer or food source for the Dinner. In New Business, Viki talked about her experience working on a recent 12 Step call and asked for more 12 Step Sign Up sheets. Mindy suggested having the Office Manager present an Office Manager's Monthly Report and made a motion to have a brief summary presented.. Much discussion followed. Because some thought the motion was too vague in it's description, the motion was tabled until next month. At the Council Meeting, Mike from the Solutions Group presented a check for \$100.00 to be used for Coffee & Supplies for our Anniversary Dinner in February. After Brett opened the meeting, he had T.J. read the October Minutes. It was seconded and approved. Tim gave the Treasurer's Report. Tim asked everyone if they were getting their minutes and if not to please print out your email so I can get them to you. The Treasurer's report was seconded and approved. Brett had Jerry read "What is Central Office", followed by Luanne reading "Central Office Representative." Old Business centered around the Anniversary Dinner in February. Brett went open the Committee Sign Up sheet to make sure everyone was on board with what they had volunteered to be responsible for. The Council was asked if they had any ideas for the Dinner. Lots of discussion followed about the Dinner and the 12 Step List. It was noted that if you get a 12 Step call and can't help maybe you know some people from your circle that can. Some brief announcements were made about Soberstock and the Plant City Keep it Simple All Groups Meeting. Discussion moved back to the Anniversary Dinner. Maybe we could rent out a cafeteria, how much were tickets going to be, how much did the last event make, do we have to pay liability insurance, gift baskets and the Cake Walk Raffle. The meeting ended with the Lord's Prayer.

**MERRY CHRISTMAS
HAPPY NEW YEAR
Support your Central Office**

November 10th, 2015 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

BRIAN L.	BARRACKS BRIGADE GROUP
MARTY J.	NEW TAMPA MEN'S GROUP
STEVE S.	EXPERIENCE, STRENGTH & HOPE GROUP
CINDY L.	SISTERS IN SOBRIETY GROUP
GUY S.	KEYSTONE GROUP
TAMMY P.	TOWN & COUNTRY SISTERS IN SOBRIETY
MARK K.	TAMPA BAY YOUNG PEOPLES GROUP
CATHY K.	HIDE-A-WAY GROUP
LUANNE M.	REFLECTIONS GROUP
CINDI M.	PRIMARY PURPOSE GROUP
BRIAN M.	SOBER AT 6 GROUP
JACK S.	THE MEETING PLACE GROUP
ISAAC M.	THE MEETING PLACE GROUP
MIKE J.	SOLUTIONS GROUP
VIVIAN J.	FREEDOM IN SOBRIETY WOMEN'S GROUP
JERRY K.	SOBER @ 7 GROUP
DRU M.	FRIDAY WOMENS FRIENDSHIP GROUP
KATHY N.	SOBRENITY GROUP
BILL M.	AS BILL SEES IT GROUP
FRED H.	OLD SCHOOL GROUP
JON S.	KEEP IT SIMPLE PLANT CITY GROUP
DANA C.	KEEP IT SIMPLE MEN'S GROUP
THOMAS M.	KEEP IT SIMPLE MEN'S GROUP

In Memory of John A. ...A Celebration of Life was held December 5th, 2015 for John A. who was Sober for 20 years and a Member of the Nooners Group (Our Club).



**SOUTH FLORIDA AREA 15
GENERAL SERVICE ASSEMBLY
January 8-10, 2016**

Hosted by District 5
Hyatt Regency Sarasota, 1000 Blvd of the Arts- Sarasota, Florida 34236
Registration Friday 4pm-8:30pm, Saturday 8am-8:30pm, Sunday 7am-9am

**Hyatt Regency Sarasota
1000 Blvd. of the Arts
Sarasota, FL 34236**


**Reservations by Phone: 888-421-1442
For group rate use event name:
S FL Area General Service**

**Room Rate: \$139.00 per night (1-2 people)
Add \$10 per person (3-4 people)
Must be received by December 9th, 2015**

**To Book via Reservation Web link:
<https://resweb.passkey.com/go/SFGS>**

ANNIVERSARY TIME Updated				ANNIVERSARY TIME Updated It Works-It Really Does Ask them how they did it!!!			
GROUP	Honors To	Date	Years	GROUP	Honors To	Date	Years
KEYSTONE GROUP	JOE C.	10/21/12	3 YRS	FRIDAY FRIENDSHIP GROUP	JOANNE	11/16/13	2 YRS
KEYSTONE GROUP	ED D.	10/17/05	10 YRS	FRIDAY FRIENDSHIP GROUP	KELLY T.	11/05/13	2 YRS
KEYSTONE GROUP	ALEX P.	10/11/90	25 YRS	FRIDAY FRIENDSHIP GROUP	KRISTIN	11/20/12	3 YRS
KEYSTONE GROUP	STEVE D.	10/31/90	25 YRS	FRIDAY FRIENDSHIP GROUP	KERRY L.	11/14/11	4 YRS
KEYSTONE GROUP	GUY S.	10/24/88	27 YRS	FRIDAY FRIENDSHIP GROUP	JOANN S.	11/19/05	10 YRS
KEYSTONE GROUP	MITCH S.	10/22/87	28 YRS	FRIDAY FRIENDSHIP GROUP	DEBBIE S.	12/12/11	4 YRS
KEYSTONE GROUP	TOM F.	10/19/81	34 YRS	FRIDAY FRIENDSHIP GROUP	BETH P.	12/09/09	6 YRS
KEYSTONE GROUP	KENNETH A.	11/27/13	2 YRS	FRIDAY FRIENDSHIP GROUP	GABRIELLE S.	12/26/08	7 YRS
KEYSTONE GROUP	ALEX R.	11/16/09	6 YRS	RUSH HOUR SERENITY	BEVERLY W.	11/01/11	4 YRS
KEYSTONE GROUP	CAREY H.	11/25/77	38 YRS	RUSH HOUR SERENITY	LINDA	11/23/08	7 YRS
KEYSTONE GROUP	CAPPY T.	11/22/74	41 YRS	RUSH HOUR SERENITY	PAUL H.	12/07/10	5 YRS
KEYSTONE GROUP	BRET W.	12/01/14	1 YR	RUSH HOUR SERENITY	RITA S.	12/02/92	23 YRS
KEYSTONE GROUP	BART S.	12/31/12	3 YRS	A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE ONE DOLLAR FOR EACH YEAR OF SOBRIETY			
KEYSTONE GROUP	DONNIE L.	12/01/11	4 YRS				
KEYSTONE GROUP	BESTY B.	12/18/02	13 YRS	Home Group	Honors To	Date	Years
KEYSTONE GROUP	AL G.	12/02/86	29 YRS	RUSH HOUR SERENITY	ROSE A C	10/15/84	31 YRS
SOBER @ 7 GROUP	DAVE D.	11/24/13	2 YRS	SOLUTIONS GROUP	RICH E.	06/05/04	11 YRS
SOBER @ 7 GROUP	JONI K.	11/23/13	2 YRS		CATHY K.		5 YRS
SOBER @ 7 GROUP	TAMMY B.	11/07/13	2 YRS		PHIL S.	11/08/07	8 YRS
SOBER @ 7 GROUP	NANCY M.	11/19/05	10 YRS	NOON BIG BOOK GROUP	TOM S.	11/18/83	32 YRS
SOBER @ 7 GROUP	SANDY L.	11/12/90	25 YRS	SELF-SUPPORT-NOVEMBER, 2015			
SOBER @ 7 GROUP	MICHAEL P.	12/26/09	6 YRS	<p>© Today in November of 2015 we have 228 Groups with 593 meetings a week. Contributions in November totaled \$3,055.93. That accounts for what 33 Groups out of 228 Groups in our area have contributed in November. This also takes into account the \$87.00 from the 5 members who contributed to the Birthday Club and the \$323.00 contributed from the All Groups Meeting held by the Old School Group, and \$100.00 donated from the Solutions Group to help with the Coffee & Supplies for our Anniversary Dinner in February. Our total income for November was \$6,681.57. Our Cost of Goods Sold was \$2,2567.85. Subtracting the Cost of Goods Sold from our November income left us with a Gross Profit of \$4,113.72. Our Total Expenses for November were \$5,921.38. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus-\$ 1,807.66 for the month of November. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we have to try and strive to keep up with the demand. That is only possible with your continued support . Thank you for all of your support !!!</p> <p>DO YOU HAVE A SUBSCRIPTION TO OUR NEWSLETTER "TRI-COUNTY CENTRAL OFFICE NEWS " ? WHY NOT???-FOR \$7.00 YOU WILL RECEIVE 12 ISSUES. THE "NEWS" IS ONE OF THE FEW WAYS CENTRAL OFFICE CAN REACH OUR INDIVIDUAL MEMBER'S. PLEASE HELP SUPPORT YOUR NEWSLETTER</p>			
SOBER @ 7 GROUP	JANET S.	12/01/09	6 YRS				
CAME TO BELIEVE GROUP	JAN E.	11/07/14	1 YR				
CAME TO BELIEVE GROUP	RICK A.	11/01/10	5 YRS				
CAME TO BELIEVE GROUP	SANDY S.	11/25/02	13 YRS				
CAME TO BELIEVE GROUP	LINDA R.	11/02/88	27 YRS				
CAME TO BELIEVE GROUP	BOBBY B.	12/31/07	8 YRS				
CAME TO BELIEVE GROUP	BRIAN A.	12/02/94	21 YRS				
SUNSHINE GROUP	MARK L.	12/17/00	15 YRS				
RIVERSIDE GROUP	SCOTT P.	11/01/14	1 YR				
RIVERSIDE GROUP	CLINT V.	11/18/88	27 YRS				
RIVERSIDE GROUP	NICK C.	12/12/11	4 YRS				
RIVERSIDE GROUP	ROB S.	12/26/07	8 YRS				
RIVERSIDE GROUP	BOB C.	12/28/90	25 YRS				
MUSTARD SEED GROUP	BRADY G.	11/15/10	5 YRS				
MUSTARD SEED GROUP	RUSS K.	12/09/07	8 YRS				
MUSTARD SEED GROUP	ANITA F.	12/06/07	8 YRS				
JUST WHAT I WANTED	SANDY B.	11/11/94	21 YRS				
JUST WHAT I WANTED	LAURA M.	12/24/08	7 YRS				
JUST WHAT I WANTED	BARBIE A.	12/31/03	12 YRS				

MORE NEWS AROUND THE TOWN & THE AREA



**Rainbow Recovery Club
 New Years Eve Celebration**

Thursday, December 31, 2015
 8:30 p.m. to 1 a.m.

Metropolitan Community Church
 408 E. Cayuga Street
 Tampa, FL 33603

Tickets \$15.00 in advance and \$20.00 at the door.
 RRC members will get a \$5.00 discount off ticket price.
 Hors d'oeuvres & an array of desserts will be provided.
 Door prizes, 50/50 raffle & lots of fun, fellowship & dancing
 to the sounds of DJ Ronny Boy!!
 This is a sober adult event.

Old Time AA: A History Workshop
 January 16, 2016 10:00 am - 4:00 pm
 Join us for our 2nd Annual Workshop honoring
 the Pioneers of our Fellowship



"And one more thing; none of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to have done numerous little kind and thoughtful acts in our behalf. So let us never get the degree of smug complacency so that we're not willing to extend or attempt to, that help which has been so beneficial to us, to our less fortunate brothers. Thank you very much."

Dr. Bob's Last Message
 Presented at
 First International Conference of Alcoholics Anonymous
 July 28 - 30, 1950 at Cleveland, Ohio

Breakfast and Lunch Served!

Christ the King Church 821 S. Dale Mabry Hwy., Tampa, FL 33609

Visit *Dr. Bob's House* *Long Timers Panel*

Meet the Women Behind the Men

History Workshop Registration Form

Registration is \$20 in advance, \$25 beginning December 14, 2015. Seating is limited. Pay via check only on secured website: <https://ipn.intuit.com/pay/printallpromotions>; under "invoice/reference #" use OTAA.

For more information call 352-777-4714 or email: OldTimeAA@gmail.com. Fax or email completed form to: (888) 317-5474 or OldTimeAA@gmail.com. If preferred, make check payable to: Old Time AA and mail with form to: 129 Fairmont Drive, Spring Hill, FL 34609.

Name: _____ Telephone: _____

Email: _____

Proceeds benefit Dr. Bob's House

Lend a hand to those unable to pay the registration fee.

Sponsorship Contribution: \$ _____

Sobriety Group's 30th Anniversary
 Sunday, March 13, 2016
 American Legion Post #1111
 3918 North Florida Avenue, Tampa, FL 33604

4:00 pm Fellowship

5:30 pm Dinner

7:00 Meeting

Guest Speakers

Gene Luker Bob Clark Kevin Deady

50/50 Raffle

Proceeds will be donated to Central Office

Menu by Affordable Catering

Stuffed Chicken Breast with Cream Sauce

Scalloped Potatoes, Broccoli and Beverages included

 Ticket on Sale for \$20.00 per person

For more information contact: sobriety30thanniversary@gmail.com

Rhonda W. (813) 601-6747

Gus A. (813) 416-4228

Patty P. (813) 784-7146



**ANNUAL
 HOUSECLEANING**

**LAKE YALE
 CONFERENCE CENTER, FL
 MARCH 11-13, 2016**

Online Registration Available:
www.retreatforaa-alanon.com

Group	NOV	Y T D	Group	NOV	Y T D	Group	NOV	Y T D
11th Step Group- Christ King		550.00	Keystone Group		504.30	Sisters in Sobriety Group	2.71	919.34
11th Step Retreat			Kingsway Group			Sober @ 6 Group		120.00
11th Step Retreat		100.00	Keystone All Groups			Sober @ 7 Group		979.08
301House Groups Fundraiser		1,006.00	Kingsway Group		722.00	Sober @ 7 Group All Groups		990.00
A.A. 101 Group		1,620.42	Last Call Meeting		396.00	Sober on Saturday Group	43.75	386.25
A.A. 102 Group		54.00	LateNighters Group		385.75	Sober on Sunday Group		400.00
All Groups Meeting		36.00	Late Night Red Door Group		109.25	Sober Rewards Group		2.00
Alpha Group		270.05	Lemon Tree Group			Sober Spirits Group		
Anniversary Dinner 2015		2,593.97	Live and Let Live Group		573.90	Soberstock Committee		500.00
Anniversary Dinner 2016	100.00	100.00	Living in the Solution		722.10	Sobriety at Sunrise Group	25.00	331.00
7th Tradition Basket		167.00	LivingSober/As Bill Sees It			Sobriety at Sunset Group	328.76	530.26
Trico 50/50 Raffle 2015		211.00	Lunch Bunch Group			Sobrenity Group		440.05
Cakewalk RaffleEvent 2015		603.00	Lutz @ Noon	13.00	110.00	Solutions Group		1,601.32
Soberstock Basket Raffle 2014			Mad Dogs Group		100.00	Southshore Men's Group		373.00
Housecleaning Retreat		150.00	Main Purpose Group			Southside Men's Group		862.00
Anonymous Donations	337.47	1414.87	Mapledale Group		125.00	Southside Men's Group # 2	87.00	345.00
As Bill Sees It--Brandon		591.42	Mid Day Matinee Group		940.31	Southside Men's Group # 3		
As Bill Sees It Mens Odessa		652.24	Morning Express Group		300.00	Spiritual Development Gp.		
Attitude of Gratitude Group		450.00	Morning Group -Zephyrhill		400.00	Spiritual Growth Group		
Barracks Brigade Group		1,807.22	Morning Meditation Group			Spiritual Progress Goup		37.70
Bel-Mar Group		126.75	Mustard Seed Group	25.00	56.00	Step Sisters in Sobriety		195.00
Bill D's Group	185.02	111.47	New Beginnings - Brandon		325.00	Step at a Time Group		429.65
BIRTHDAY CLUB	87.00	773.00	New Beginnings Women's		70.00	Stepping Stones Group (w)		241.00
Brandon Men's Blackbelt		185.00	New Beginnings-(5:45)Joe's		893.86	Sun City Center Group		
Brandon Tues. Big Book		45.00	New Beginnings-(Our Club)		501.76	Sunday Afternoon Meeting		
Brandon Sat. Night Group			Newcomers Group (JC)			Sunday Speakers - 3333	50.00	610.00
BYO 12 & 12 Group	48.00	500.00	New Day Group		105.00	Sunshine Group		400.00
Came To Believe Group		823.61	New Hope Big Book		234.15	Suvivors Big Book Group		10.00
Cardinal Group - Odessa		500.00	New Tampa Monday Men's	236.25	423.50	Sweet Surrender Group		547.00
Cardinal Group All Groups			New Way Women's Group		700.00	Tampa Bay Fall Roundup		
Carrollwood Group		50.00	Nightly Newcomers Group		100.00	Tampa Bay Speakers Gp.		1,042.50
Carrollwood Blue Roof Group			Noon Big Book Group			Tampa Bay Young Peoples		579.60
Clair-Mel Positive Thinkers		100.00	Nooners Group--Riverview	67.18	249.38	Tampa Palms Big Book	100.00	400.43
Clean Air Group	25.00	221.81	Nooners Group--Tampa	76.53	485.78	TGIS Women's Group		100.67
Dade City Step Study Group			Noontime Celebration Gp.		250.00	Thank God it's Friday Group		250.00
Design for Living Group		1,197.00	N. Brandon Open Forum		110.00	The 164 Group		175.00
Dover Group		120.00	Northdale Group		176.14	The 164 12 Step Workshop		382.00
Early Risers Group - Joe's	112.93	547.05	Odessa Group		470.00	The 164 Group USF		75.00
Expect a Miracle Group		234.00	Old School Group		592.43	The 164 Group Wesley Chapel		
Experience, Strength & Hope	40.00	152.15	Old School Group All Gps	323.00	869.30	The Meeting Place Group		308.00
Fear Not Group			Old School Group Anniv			The Next Frontier Group		144.87
Fireside Group	98.17	1,108.29	OSG Ladies Birthday Event			T & C Sisters in Sobriety		220.00
Founders Day Event			Oldtimer's Group - JC		98.91	Town & Country Men's Gp		250.00
Freedom in Sobriety Group		388.58	On the Way Home Tpa 5:30		127.60	Town & Country Wed. Group		1,000.00
Friday Night Lights Group		487.72	One Day at a Time Group		100.00	Tues Big Book Study Gp.		285.90
Friday Night Lights Ice Cream			Page 112 Group		20.00	Turning Point Group -Z-H.		325.00
Friday Night Lights Movie		136.00	Palma Ceia Group		1182.29	Uptown/Downtown Group		114.00
Friday Night Step Study Group		110.00	Palma Ceia 12 Step Group			Valrico Fri. Morning Group		215.00
Friday Night Women's Gp.			Palma Ceia Big Book Study			Valrico/Brandon Wed. Night		
Friday Women's Friendship		65.00	Pilgrim Group -St Leo's		325.00	Village 12 Step Group		300.00
Gifts of Sobriety Group		220.35	Plant City Keep it Simple	45.00	400.00	Warrior's Group		0.57
Good Start Group		586.39	Primary Purpose Group		20.00	We Have a Way Out Group		17.00
Grapevine Gals Group	46.50	424.37	Promises Meeting Group		499.00	Weedpatch Group		325.00
Happy Hour Group YANA		300.00	Prosperity AA Group		99.45	Wed Night Step Workshop		44.25
Helping Hands Gp.-P.C.		275.00	Red Chip Day			Wed. Keep it Simple Group		
Hide-A-Way Group		1,243.43	Red Door Group		245.90	Wellspring Group	200.00	340.00
High Nooners Group		100.00	Reflections Group	100.00	300.00	Wesley Chapel Group		696.05
Hope in Progress Group			Riverside Group	247.83	508.77	Wesley Chapel Gp B.B. Raffle		109.00
HOW Group		100.00	Rush Hour Serenity Group	4.83	360.63	With Room to Grow Group		250.00
International Doctors of AA		12.00	Ruskin Fellowship Group			WST Memorial Day Picnic		
It's in the Book Men's Gp.		183.00	Safe Haven Group			Women's Friendship Group		524.56
Just What I Wanted Big Book		45.00	Saturday Night Fever Gp.		860.00	YaYa Sisterhood of Sobriety		55.57
Keep It Simple - YANA		150.00	Saturday Night Live Group					
Keep It Simple/Pass It On		1,190.17	Seekers of Serenity II Group		73.77			
Keeping it Simple Group								
TOTAL	1,080.09		TOTAL	1138.62		TOTAL	837.22	
YTD	TOTAL	25,189.33	YTD	TOTAL	17222.23	YTD	TOTAL	19,779.62
						Grand Total for Month	3,055.93	
						Grand Total for Year		62,191.18