

## **Tri-County Central Office News**

I MAY BE POWERLESS, BUT I'M NOT HELPLESS!!!

A Monthly Newsletter of the Tri-County Central Office, Inc. 8019 North Himes Avenue Ste. 104, Tampa, Florida 33614-2763

Phone: 813- 933-9123 E-Mail: aainfo@aatampa-area.org Web Site: www.aatampa-area.org

June, 2014

#### POINTERS FOR BEGINNERS

Every member of AA was once a beginner, and that's what we

#### who have been beginners ourselves, call any of you who are just coming around to find out something about this trouble you've been having with your drinking. Every one of us sat through a first meeting wondering what the score was. Every one of us had made a decision, or events had made the decision for us, to take a look at this thing called AA and see if maybe here might be the answer to a lot of questions that had been piling up for a long, long time. You've come to the right place, and for the next few weeks at these little meetings I'm going to try to answer a few of the big questions I know are uppermost in your mind—the same things I once wondered about. At our regular meetings following these little ones, there will be more answers for you on many, many points, and a chance to ask more of your own questions too. But right now you don't need philosophy; you need first aid You need to take home with you, when you leave here tonight not a full understanding of how AA works, not a complete explanation of the complexities of alcoholism, not a blueprint of your life from this day forth—but just what it takes to get you safely through the rest of these twenty-four hours. You need a glimmer of hope and the promise of peace of mind ahead, to take to bed with you tonight so that you'll get a little natural sleep: you need something to take hold of when you wake up tomorrow morning, to steer by through a sober day. So, first of all, take a look around you. We're pretty normal-looking characters. We're healthy, glad to be alive, surprisingly happy, and not too bowed down by our grim pasts-although that grim past which goes hand in hand with a losing battle with the bottle is our greatest common denominator. We have lived intimately with the worst that alcohol can do to a human being; we have lived with despair; we have know utter disaster and total defeat; we were given up as hopeless; we thought we were hopeless. Yet today, this very day, we've all been going about our business, taking care of our responsibilities, knowing who we are and accepting what we are and glad to come here tonight and shake hands with our friends.

This is recovery in AA. It is not a cure of the disease of

alcoholism; it is recovery from the sickness of active alcoholism.

This was what was promised to each of us when we first came

here, and what we found; and what we promise to you and what

you will find, if you decide to stick with us. So take home with

you tonight AA's first gift to you—first, even before sobriety

itself; the gift of hope. Tomorrow, try to get to a doctor. He'll

probably give you a block-buster shot of vitamins B1 and B12. It

will help those nerves—there's very little virtue in suffering

unnecessarily—and will give your appetite a beneficial jolt, too.

The sooner you start comforting those nerves of yours with plain,

ordinary meat-and-potato nourishment, the sooner they'll stop

screaming for a drink. Don't walk out of here tonight discourages

at the appalling prospect of never drinking again. In fact, don't

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give it a thought. We don't do it that way. We

#### **SELF-SERVICE**

"Service keeps you sober." "People in service don't drink." 'Give freely of what you find here." I heard these statements made at meetings quite frequently when I was a newcomer to AA. But my own initial motives for getting involved in service at the ripe old age of six weeks sober were not entirely honest as these. Several old-timers repeatedly commented on how well I was doing in the program, staying sober and going to meetings. In fact, one referred to me as "a little Cinderella." I had a desire to please these people, so when a coffeemaker job opened up, I volunteered to show them how really well I was doing. That I was dying inside because I had no idea how to cope with living problems sober was of no consequence: my motive was to "do well" and please my new friends. This job kept me sober for six months, and in that time I acquired a sponsor and began to work the Steps because people said to do these things, and I certainly wanted to "do well." I then became secretary of the group, and my motive for accepting this job was to look good sitting at the head table and let people see how well I was doing for six months, and by the end of my term, I had over a year of sobriety. Wasn't I doing well? By this time, however, something in me had changed: I had a desire to stop drinking—something I hadn't had when I first got to AA. Previously I had only had a desire to not get drunk. If I could have returned to social drinking, I would have. But I had stuck around AA for the praise and the pats on the back I was getting, and to prove I could do this program well. And it was for these reasons that I continued to take on other service commitments, such as institutions work and telephone service. I gave lots of people rides to and from meetings. See how well I'm doing? I was just as described in chapter six of the Big Book: wanting to enjoy a certain reputation, but knowing in my heart I didn't deserve it. At two years sober, I stood at a turning point. I saw I could no longer maintain my sense of wellness through the praise and admiration of others. My self-esteem could not come from you; it had to come from within. It was time to take a good look at myself and my motives. Through the wisdom and guidance of a woman with many years of sobriety and service work, I was able to see how my self-centered, prideful motives had helped me to stay sober for nearly two years. I had done one thing well—I had stayed away from that first drink, regardless of the motive behind it. I realized I truly was grateful to be sober, and I owed this gratitude to God and the people of Alcoholics Anonymous. I began to feel that I honestly wanted to try to repay that debt. And so today I can see the truth and wisdom in the statements made at the beginning of this article. If you have any doubt about their validity, try them for yourself, regardless of your motives. My selfish motives got me into action in AA. Action in AA kept me sober. Through service, I found gratitude for sobriety. Through gratitude, today I make myself available whenever possible to do service for Alcoholics Anonymous. Today I am not concerned Go to Page 3

#### District 2 - Tampa Bay Area Institutions Committee covering Hillsborough & East Pasco Counties

#### (877) AATAMPA or (877) 228-2672!

#### **Important Reminder**

TBAIC Literature is distributed only on the second Saturday of each month during the the TBAIC monthly meeting. All volunteers are welcome to attend the TBAIC meeting and obtain needed literature at that time.

Chair Janine G. opened the May 10th meeting of TBAIC leading the Serenity Prayer. Buddy left word that all is going well with the men's meetings at Faulkenburg Jail.

Tom F. distributed the Treasurer's Report. The major contributions from the previous month were from Soberstock and Steps to Freedom. The donor giving TBAIC funds to file for 501C3 Tax Exempt status has declined any form of reimbursement.

Nancy B. reported the women's meetings at Faulkenburg Jail are being covered and and a new orientation may be held in the near future.

Scott R. distributed an updated Detox & Institutions list. He is working on filling a vacancy a the Acts Henry Street Detox. Corrections and updates will be made to the meeting list and a revised schedule will be emailed those on the TBAIC email list. He and Janine will be working with a new facility, The Owl's Nest, to coordinate AA meetings for the new location.

Ruth N. E. Pasco Co. Women's has new volunteers going through orientation. Current volunteers must also attend, to comply with PREA.

Jim S. reported 10 Bridge the Gap calls with no messages. A call requesting a ride was received during the meeting.

In new business the committee approved to cover Janine's fuel expense to attend The Area 15 Assembly Quarterly July 25 27 in Miami. Lodging and other expenses have been covered by other sources.

The Area 15 Delegate will be at The Club, 3333 W. Columbus, on June 1st at 2pm to review what was accomplished at the last assembly held in Tampa in April.

Larry B. will send an email reminder of the upcoming TBAIC meetings with the list compiled from the Meeting Sign-In form provided by the Committee Chair or Alternative Chair. TBAIC will have a display panel at the Founder's Day Event on June 7 at the Palma Ceia Presbyterian Church. Scott R. will be working on updating the existing panel.

## THE NEXT TBAIC MEETING WILL BE HELD AT THE STEPS TO FREEDOM EVENT JUNE 14 DURING

ONE OF THE MORNING BREAKS.

"....but we shall be of little use if our attitude is one of bitterness or hostility." (BB pg. 103)

YTD Contributions to TBAIC \$8,822.92

YTD Money Placed in Tri-County spending account \$8,137.09

YTD Money Spent on Literature \$7525.48

YTD Expenses \$419.44

Pink Can Balance as of 12/31/2013 \$829.29

#### **Our Next Committee Meeting**

Is at 9:30 AM on May 10th 2014 at the Tri-County Central Office (near Himes & Waters). If you need more specific directions please call Tim @ 813-933-9123. The meeting usually lasts about an hour and it is the best way to get involved with service work, in Detox/Treatment/Jail/ Prison facilities. If you would like to join our committee **PLEASE COME!!!!!!!!!!!!!** 

#### Pink Can Drive

Our committee is 100% self supporting and receives no funds from the traditional pie charts or District 2 in accordance with our group conscious. If your home group has not made a pink can donation recently or if you are able to send an additional donation this year ... We will put it to great use!

TBAIC, PO Box 26242, Tampa FL 33623

## Thank you to those groups who have sent in a donation last Month:

As Bill Sees It Group Brandon \$26.17; As Bill Sees It Men's Group (OSG) \$24.00; Barracks Brigade Group \$2.09; Came To Believe Group \$30.00; H.O.W. Group \$35.92; Jim and Rachel's Cuss Jar \$37.38; Keystone Discussion Group \$19.00; Kingsway Group \$81.75; Live and Let Live Group \$66.00; Lunch Bunch Group \$40.00; Morning Meditation \$99.72; Noon Big Book Group (3333) \$110.63; Promises Meeting Group \$51.57; Ruskin Fellowship Group \$53.00; Sisters in Sobriety Group \$22.00; Soberstock \$2,000.00; Steps to Freedom \$500.00; There is a Solution Group (3333) \$27.98.

#### **TBAIC 2014-2015 Committee Members**

Janine G Chair	813-455-6617		
Susan OAlternate Chair	813-325-6538		
Tom F.— Treasurer	813-205-4945		
Shanna M.—Alt. Treasurer	813-390-3558		
Larry B. – Secretary	813-215-8423		
Open- Hills Jails -			
Buddy H. – Hillsborough County Jail	813-871-2514		
Nancy B.— Hills Women's Jails	813-872-0262		
Scott R. Detox & Treatment	813-727-7290		
Ruth N E Pasco Jail-Women's	813-629-1547		
Chris D E Pasco Prison	813-857-5400		
Michele SWomen's Bridge The Gap	813-507-5796		
Jim S.—— Men's Bridge The Gap	813-679-9130		
OPEN- Pre-Release			
OPEN— Juvenile			

POINTERS FOR BEGINNERS....continued from Page 1 stay sober just twenty-four hours at a time (and less than that, sometimes, if twenty-four become too many to be drunk tomorrow if he doesn't pick up a drink today. You'll probably take a couple of new telephone numbers home with you tonight. Don't leave them there—carry them with you; and if the going gets rough anywhere, any time, these days for someone who's still out there tonight qualifying to follow you here. "Telephone therapy," as we call it, is a very real and effective AA technique in if you pick up the phone before you pick up a drink. chances are better than good that you'll stay sober. From time to time you may be unexpectedly hit with a caving-in feeling that makes you think you're falling apart. You aren't, so don't panic. Try having a snack. See if it doesn't state of your appetite; you've been out of the habit of eating, that's all, and you're hungry, whether you know it alcohol to sustain it, but excessive hunger ot fatigue can make you think you need it. At the regular meeting after needs, but it will deal with some one phase of our common get the feel of the thing; you won't be expected to difference. contribute to the discussion unless you wish to. Undoubtedly, the most valuable thing you'll get out of the meeting is a pretty good picture of a group of sober people who want to stay sober, sharing their experiences and ideas with each other, seeking points of agreement rather than therapy." At the moment, your job is simply to hang on to your brand-new sobriety one day at a time; the rest will come along gradually as you become ready for it. For this twenty-four hours, you've done all you need to, just by being here. To help you right now, let me tell you about for doing, not saying, and because they're tremendously helpful in smoothing out anyone's day and thus helping him to stay sober, right now is the time to start putting them to work for you. There is one called First Things First. We

have all learned and we all agree that the thing in our life of

Next column

first, vital, and constant importance is our

#### -column....continued-

sobriety; but practicing First Things First can also bring order out of chaos in the mechanics of your ordinary day when you simply handle). With us it's always today, and no one can possibly don't know where to start, what to do first; when there's so much to be done, so much lost time to make up for; when things pile in from all sides and the pressure builds and you're confused. Do First Things First. Pick out the one that's bugging you the most; dispose of it; reduce the pressure by that much, and go on to the next. This use them; they're given to you in all sincerity for just that actually works. Live and Let Live puts the lid back on your temper, purpose. You will not be imposing on a stranger by doing nips resentments in the bud, and enables you to give the other this; you will be giving him a welcome opportunity to help fellow the same right to his opinions and behavior that you want for you over a rough spot, just as someone else undoubtedly your own, without getting upset if his don't agree with yours. None helped him in the past, and as you'll be doing gladly one of of this means that we're trying to make a doormat out of you. What these so-called Slogans do is help you control your emotions, which are bound to be a little unpredictable these days while your nerves readjust to getting along without their usual soothing syrup. In other maintaining our sobriety. The Taking of positive action words, the Slogans can teach you another, better way of handling against any compulsion can actually break the compulsion; the small everyday problems and incidents and ordinary routines that used to have you reaching for a quick drink. Finally, take this knowledge home with you tonight for your comfort: Alcoholism is a disease, not a crime or a sin. It can be arrested. Thousands upon thousands of us are walking, living proof of this. There is no completely painless way to get through the first days of sobriety; a help you get over the feeling. Start, tomorrow, making sure killer disease—and that's what alcoholism is—can hardly be you eat three times a day; never mind how much, or the expected to turn us loose that easily. But all of us around you here are living witness that the transition can be made and that we found it well worth the try. You're entering a time of convalescence now; or not; get back into the habit of regular meals. We cannot try being a little good to yourself for a change, and see what caution you enough against getting too hungry or getting happens. Physically you've been punished enough; don't waste too tired. There isn't one organ of your body that requires your energy punishing yourself mentally; don't demand more of yourself than your depleted resources can handle just now. Concentrate on getting well, and one day at a time you will make it. this, you'll hear a round-robin discussion on a topic that I have saved to the last a very simple little prayer that helped all of may not deem to have too much bearing on your immediate us in all of this a very great deal, and it can do the same for you: God grant me the serenity to accept the things I cannot change, cause of learning to live sober. For tonight, just listen and courage to change the things I can, and wisdom to know the

Bob N., Scarsdale, N.Y.

Reprint Permission/ AA Grapevine/ June 1968

#### SELF-SERVICE...continued from page 1

with how well I'm doing in AA; I am only sincerely grateful not to disagreement, and working together seriously on something have to take a drink. I have done that well today, and I am ever aware that is important to their sobriety. This is our "group that the credit for anything I do well today goes to my Higher Power, and to vou of Alcoholics Anonymous.

L.B., San Francisco, Calif.

Permission to Reprint/ AA Grapevine/ June 1986

#### WE STILL NEED 12 STEPPERS!!!There

what we call the AA Slogans, which are much more than are hundreds, probably thousands of active alcoholics in our area. ordinary slogans as you have known the word. These are Many may never think they need our help or even want our help. But, just like you and I, there will be a few who desperately want and need our help. Many may reach for but not find the hand of A.A. We need to be there to help them when they are ready. Are **you** ready to help? Will **you** help? Come by the Office and fill out a 12 Step Form or email us and we will send you a form to fill out. Email: aainfo@aatampa-area.org

#### **June 2013**

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NOTES FROM INSIDE	THE CENTRAL OFFICE
May 13th 2014 the Board of Dir	rectors for Central Office met:
BOARD MEMBERS	REPRESENTING GROUP

BOARD M	EMBERS	REPRESENTING GROUP				
WARD H. CHAIRPERSON		PALMA CEIA BIG BOOK GROUP				
BRIAN L.	VICE-CHAIR	HIGH NOONERS GROUP				
SAM F.	TREASURER	FRIDAY NIGHT LIGHTS GROUP				
TROY S.	BOARD MEMBER	PROMISES MEETING GROUP				
DAVE F.	BOARD MEMBER	WESLEY CHAPEL GROUP				
RALPH R.	BOARD MEMBER	WED. NIGHT STEP WORKSHOP				
DREW D.	BOARD MEMBER	KEYSTONE GROUP				
JIM W.	BOARD MEMBER	OLD SCHOOL GROUP				
OPEN POSITION	OPEN POSITION	OPEN POSITION				
OPEN POSITION	OPEN POSITION	OPEN POSITION				

Ward opened the meeting in the usual manner with a moment of silence followed by the Serenity Prayer. Ralph read the April minutes. Other than a spelling error, there were no other questions and the minutes were accepted as read. Sam presented the April Budget report. We were \$3,506.31 in the black for the month. Ward asked Tim about the Money Market account, is that going to replace the CD that had been cashed in a few years ago. Yes. Ralph asked what is a CD and it was explained that these were our Prudent Reserve. There were no other questions, a motion to accept was made, seconded and approved. In Old Business discussion moved briefly into getting ready for the Founders Day Event in June. More detailed discussion will follow at the Council meeting. We had three new Board Members come in tonight. They were Ralph R. from the Wednesday Night Step Workshop Group, Jim W. from the Old School Group, and Drew D. representing the Keystone Group. There was no other business so the meeting ended early. Board Members present were: Ward H., Brian L., Dave F., Sam F., Troy S., Ralph R. Drew D. & Jim W. At the Council Meeting, Ward opened the meeting with the Serenity Prayer. Brian from Sober on Sunday and Jennifer from Plant City Keep it Simple were welcomed to the Council. The April minutes were read and they were then seconded and approved. Sam presented the April Budget report. We were \$3506.31 in the black for the month. There were no questions, a motion to accept was made, seconded and approved. Discussion centered around the upcoming Founders Day Event just making sure everyone was up to speed on what needed to be done. Tim noted that he had been approached by a member of the Steps to Freedom Committee. They wanted to know if it was okay to sell their tickets at our event. After some discussion a motion was made to let them have a flyer and make an announcement through the Chairperson of the event but no selling tickets. Motion passed. Another motion was made that if a group had an AA event, flyers were okay to pass out at our events. Motion passed. In New Business Tom F. announced the upcoming Delegate Sharing Luncheon and noted that the District had some excess funds above their Prudent Reserve and Operational funds and it was in their Current Practice to send the extra money either to New York World Service, South Florida Area or Central Office and he wanted some feedback from the Body. Some discussion followed briefly. The Office Manager was not in favor of receiving funds from the District.

May 13th 2014 the Central Office Representatives met:
COUNCIL MEMBERS REPRESENTING GROUP

SUE Z.	CLEAN AIR GROUP			
CHAD R.	LIVING SOBER GROUP			
JAMES S.	RUSH HOUR SERENITY GROUP			
JOHN G.	TAMPA PALMS BIG BOOK GROUP			
BILL J.	EARLY RISERS GROUP			
LOGAN C.	FRIDAY NIGHT STEP STUDY GROUP			
MARK S.	HAPPY HOUR GROUP			
SALLY O.	TGIS WOMEN'S GROUP			
KATHY W.	TGIS WOMEN'S GROUP			
ROB B.	NEW TAMPA MEN'S GROUP			
JENNIFER K.	PLANT CITY KEEP IT SIMPLE GROUP			
RICH E.	SOLUTIONS GROUP			
GREG R.	PRIMARY PURPOSE GROUP			
GENE C.	PRIMARY PURPOSE GROUP			
MANDI P. BARRACKS BRIGADE GROUP				
JOE M.	CAME TO BELIEVE GROUP			
JANET S.	SOBER @ 7 GROUP			
Ј.Н.	WELLSPRING			
JOHN F.	SOBRENITY GROUP			
BONNIE G.	OLD SCHOOL GROUP			
STEVE S.	EXPERIENCE, STRENGTH & HOPE GROUP			
EVE	THE MEETING PLACE GROUP			
VIVIAN J.	FREEDOM IN SOBRIETY GROUP			
BILL M.	AS BILL SEES IT GROUP			
AL B.	THURSDAY NITE BIG BOOK GROUP			
BRIAN G.	SOBER ON SUNDAY GROUP			
BEN P.	KEEP IT SIMPLE MEN'S GROUP			
ALLAN D'H	LIVE & LET LIVE GROUP			
TOM F.	KEYSTONE GROUP			
AL G. KEYSTONE GROUP				
I				

Ward noted and thanked the Keystone Group for the \$941.00 they were able to raise from their St. Patti's/ All Group's meeting. Ward introduced the newest Board members to the Council. They were Ralph R. from the Wednesday Night Step Workshop Group, Jim W. from the Old School Group, and Drew D. representing the Keystone Group. Everyone was reminded to call in early if you wanted to pick up literature at the Council meeting, that way we could have it packed and ready for you. Meeting ended with the Lord's Prayer.

Fifteenth Annual BIG BOOK on the BEACH August 22nd and 23rd, 2014 1500 Pass-a-grille Way St. Pete Beach, Florida

For Info: www.aatampa-area.org (Events page)

ANNIVERSARY TIME						
GROUP	Honors To	Date	Years			
SOBER @ 7 GROUP	JUDY K.	06/24/93	21 YRS			
SOBER @ 7 GROUP	JOHN V.	06/07/89	25 YRS			
SOBER @ 7 GROUP	WRAY	06/10/84	30 YRS			
SOBER @ 7 GROUP	DICK W.	06/10/58	56 YRS			
FRIDAY NIGHT LIGHTS GROUP	SUSAN H.	06/02/11	3 YRS			
FRIDAY NIGHT LIGHTS GROUP	CAROLYN S.	06/23/06	8 YRS			
MENS SOUTHSIDE BLACKBELT	ERIC H.	06/28/05	9 YRS			
SAFE HAVEN GROUP	GRASON	06/01/11	3 YRS			
SAFE HAVEN GROUP	RAY N.	06/17/11	3 YRS			
SAFE HAVEN GROUP	RICHARD S.	06/19/11	3 YRS			
SAFE HAVEN GROUP	GERARD G.	06/06/10	4 YRS			
SAFE HAVEN GROUP	BILL S.	06/03/10	4 YRS			
SAFE HAVEN GROUP	CINDY C.	06/09/99	15 YRS			
CAME TO BELIEVE GROUP	JAMUS H.	06/01/10	4 YRS			
CAME TO BELIEVE GROUP	BARBARA R.	06/04/10	4 YRS			
CAME TO BELIEVE GROUP	MIKE D.	06/16/10	4 YRS			
CAME TO BELIEVE GROUP	BOB P.	06/23/85	29 YRS			
RUSH HOUR SERENITY GROUP	VINCE H.	06/16/06	8 YRS			
JUST WHAT I WANTED GROUP	LINDA C.	06/01/08	6 YRS			
JUST WHAT I WANTED GROUP	LAFONDA	06/13/02	12 YRS			
JUST WHAT I WANTED GROUP	SANDY G.	06/15/93	21 YRS			
JUST WHAT I WANTED GROUP	LINDA B.	06/09/88	26 YRS			
KEYSTONE GROUP	TRAVIS G.	06/10/03	11 YRS			
KEYSTONE GROUP	GREG W.	06/14/02	12 YRS			
KEYSTONE GROUP	JOHN C.	06/06/69	45 YRS			

## DO YOU HAVE A SUBSCRIPTION TO OUR NEWSLETTER

"TRI-COUNTY CENTRAL OFFICE NEWS"?
WHY NOT???-FOR \$7.00 YOU WILL RECEIVE 12 ISSUES.
THE "NEWS" IS ONE OF THE FEW WAYS CENTRAL OFFICE
CAN REACH OUR INDIVIDUAL MEMBER'S.
PLEASE HELP SUPPORT YOUR NEWSLETTER

FLORIDA AREA 15
GENERAL SERVICE ASSEMBLY
July 25-27, 2014
"You are Not Alone"
Hosted by District 10
Double Tree by Hilton 711 N.W. 72ND Avenue Miami, Fl. 33126
305-261-3800
reservations@doubletreemiamimart.com

#### SELF-SUPPORT-April, 2014

© Today in April of 2014 we have 218 Groups with 590 meetings a week. Contributions in April totaled \$8,908.78. That accounts for what 53 Groups out of 218 Groups in our area have contributed in April. This also takes into account the 10 AAer's who contributed \$942.99 in contributions anonymously, \$55.00 from the 2 members who contributed to the Birthday Club and the \$941.00 from the Keystone Group's special St. Patti & All Group's Meeting and \$19.00 from Soberilla. Our total income for April was \$14,835.16. Our Cost of Goods Sold was \$4,190.74. Subtracting the Cost of Goods Sold from our April income left us with a Gross Profit of \$10,644.42. Our Expenses for April were \$7,138.11. Subtracting our Expenses from our Gross Profit gave us a Net Income of plus +\$3,506.31 for the month of April. As our AA membership continues to grow in the Tampa Bay area, the demand for more and more material and services continue to expand and we have to try and strive to keep up with the demand. That is only possible with your continued support. Thanks for all of your support !!!

Now for some other news. I'm always getting calls from people saying that they send a contribution in but it's not showing up in the newsletter on the contribution page. Why is that? Let me explain and I hope it will clarify things a little. Admittedly, this June edition is a little late getting out (that's for a different day) but lets say everything is going smoothly....It's May and I'm working on the June newsletter. You send in a contribution in May. When everything works out perfectly, the newsletter gets completed and send to the printer and returned back to me to fold and put in inserts (if any) and then mail them out before the first of June. Well, I can't put the May contributions into the newsletter-yet-because it's not the end of the month, I have to wait for the month to be completed.....so that's why May's contributions would show up in the following month's edition of the newsletter.

Want to get involved in some Service Work? How about volunteering for the After-Hour Phones on the Weekend. Call Martin after Office Hours @ 813-933-9123 and get all the details.

Central Office provides a number of services acting as a clearing house for the convenience of members and groups, provides phone service for twelfth step calls and other inquires, helps with the coordination of group activities and keeps track of meeting times and changes and the printing of the schedules. We also edit and print our monthly newsletter. In addition we sell all Alcoholics Anonymous General Service Conference Approved Literature and some other materials requested by our AA members.

#### MORE NEWS AROUND THE TOWN & THE AREA

## Steps to Freedom 2014

12-Step Workshop

Saturday, June 14, 2014

9:00 a.m. - 4:30 p.m.

Christ the King Church 821 S. Dale Mabry Hwy, Tampa

Brian H. and Pat R.

(Sunset Ranches, FL) (Coral Springs, FL)

present

a "Joe and Charlie" approach to the Steps

Admission includes lunch! \$8 in advance, \$10 at door

Register NOW online at http://stepstofreedom.us!



ALL proceeds go to Tampa Bay Jails and Institutions

You are cordially invited to The 4th Anniversary Celebration of The Promises Group\* Saturday, June 21,2014 King's Avenue Baptist Church 2602 S. Kings Ave in Brandon 6:00 PM - 7:15 PM Dinner 7:15 PM to 8:15 PM Speaker Clark D.

who helped start AA in Russia

Potluck<sup>\*</sup>

Please bring dish to share

\*The Promises Group meets each Sunday at 7:30 PM at Brandon Christian Church. Please note that this celebration is on SATURDAY and at King's Avenue Baptist Church. The group will still hold its regular meeting on Sunday, June 22, at

Celebrating the 79th Anniversary of Alcoholics Anonymous

# gn For Living **June 20-22, 2014**

with Sandy B., Tampa, FL and Bob B., St. Paul, MN

Hilton Airport Westshore 2225 N Lois Ave Tampa, FL 33607

For Room Reservations Call 813.877.6688 or 800.HILTONS

Mention "Big Book Weekend" for the \$99/night Room Rate (good 3 days before & after)

Al-Anon Participation Is Welcome - Free Self Parking All Proceeds From This Event Go To "Dr. Bob's Home, Inc." Event Starts at 7:00 p.m. on Friday and ends at noon on Sunday

### Big Book - Big Fun

Seating Limited to First 500 \$30 in advance or \$35 after May 21st or at the door

Free airport shuttle service to and from the hotel. Reserve your room by May 31st for special rate.

Group	APRIL	YTD	Group	APRIL	YTD	Group	APRIL	YTD
Oroup	111 1112	112	Group		112	Group	THE ICLE	112
11th Step Meeting- Christ King	55.00	105.00	Just What I Wanted Big Book			Sisters in Sobriety Group	0.77	108.77
11th Step MeetingSun City			Keep It Simple - YANA	75.00	75.00	Sisters in Sobriety TRICO Raffle		34.00
11th Step Retreat			Keep It Simple/Pass It On			Sober @ 6 Group		
12 Steps to Growth Group			Keeping it Simple Group		200.00	Sober @ 7 Group		372.48
A.A. 101 Group A.A. 102 Group	215.29	631.29	Keystone Group  Keystone Group All Groups	0.86	215.31	Sober @ 7 Group All Groups	30.00	170.00
All Groups Cardinal Group.			Kingsway Group			Sober on Saturday Group Sober on Sunday Group	200.00	200.00
All Groups Keystone Group	941.00	941.00	LateNighters Group	23.05	198.03	Sober Rewards Group	200.00	5.00
All Groups Sober @ 7 Group			Lemon Tree Group		250.00	Sober Spirits Group		15.00
All Groups Old School Group			Life Enrichment Group			Soberstock Committee	500.00	500.00
Anniversary/Old School Gp.	40.00	40.00	Live and Let Live Group	359.36	595.70 554.00	Sobriety at Sunrise Group	225.00	225.00
Alpha Group Anniversary Dinner 2014	40.00	40.00 2,380.00	Living in the Solution LivingSober/As Bill Sees It		554.00	Sobrenity Group Soberilla Tees	325.00	325.00 5.00
TRICO 7th Tradition 2014		2,500.00	Love & Service Group		13.00	Solutions Group		5.77
Trico 50/50 Raffle 2014		674.00	Lunch Bunch Group	139.36	139.36	Southshore Men's Group		163.00
Cakewalk RaffleEvent 2014		388.00	Lutz @ Noon		26.00	Southside Men's Group	40.00	1.40.00
Soberstock Basket Raffle 2014  Dick D. Memorial Fund		114.00 1030.00	Main Purpose Group  Mapledale Group	<u> </u>	41.00 70.00	Southside Men's Group # 2 Southside Men's Group # 3	40.00	140.00
Housecleaning Retreat		1030.00	Mid Day Matinee Group	336.69	851.69	Spiritual Development Gp.	100.00	300.00
Anonymous Donations	942.99	2278.56	Monday Nite Madness			Spiritual Growth Group	22,00	
As Bill Sees ItBrandon	99.45	517.40	Morning Express Group	125.00	225.00	Spiritual Progress Goup	29.90	61.10
As Bill Sees It Mens Odessa	134.73	412.36	Morning Group -Zephyrhill	100.00	225.00	Step Sisters in Sobriety		404.00
Attitude of Gratitude Group Barracks Brigade Group	50.00	50.00	Morning Meditation Group  My Turn Group	<del>                                     </del>		Step at a Time Group Stepping Stones Group (w)	36.50	404.00 84.50
Bel-Mar Group		105.95	New Beginnings - Brandon	156.00	247.00	Sun City Center Group	20.20	04.50
Bill D's Group		126.00	New Beginnings Our Club			Sunday Afternnoon Meeting		
BIRTHDAY CLUB	55.00	303.00	New Beginnings Women's			Sunday Speakers - 3333	40.00	160.00
Brandon Beginners 12 & 12			New Beginnings-(5:45)Joe's	500.00	1700.00	Sunshine Group		ļ
Brandon Men's Blackbelt			Newcomers Group (JC)	21.71	75.00	Sweet Surrender Group		
Brandon Sat. Night Group Brandon Tues. Big Book		200.00	New Day Group New Tampa Monday Night Men's	21.71	84.76 147.00	Tampa Bay Fall Roundup Tampa Bay Speakers Gp.	<del>                                     </del>	260.00
BYO 12 & 12 Group		200.00	New Way Women's Group	100.00	300.00	Tampa Bay Speakers Pieoberfest		200.00
Came To Believe Group	199.46	401.46	Nightly Newcomers Group		39.00	Tampa Bay Young Peoples		416.04
Cardinal Group - Odessa			Noon Big Book Group		72.12	Tampa Palms Big Book		100.00
Cardinal Group All Groups Carrollwood Blue Roof Group		75.00	Nooners GroupRiverview Nooners GroupTampa	75.38	72.12 153.95	Temple Terrace Men's Group TGIS Women's Group		44.97
Chancey Road AA Group		73.00	Noontime Celebration Gp.	73.36	300.00	Thank God it's Friday Group		44.97
Clair-Mel Positive Thinkers	100.00	100.00	North Brandon Open Forum		60.00	The 164 Group		
Clean Air Group		50.00	Northdale Group			The 164 12 Step Workshop		
Dade City Step Study Group	97.85	97.85	Odessa Group	0.44	500.00	The 164 Group USF	90.00	90.00
Dover Group  Early Risers Group - Joe's		108.62	Old School Group Old School Group All Groups	0.44	0.44	The 164 Group Wesley Chapel The Meeting Place Group	40.00	391.94 41.34
Expect a Miracle Group	1.51	1.51	Old School Group Anniversary		1201.00	The Next Frontier Group	40.00	195.00
Experience, Strength & Hope		420.00	Oldtimer's Group - JC			Thurs. AM Discussion Group		
Fear Not Group		150.00	On the Way Home Tpa 5:30		300.95	T & C Sisters in Sobriety		80.00
Fill the Gap Group		2.20	One Day at a Time Group	<u> </u>	200.00	Town & Country Men's Group		2.06
Fireside Group Founders Day Event		2.39	Palma Ceia Group Palma Ceia 12 Step Group			Town & Country Wed. Group Tues Big Book Study Gp.	37.70	2.86 37.70
Fourth Dimension Group			Palma Ceia Big Book Study			Turning Point Group -Z-H.	37.70	50.00
Freedom in Sobriety Group			Pilgrim Group -St Leo's			Uptown/Downtown Group		
Friday Night Big Book Group			Plant City Keep it Simple	23.00	23.00	Valrico Fri. Morning Group		50.00
Friday Night Lights Group	163.00	306.64	Primary Purpose Group		89.50	Valrico/Brandon Wed. Night	100.00	75.00
Friday Night Lights Ice Cream Friday Night Lights Movie Night		247.00	Promises Meeting Group Prosperity AA Group	<del>                                     </del>	176.01 129.35	Village 12 Step Group Warrior's Group	180.00	180.00
Friday Night Lights Movie Night Friday Night Women's Gp.		100.00	Recovery Group P.City		147.33	Warrior's Group Weedpatch Group		<del>                                     </del>
Friday Women's Friendship		130.00	Red Chip Day			Wed Night Step Workshop		105.65
Gifts of Sobriety Group		130.00	Red Door Group		100.00	Wed. Keep it Simple Group		
Good Day AA Group		10155	Reflections Group-Lake Mag		1.87	Wellspring Group	175.00	275.99
Good Start Group	1	494.86	Riverside Group	70.00	179.30	Wesley Chapel Group	202.00	527.00
Grapevine Gals Group Happy Hour Group YANA	100.00	109.47 300.00	Rush Hour Serenity Group  Ruskin Fellowship Group	78.00 150.00	337.25 150.00	West Side Winners Group With Room to Grow Group	250.00	250.00
Helping Hands GpP.C.	100.00	500.00	Safe Haven Group	150.00	129.94	WST Memorial Day Picnic	230.00	230.00
Hide-A-Way Group		516.37	Rush Hour Serenity Group			Women's Friendship Group	251.80	251.80
High Nooners Group		100.00	Ruskin Fellowship Group	<u> </u>		YaYaSisterhood in Sobriety		
Hope in Progress Group		67.00	Safe Haven Group	150.00	225.00	Wesley Chapel Group	-	1
Hour Glass Group In the Wind Group			Saturday Night Fever Gp. Saturday Night Live Group	150.00	225.00	West Side Winners Group With Room to Grow Group	<del>                                     </del>	
In the Wind Group International Doctors of AA	748.00	748.00	Seekers of Serenity II Group	22.98	41.80	WST Memorial Day Picnic		<del>                                     </del>
It's in the Book Men's Gp.		182.00	,			Women's Friendship Group		
						YaYaSisterhood in Sobriety		
Monthly Total		4	Monthly Total		40.515	Monthly Total		
	YTD	15,334.73		YTD	10643.33	G 10 10 15 1	YTD	6,478.9
İ	ì	1	<b>_</b>	· '		Grand Total for Month	8,908.78	İ
		1		<del>                                     </del>	i i	Grand Total for Year		32,687.12