



# Tri-County Central Office News

Admitted to God, to ourselves and to another human being the exact nature of our wrongs

A Monthly Newsletter of the Tri-County Central Office, Inc.  
8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

May, 2014

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## **SOBRIETY TO GO**

As often happens, we learn most in AA from listening to our newer members, and my home group recently experienced a new dimension of the Fifth Tradition because of it. We have a periodic group inventory, every four to six months, so that we can stay healthy as a group. We use the Traditions as well as some of the questions from the "AA Group" pamphlet as our guide. We pick a separate night and spend three to four hours checking our group pulse. At one of these inventory sessions, we had gotten to the Fifth Tradition when a member who had been with us for five months or so spoke up. "I am confused," he said. "This Tradition says that "Each group has one primary purpose-to carry its message to the alcoholic who still suffers." He paused a moment, then hesitantly said, "I have been attending this group recently for five months now, and we have never left this room!" The result of this new member's wisdom and willingness to participate is that our group now sponsors a weekly meeting at a local treatment center. We carry our format and our group's message to them. From this weekly Twelfth Step activity, our group has grown as some of the alcoholics in the treatment center join with us when they leave treatment. Our group has benefited in several ways other than new members. For a while, we saw an influx of non-alcoholics into the AA groups. Many of these came to us from treatment, having been told to just go to AA by well-meaning professionals who were not really familiar with what AA did and did not do. We have learned that we were at fault when this happened. If we do not show up to explain AA to new people, they will hear about it from people who do not know about AA. This simple activity of carrying the message out of our meeting room also answered another problem we were having. Those of us who have been blessed by being in AA when there were plenty of "live" Twelfth Step calls talk a lot about them. Our younger members now have an inexhaustible supply of "live" Twelfth Step calls. By regularly showing up at the treatment center in the spirit of cooperation, we are getting to know the professionals who do deal with problems other than alcohol. When someone shows up at our group who needs help of a different kind from that which we deliver, we can direct them to a person who can help, rather than just throwing them into the winds. This helps us in our effort to stick to our primary purpose, helping alcoholics achieve and maintain sobriety. By being willing to stick close to our primary purpose, by being willing to actually carry the message physically out of our meeting space, we as a group have made our statement—if you attend a meeting at our group, you will hear the message of Alcoholics Anonymous, and if you watch us, you will see the message of Alcoholics Anonymous in action. By being a member of a group that participates in the Fifth Tradition as an activity as well as an idea, I find myself more aware of what I was taught from the beginning: The Traditions apply to my personal life as well as to my group. Just as the

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## **IN SEARCH OF EMOTIONAL SOBRIETY**

About a year ago I read an article by Bill W. titled "The Next Frontier: Emotional Sobriety." He wrote this article late in his AA recovery and it deals with that wonderfully terrifying realm—beyond not drinking. To me, it was the most powerful thing he ever wrote, along with the Big Book. It opened up a whole new dimension of recovery I was struggling to find. It literally saved my life. After almost three and one-half years in AA, living without my medication—alcohol—I came to a crisis in my recovery. I ended up going back to alcohol for a short period because of the pain and despair I was feeling. It was worse than anything I had experienced up to that time because I had nowhere to hide from it. My emotions were stalking me into the deepest depression of my life. I see now that I drank all those previous years to stay sane. Year by year I had become more uncomfortable emotionally even though I continued to go to four or five meetings a week, read, pray, meditate, and really work Steps One, Ten, Eleven, and Twelve. I talked constantly with my AA friends and others about how I felt. I was in a state of despair and self-condemnation for failing to "work the program." The harder I tried, the worse I felt. I could not find serenity or emotional balance. I could not figure out what was wrong and no one seemed to know what to tell me except go to meetings, read the Big Book, and get off the pity-pot. It was then that I discovered the article by Bill W. My eyes and heart and soul were opened up to that "new frontier" he had discovered after his long, agonizing, dry search through depression. I realized at once that he had suffered the same emotional devastation that I had—what he called an "emotional merry-go-round." He stated the problem this way: "How to translate a right mental conviction into a right emotional result, and so into easy, happy and good living. ... It's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs." There is a "point," as he calls it, where I am willing, but for some reason unable, to get past a block that prevents me from choosing to be happy and journey on into emotional sobriety. Bill W. aptly called it "a hell of a spot!" He also showed me I was dealing with my unconscious, that great expanse of old recordings which continually plays a lifetime of neglect, frustration, and fear. Locked in this deep hidden

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**WE STILL NEED 12 STEPPERS!!!** There are hundreds, probably thousands of active alcoholics in our area. Many may never think they need our help or even want our help. But, just like you and I, there will be a few who desperately want and need our help. Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are you ready to help? Will you help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out. Email: [aainfo@aatampa-area.org](mailto:aainfo@aatampa-area.org)

**District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties**

**(877) AATAMPA or (877) 228-2672!**

**Important Reminder**

**TBAIC Literature is distributed only on the second Saturday of each month during the the TBAIC monthly meeting. All volunteers are welcome to attend the TBAIC meeting and obtain needed literature at that time.**

Bobby B. opened the April 12th TBAIC meeting leading the Serenity Prayer. Buddy H. and Nancy B. both reported that the Faulkenburg Jail meetings are going well. Leslie Parker is leaving as the volunteer coordinator and Carmen Burgos will become the new volunteer coordinator. The Treasurer's Report was distributed by Tom F. The only non-literature based expense was for the annual P.O. Box rental fee. He informed the committee that TBAIC's major contributor, Midday Matinee, has opted not to pass the Pink Can on behalf of TBAIC. Jim H. is really pleased at how well contact has been maintained with former inmates of Zephyrhills and how close they are sticking with the program. The volunteer base going to Zephyrhills continues to stay strong. Scott R. will be updating and distributing the Detox & Institutions list. He is currently working on filling vacancies at the DACCO Detox. He asked that if anyone knows of any change to any facility to please let him know. Ruth N. of E. Pasco Women's has received several volunteer request. She shared that she had the opportunity to see someone at Soberstock who was introduced to AA as a direct result of her and her volunteers taking meetings into the Pasco facility. Bonnie C. Steps to Freedom will be having a Board Meeting to determine if an interim contribution can be made to TBAIC. In new business, Bobby B. formally announced his resignation to the committee. The committee approved Alternative Chair Janine G. to serve as Chair for the remainder of Bobby's term (12/14). Susan O. was selected as Alternative Chair. Central Office needs 12 Step volunteers and Tom F. distributed 12 Step call forms for everyone to take back to their home groups. Completed forms are to be returned to Central Office. Central Office Founder's Day Event June 7th at Palma Ceia Presbyterian Church has asked if TBAIC would like to have a display at the event. The current tri-fold would need to be updated. The June meeting of TBAIC will be on the same Saturday as Steps to Freedom. A TBAIC meeting will be held at the Steps to Freedom event during one of the breaks. The June TBAIC will not be at Central Office. John B. DACCO's Quest House men's closed book study meeting is looking for additional attendance for input and sponsorship. The H.O.W. Wednesday 6 PM meeting at the women's DACCO facility is an open coed meeting and the residents are seeking sponsorship.

"Our next function is to grow in understanding and effectiveness." (BB, pg 84

**YTD Contributions to TBAIC \$5,94.96**  
**YTD Money Placed in Tri-County spending account \$5,137.09**  
**YTD Money Spent on Literature \$5,137.34**  
**YTD Expenses \$399.84**  
**Pink Can Balance as of 12/31/2013 \$829.29**

**Our Next Committee Meeting**

Is at 9:30 AM on May 10th 2014 at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!!**

**Pink Can Drive**

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

**Thank you to those groups who have sent in a donation last Month:**

AA 101 **\$73.50**; 301 House All Groups **\$43.69**; As Bill Sees It Group Brandon **\$71.05**; Carrollwood Blue Roof Group **\$19.00**; H.O.W. Group **\$36.00**; Keystone Discussion Group **\$22.00**; Live and Let Live Group **\$102.00**; Lunch Bunch Group **\$108.00**; Midday Matinee **\$196.77**; Monday Night Men's St. James New Tampa **\$230.00**; Morning Meditation **80.25**; Noon Big Book Group (3333) **\$143.16**; Odessa Group **35.50**; Primary Purpose Group **\$15.00**; Promises Meeting Group **\$63.82**; Ruskin Fellowship Group **\$49.00**; Tampa Bay Speakers Group **\$10.00**; There is a Solution Group (3333) **\$32.84**; Wellspring Recovery Group **\$60.00**.

**TBAIC 2014-2015 Committee Members**

<b>Janine G. - Chair</b>	<b>813-455-6617</b>
<b>Susan O. -Alternate Chair</b>	<b>813-325-6538</b>
<b>Tom F.— Treasurer</b>	<b>813-205-4945</b>
<b>Shanna M.—Alt. Treasurer</b>	<b>813-390-3558</b>
<b>Larry B. – Secretary</b>	<b>813-215-8423</b>
<b>Open- Hills Jails -</b>	
<b>Buddy H. – Hillsborough County Jail</b>	<b>813-871-2514</b>
<b>Nancy B.— Hills Women's Jails</b>	<b>813-872-0262</b>
<b>Scott R. Detox &amp; Treatment</b>	<b>813-727-7290</b>
<b>Ruth N. - E Pasco Jail-Women's</b>	<b>813-629-1547</b>
<b>Chris D. - E Pasco Prison</b>	<b>813-857-5400</b>
<b>Michele S. --Women's Bridge The Gap</b>	<b>813-507-5796</b>
<b>Jim S.— Men's Bridge The Gap</b>	<b>813-679-9130</b>
<b>OPEN- Pre-Release</b>	
<b>OPEN— Juvenile</b>	

**SOBRIETY TO GO....continued from Page 1**

primary purpose of my AA group is to carry the message, as a member of AA, my primary purpose also is to carry the message. I may not always like the little sacrifices of time and effort, but I am never confused as to what saving my life by God was really all about. The Twelfth Step and the Fifth Tradition make it clear that my sobriety is not only for me—it is for you. Thank God I belong to a group that acts the same way.  
**Don P., Aurora, Colo.**  
Reprint Permission/ AA Grapevine/ May 1992

**TAKE MY ADVICE...I’M NOT USING IT**  
I was feeling rather depressed and called my sponsor and found her in a similar mood. I said, “What shall I do?” At first she said, “I don’t know. If you figure it out call me back.” Then because she is a loving person, a good friend, and has a terrific grasp of the AA program, she shifted into sponsorship gear and told me to do the following: **1.** Wear life like a loose garment. **2.** Don’t take myself so seriously. **3.** Count my blessings. **4.** Find another alcoholic to work with. **5.** Read the Big Book and go to a meeting. Then she laughed and said, “Take my advice—I’m not using it.” I called one of my sponsees, and she was also in a negative frame of mind. I addressed her problem and suggested one through five above. She said she had a sponsee in a melancholy mood. I proposed that I and my sponsor, she and her sponsee could form a singing group called The Depressions and sing the blues. She was not amused. Later in the day my sponsor dropped by with another friend for coffee—and what a change! She’s made a Twelfth Step call and taken another alcoholic to a detox. They recounted how she looked like ten miles of bad road, was ill and full of fear and remorse. Suddenly we were all full of gratitude and laughing at the insanity of self-pity and self-imposed depression. We remembered all the pain and confusion of our early days in Alcoholics Anonymous. The simplicity of this program never changes—what works is constant: trust in God, clean house, and work with others.  
**Terry B., Concord, California**  
Reprint Permission/ AA Grapevine/ May 1997

*Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members.*



**Question:**  
**What is an elder statesman?**

**Answer: A bleeding deacon who’s run out of blood.**

**IN SEARCH OF EMOTIONAL SOBRIETY....continued from Page 1**

part of me are fears and compulsions which he calls “faulty and emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatever.” This was a powerful and revealing statement about my dilemma, my recovery, and the direction I should now go. I was still absolutely dependent for validation and security on people (even my long dead parents) and circumstances beyond my control. This created a terrible endless spiral of self-condemnation, guilt, and depression. I began to see that my recovery was a process of growth followed by sabotage. These episodes began with a kind of innocence and newness of experience offered to me by my recovery—a pink cloud, if you will. From this new experience, I was allowed to make positive choices and responses, thus creating joy and excitement in my life. As this high peaked out, I felt the need for relief and rest. To find this relief I chose the opposite of the positive and joyous feelings. This was how I nurtured myself; it was all I had ever learned. Of course, this caused decline instead of peace and so my need for relief grew. I added other opposites and experienced more decline. Frustration and doubt began to set in. Soon I slipped into a kind of learned violence against myself for failing in my attempts to grow and nurture myself. From here it was only a short slide to depression, that gray expanse of self-hatred and self-deceit. After periods of depression, the episodes would start over again with some new experience. My absolute dependencies on people and circumstances were sabotaging my recovery with a type of self-abuse. Bill W. goes on to say that the answer is love, “an outgoing love of God’s creation and his people, by means of which we avail ourselves of his love for us.” He says that something very powerful must now take place if I am ever to achieve the emotional sobriety this kind of love can bring: “It is most clear that the real current can’t flow until our paralyzing dependencies are broken and broken at depth.” This is now the new frontier of recovery I am beginning. It is a frightening, painful, and glorious journey into freedom—a plunge into depths of emotions and feelings I had never achieved. But out of all the pain and grieving of breaking those dependencies comes a love of self and others that is beyond imagining. It is a deep and powerful Ninth Step of amends to myself and those I had so depended on. As I begin this journey of “breaking at depth,” through reading, treatment, therapy, meetings, and the Twelve Steps, I am finding a healing beyond description. It is a bonding and reuniting with myself, with others, and with that inner light I call my Higher Power. Once again Bill W.’s words come to mind to guide me and help me go to any length to recover: “More and more we regard all who labor in the total field of alcoholism as our companions on a march from darkness into light. We see that we can accomplish together what we could never accomplish in separation and in rivalry.” It is the wonderful searching and open-mindedness of this that has helped prevent me from suffering and the destructive recovery-robbing consequences of “contempt prior to investigation.” I believe many of us AAs are entering the new frontier called emotional sobriety that Bill W. was beginning to sense and discover for himself years ago. Abstinence fro alcohol is truly only the beginning of an incredible spiritual journey into healing and joy. And I thank my Higher Power that I have Bill W. and others to travel with me.

Anonymous—Reprint Permission/AA Grapevine/ May 1989

**NOTES FROM INSIDE THE CENTRAL OFFICE**

April 8th, 2014 the Board of Directors for Central Office met:  
**BOARD MEMBERS** **REPRESENTING GROUP**

WARD H.	CHAIRPERSON	PALMA CEIA BIG BOOK GROUP
LINDA G.	TREASURER	TURNING POINT GROUP
KELLEY L.	BOARD MEMBER	CLEAN AIR GROUP
LISA C.	BOARD MEMBER	REFLECTIONS GROUP
BRIAN L.	BOARD MEMBER	HIGH NOONERS GROUP
TROY S.	BOARD MEMBER	PROMISES MEETING GROUP
DAVE F.	BOARD MEMBER	WESLEY CHAPEL GROUP
SAM F.	BOARD MEMBER	FRIDAY NIGHT LIGHTS GROUP
OPEN POSITION	OPEN POSITION	OPEN POSITION
OPEN POSITION	OPEN POSITION	OPEN POSITION

Ward opened the meeting in the usual matter by asking everyone to turn down their cell phones followed by the Serenity Prayer. Kelley read the March minutes. There were no questions, a motion to accept was made, seconded and approved. Linda presented the March Budget report. We were \$1698.24 in the red for the month. There were no questions, a motion to accept was made, seconded and approved. We had three Board Members rotating out tonight. They were Linda G. our Treasurer from the Turning Point Group, Kelley L., from the Clean Air Group, and Lisa C. representing the Reflections Group. Ward handed out Certificates of Appreciation to each one. We then went briefly into discussion concerning the Founders Day Event in June. This was followed by election of a new Treasurer. Sam F. from the Friday Night Lights Group was nominated and voted in as the new Board Treasurer. The meeting ended early. At the Council Meeting, after the minutes and Treasurer's reports were read and approved, discussion went into the upcoming Founders Day Event. First on the docket was payment to the Church to use their facility and their helper who would be at the event. It was motioned and passed to pay the Church the same amounts as we did at our Anniversary Dinner, \$300.00 and \$100.00 respectively. We then went into discussion about the food part of the event and it was decided that we would provide a sheet cake. In New Business we acknowledged the Board members who were rotating out this evening. Ward noted that Board letters were going out and if your Group happened to get one to please consider sending a representative to serve on the Board. Sam F. the new Board Treasurer was also acknowledged. Everyone was reminded to call in early if you wanted to pick up literature at the Council meeting, that way we could have it packed and ready for you. Meeting ended with the Lord's Prayer.

April 8th, 2014 the Central Office Representatives met:  
**COUNCIL MEMBERS** **REPRESENTING GROUP**

SUE Z.	CLEAN AIR GROUP
BILL J.	EARLY RISERS GROUP
KEVIN S.	LATE NIGHT RED DOOR GROUP
MARK S.	HAPPY HOUR GROUP
SALLY O.	TGIS WOMEN'S GROUP
KATHY W.	TGIS WOMEN'S GROUP
AMY W.	FEAR NOT GROUP
RYAN C.	FIRESIDE GROUP
KAITIE C.	FRIDAY NIGHT STEP STUDY GROUP
MICHELLE G.	JUST WHAT I WANTED GROUP
RICH E.	SOLUTIONS GROUP
NOELLE B.	TAMPA BAY SPEAKER GROUP
MANDI P.	BARRACKS BRIGADE GROUP
JOE M.	CAME TO BELIEVE GROUP
JANET S.	SOBER @ 7 GROUP
JOHN F.	SOBRENITY GROUP
CINDY L.	SISTERS IN SOBRIETY GROUP
BONNIE G.	OLD SCHOOL GROUP
STEVE S.	EXPERIENCE, STRENGTH & HOPE GROUP
Couldn't read name	EXPERIENCE, STRENGTH & HOPE GROUP
VIVIAN J.	FREEDOM IN SOBRIETY GROUP
JOHN P.	AS BILL SEES IT GROUP
AL B.	THURSDAY NITE BIG BOOK GROUP
GREG G.	KEEP IT SIMPLE MEN'S GROUP
ALLAN D'H	LIVE & LET LIVE GROUP
TROY S.	PROMISES MEETING GROUP
TOM F.	KEYSTONE GROUP
ED D.	KEYSTONE GROUP
BART S.	BYOB 12 & 12 GROUP

**Practice These Principles . . .**

*Tradition Five: Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.*

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the *limitations* of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

*(Traditions Checklist from the Grapevine)*



So, is this your first meeting?

**ANNIVERSARY TIME**

GROUP	Honors To	Date	Years
RIVERSIDE GROUP	JOHN R.	05/26/09	5 YRS
RIVERSIDE GROUP	JAMES S.	05/25/07	7 YRS
RIVERSIDE GROUP	JOHN M.	05/14/89	25 YRS
SOBER @ 7 GROUP	CHRISTA G.	05/24/87	27 YRS
DOVER GROUP	L.H.	05/07/09	5 YRS
DOVER GROUP	GREG D.	05/09/08	6 YRS
DOVER GROUP	TOM W.	05/05/08	6 YRS
DOVER GROUP	JOHN L.	05/02/86	28 YRS
FRIDAY NIGHT LIGHTS GROUP	CHRISTOPHER E.	05/02/10	4 YRS
FRIDAY NIGHT LIGHTS GROUP	SAM F.	05/19/86	28 YRS
FRIDAY NIGHT LIGHTS GROUP	GENE A.	05/11/79	35 YRS
CAME TO BELIEVE GROUP	JAMES P.	05/06/11	3 YRS
RUSH HOUR SERENITY GROUP	GEORGE T.	05/23/98	16 YRS
RUSH HOUR SERENITY GROUP	BILL D.	05/18/86	28 YRS
JUST WHAT I WANTED GROUP	KARLA O.	05/01/10	4 YRS
JUST WHAT I WANTED GROUP	FELICIA K.	05/31/08	6 YRS
JUST WHAT I WANTED GROUP	SUSAN Y.	05/20/00	14 YRS
JUST WHAT I WANTED GROUP	MARILYN A.	05/01/98	16 YRS
JUST WHAT I WANTED GROUP	CANDY J.	05/20/86	28 YRS
EXPECT A MIRACLE GROUP	SARAH O.	05/20/74	40 YRS
KEYSTONE GROUP	CONI B.	05/11/79	35 YRS
KEYSTONE GROUP	GENE S.	05/12/74	40 YRS

**SELF-SUPPORT-March, 2014**

☺ Today in March of 2014 we have **218** Groups with **590** meetings a week. Contributions in March totaled \$4,459.66. That accounts for what **37** Groups out of **218** Groups in our area have contributed in March. This also takes into account the 15 AAer's who contributed \$356.92 in contributions anonymously, \$18.00 from the 3 members who contributed to the Birthday Club and the \$515.00 from the Mid Day Matinee Group who made a special contribution to help us pay for our new 2014 Quickbooks Accounting software. Our total income for March was \$11,298.77. Our Cost of Goods Sold was \$5,032.21. Subtracting the Cost of Goods Sold from our March income left us with a Gross Profit of \$6,266.56. Our Expenses for March were \$7,964.80. Subtracting our Expenses from our Gross Profit gave us a Net Income of minus **-\$1,698.24** for the month of March. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we have to try and strive to keep up with the demand. That is only possible with your continued support . Thanks for all of your support !!!

**NOTE TO OUR LOCAL A.A. MEMBERS:**

The A.A. World Services, Inc. is pleased to announce the publication of the only authorized reproduction of the first edition of **Alcoholics Anonymous**. The official publication date of the first printing of our Big Book, as noted by the United States Copyright Office, was April 10, 1939. There were 4,730 books printed, with red cloth binding, wide columns, thick paper (which was why it was called the Big Book in the first place), and a red, yellow, black and white dust jacket, which came to be known as the "circus edition" To commemorate this historic printing—and the book's 75th anniversary—the 2013 General Service Conference approved the creation of this facsimile edition, a faithful replica of the original, **to be published in April 2014**. This edition is published in the original English-language text only. **Central Office now has copies for purchase @ \$12.00 per copy. Prices will go up July 1st to \$15.00, get your copies now!**

**A BIRTHDAY CLUB SUPPORTER TO CENTRAL OFFICE  
 ONE DOLLAR FOR EACH YEAR OF SOBRIETY**

Home Group	Honors To	Date	Years
EXPERIENCE, STRENGTH & HOPE GROUP 3 years X \$10.00=\$30.00	STEVE S.	04/29/11	3 YRS
FREEDOM IN SOBRIETY	VIVIAN J.	05/16/89	25 YRS



**"Of course, you're the only one who can say whether or not you're an alcoholic.**



**Want to get involved in some Service Work?**  
 How about volunteering for the After-Hour Phones on the Weekend. Call Martin after Office Hours @ 813-933-9123 and get all the details.

**The Twelfth Step is, in a sense, the culmination of the whole program. It wraps up all the Steps which go before it and gives us a guide for living the whole program everyday of our lives.**



**I told my sponsor I had a Jekyll-and-Hyde personality. He said it was too bad that I'd sobered up the wrong one.**

## MORE NEWS AROUND THE TOWN & THE AREA

Celebrating the Day Bill W. and Dr. Bob First Met  
 24th Spring Conference  
**The Woodstock of AA**   
Orlando, Florida  
May 2 - May 4, 2014  
Holiday Inn - Orlando  
International Airport  
Information Online @ [www.aatampa-area.org](http://www.aatampa-area.org)  
See Events page

Sober in St. Pete Presents:  
"Carry The Message 2014"  
AA Weekend Conference June 6-8th 2014  
Information Online @ [www.aatampa-area.org](http://www.aatampa-area.org)  
See Events page

**Steps to Freedom 2014**  
12-Step Workshop  
Saturday, June 14, 2014  
9:00 a.m. - 4:30 p.m.  
Information Online @ [www.aatampa-area.org](http://www.aatampa-area.org)  
See Events page

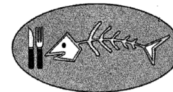
*Celebrating the 79th Anniversary of Alcoholics Anonymous*  
**A Design For Living**  
June 20-22, 2014  
with Sandy B., Tampa, FL  
and Bob B., St. Paul, MN  
Information Online @ [www.aatampa-area.org](http://www.aatampa-area.org)  
See Events page

**58<sup>th</sup> Florida  
State Convention**  
  
Information Online @ [www.aatampa-area.org](http://www.aatampa-area.org)  
See Events page

### Central Office Founder's Day Event Saturday--June 7th, 2014

Palma Ceia Presbyterian Church  
3500 San Jose Street  
Behind Plant High School  
Tampa, FL 33609

From 1:00 pm-4:00pm  
Pot-Luck Mid-Afternoon Dinner



Please bring something to share  
This is a Fund-Raiser for the Central Office  
The Dinner will be followed by a panel  
of our local  
Old-Timers answering questions  
(Ask it Basket Style)  
and sharing their experience, strength & hope  
Free Admission

50/50 Raffle & More

More Details Soon!!!

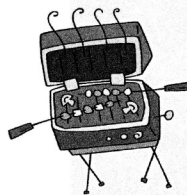
### The Meeting Place

Welcome BBQ  
Join us in celebration of  
our new home!

Games, Hamburgers, Hot Dogs, Potluck  
and Refreshments!

When: Saturday, May 3, 2014  
Time: 1:00-5:00 pm

8601 N Land 'O' Lakes Blvd  
1 Mile North of Connerton  
on the left hand side



Group	MAR	Y T D	Group	MAR	Y T D	Group	MAR	Y T D
11th Step Group-Christ the King		50.00	Just What I Wanted Big Book			Sisters in Sobriety Group		108.00
11th Step Meeting--Sun City			Keep It Simple - YANA			Sisters in Sobriety TRICO Raffle		34.00
11th Step Retreat			Keep It Simple/Pass It On			Sober @ 6 Group		
12 Steps to Growth Group			Keeping it Simple Group		200.00	Sober @ 7 Group		372.48
A.A. 101 Group		416.00	Keystone Group	128.00	214.45	Sober @ 7 Group All Groups		
A.A. 102 Group			Keystone Group All Groups			Sober on Saturday Group	65.00	140.00
All Groups Cardinal Group.			Kingsway Group			Sober on Sunday Group		
All Groups Keystone Group			LateNighters Group	41.11	174.98	Sober Rewards Group		5.00
All Groups Sober @ 7 Group			Lemon Tree Group		250.00	Sober Spirits Group	15.00	15.00
All Groups Old School Group			Life Enrichment Group			Sobriety at Sunrise Group		
Anniversary/Old School Gp.			Live and Let Live Group		236.34	Sobrenity Group		
Alpha Group			Living in the Solution		554.00	Soberilla Tees	5.00	5.00
Anniversary Dinner 2014		2,380.00	LivingSober/As Bill Sees It			Solutions Group		5.77
TRICO 7th Tradition 2014			Love & Service Group		13.00	Southshore Men's Group	163.00	163.00
Trico 50/50 Raffle 2014		674.00	Lunch Bunch Group			Southside Men's Group		
Cakewalk RaffleEvent 2014		388.00	Lutz @ Noon		26.00	Southside Men's Group # 2		100.00
Soberstock Basket Raffle 2014		114.00	Main Purpose Group	41.00	41.00	Southside Men's Group # 3		
Dick D. Memorial Fund		1030.00	Mapledale Group		70.00	Spiritual Development Gp.		200.00
Housecleaning Retreat			Mid Day Matinee Group	515.00	515.00	Spiritual Growth Group		
Anonymous Donations	360.92	1335.57	Monday Nite Madness			Spiritual Progress Goup		31.20
As Bill Sees It--Brandon	417.95	417.95	Morning Express Group		100.00	Step Sisters in Sobriety		
As Bill Sees It Mens Odessa		277.63	Morning Group -Zephyrhill		125.00	Step at a Time Group		404.00
Attitude of Gratitude Group			Morning Meditation Group			Stepping Stones Group (w)		48.00
Barracks Brigade Group			My Turn Group			Sun City Center Group		
Bel-Mar Group	105.95	105.95	New Beginnings - Brandon		91.00	Sunday Afternoon Meeting		
Bill D's Group	126.00	126.00	New Beginnings Our Club			Sunday Speakers - 3333	40.00	120.00
BIRTHDAY CLUB	18.00	248.00	New Beginnings Women's			Sunshine Group		
Brandon Beginners 12 & 12			New Beginnings-(5:45)Joe's		1200.00	Sweet Surrender Group		
Brandon Men's Blackbelt			Newcomers Group (JC)		75.00	Tampa Bay Fall Roundup		
Brandon Sat. Night Group			New Day Group	13.65	63.05	Tampa Bay Speakers Gp.	260.00	260.00
Brandon Tues. Big Book		200.00	New Tampa Monday Night Men's		147.00	Tampa Bay Speakers Pieoberfest		
BYO 12 & 12 Group	100.00	200.00	New Way Women's Group	100.00	200.00	Tampa Bay Young Peoples		416.04
Came To Believe Group	2.00	202.00	Nightly Newcomers Group		39.00	Tampa Palms Big Book	100.00	100.00
Cardinal Group - Odessa			Noon Big Book Group			Temple Terrace Men's Group		
Cardinal Group All Groups			Nooners Group--Riverview	72.12	72.12	TGIS Women's Group	44.97	44.97
Carrollwood Blue Roof Group	75.00	75.00	Nooners Group--Tampa	78.57	78.57	Thank God it's Friday Group		
Chancey Road AA Group			Noontime Celebration Gp.		300.00	The 164 Group		
Clair-Mel Positive Thinkers			North Brandon Open Forum	30.00	60.00	The 164 12 Step Workshop		
Clean Air Group		50.00	Northdale Group			The 164 Group USF		
Dover Group		108.62	Odessa Group		500.00	The 164 Group Wesley Chapel	391.94	391.94
Early Risers Group - Joe's			Old School Group			The Meeting Place Group		1.34
Expect a Miracle Group			Old School Group All Groups			The Next Frontier Group		195.00
Experience, Strength & Hope	180.00	420.00	Old School Group Anniversary		1201.00	Thurs. AM Discussion Group		
Fear Not Group	40.00	150.00	Oldtimer's Group - JC			T & C Sisters in Sobriety	20.00	80.00
Fill the Gap Group			On the Way Home Tpa 5:30		300.95	Town & Country Men's Group		
Fireside Group		2.39	One Day at a Time Group		200.00	Town & Country Wed. Group	2.86	2.86
Founders Day Event			Palma Ceia Group			Tues Big Book Study Gp.		
Fourth Dimension Group			Palma Ceia 12 Step Group			Turning Point Group -Z-H.		50.00
Freedom in Sobriety Group			Palma Ceia Big Book Study			Uptown/Downtown Group		
Friday Night Big Book Group			Pilgrim Group -St Leo's			Valrico Fri. Morning Group		50.00
Friday Night Lights Group		143.64	Primary Purpose Group		89.50	Valrico/Brandon Wed. Night		75.00
Friday Night Lights Ice Cream		247.00	Promises Meeting Group	4.01	176.01	Village 12 Step Group		
Friday Night Lights Movie Night			Prosperity AA Group		129.35	Warrior's Group		
Friday Night Women's Gp.		100.00	Recovery Group P.City			Weedpatch Group		
Friday Women's Friendship		130.00	Red Chip Day			Wed Night Step Workshop	53.00	105.65
Gifts of Sobriety Group	65.00	130.00	Red Door Group		100.00	Wed. Keep it Simple Group		
Good Day AA Group			Reflections Group-Lake Mag		1.87	Wellspring Group	0.99	100.99
Good Start Group		494.86	Riverside Group		179.30	Wesley Chapel Group		325.00
Grapevine Gals Group	37.00	109.47	Rush Hour Serenity Group	1.25	259.25	West Side Winners Group		
Happy Hour Group YANA	100.00	200.00	Ruskin Fellowship Group			With Room to Grow Group		
Helping Hands Gp.-P.C.			Safe Haven Group		129.94	WST Memorial Day Picnic		
Hide-A-Way Group	516.37	516.37	Rush Hour Serenity Group			Women's Friendship Group		
High Nooners Group		100.00	Ruskin Fellowship Group			YaYaSisterhood in Sobriety		
Hope in Progress Gp. (Nigeria)	67.00	67.00	Safe Haven Group			Wesley Chapel Group		
Hour Glass Group			Saturday Night Fever Gp.		75.00	West Side Winners Group		
I.D.A.A.			Saturday Night Live Group			With Room to Grow Group		
In the Wind Group			Seekers of Serenity II Group		18.82	WST Memorial Day Picnic		
It's in the Book Men's Gp.	62.00	182.00				Women's Friendship Group		
						YaYaSisterhood in Sobriety		
<b>Monthly Total</b>	<b>2,273.19</b>		<b>Monthly Total</b>	<b>1024.71</b>		<b>Monthly Total</b>	<b>1,161.76</b>	
	<b>YTD</b>	<b>11,391.45</b>		<b>YTD</b>	<b>8206.50</b>		<b>YTD</b>	<b>3,950.24</b>
						<b>Grand Total for Month</b>	<b>4,459.66</b>	
						<b>Grand Total for Year</b>		<b>23,778.34</b>